

EMPOWERMENT

Mission Dyslexia

**Find Your Superpower and
Be Your Brilliant Self**

Julie McNeill, Rossie Stone and Paul McNeill

Illustrated by Rossie Stone

Fun illustrated book to improve self-esteem in dyslexic kids aged 7–12 and support them to develop their own strategies for learning through self-understanding.

Meet Creatia, Persisto and Willforce. They are strong, determined and creative, and they represent the strengths that dyslexia can bring to your life. Together they encourage you to use your skills and talents to be confident in what you do – and shrink the villain Mr Dyspicibilia!

This is a fun and interactive resource for grown-ups and children to work through together, with drawing and writing activities and examples to open up helpful discussions and find practical solutions that put the dyslexic child's self-esteem and self-understanding at the fore. The strategies in the book are brought to life through the three superheroes who help you develop a child's unique strengths to tackle the everyday challenges they may experience with reading, writing, staying organised or keeping track of the time. The colourful illustrations, cartoons and dialogue encourage children to name their feelings, identify challenges and recognise their own strengths in any situation.

“An incredibly useful resource for all dyslexic children and the grown-ups who support them in their dyslexia journey.”

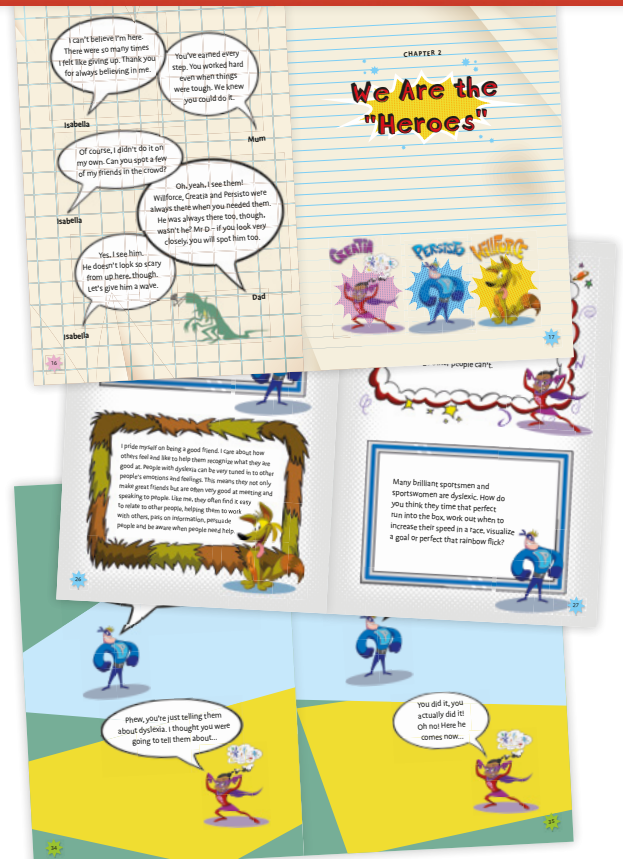
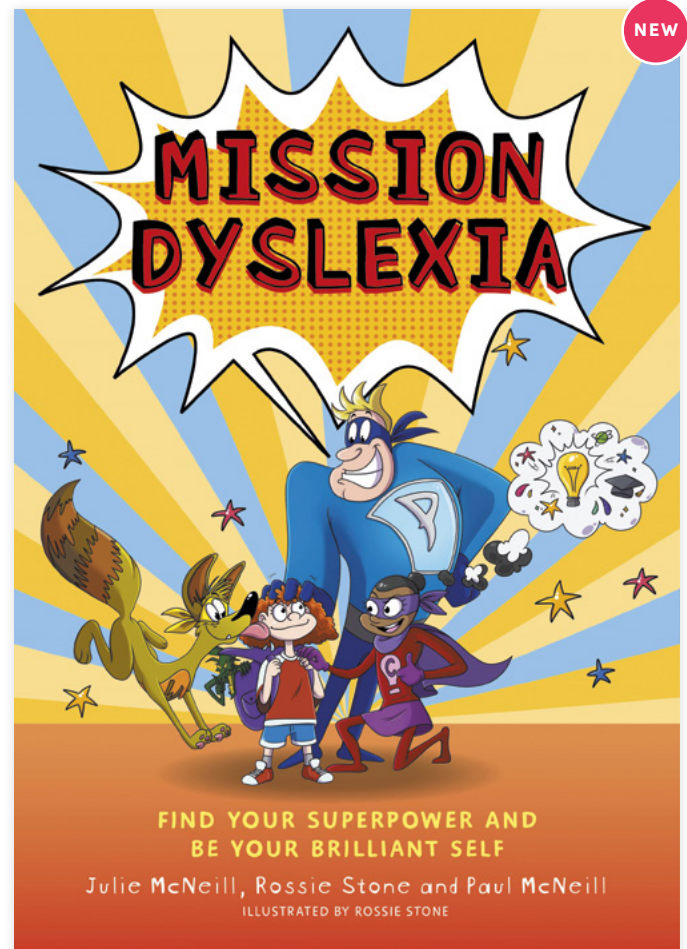
– Cathy Magee, chief executive of Dyslexia Scotland

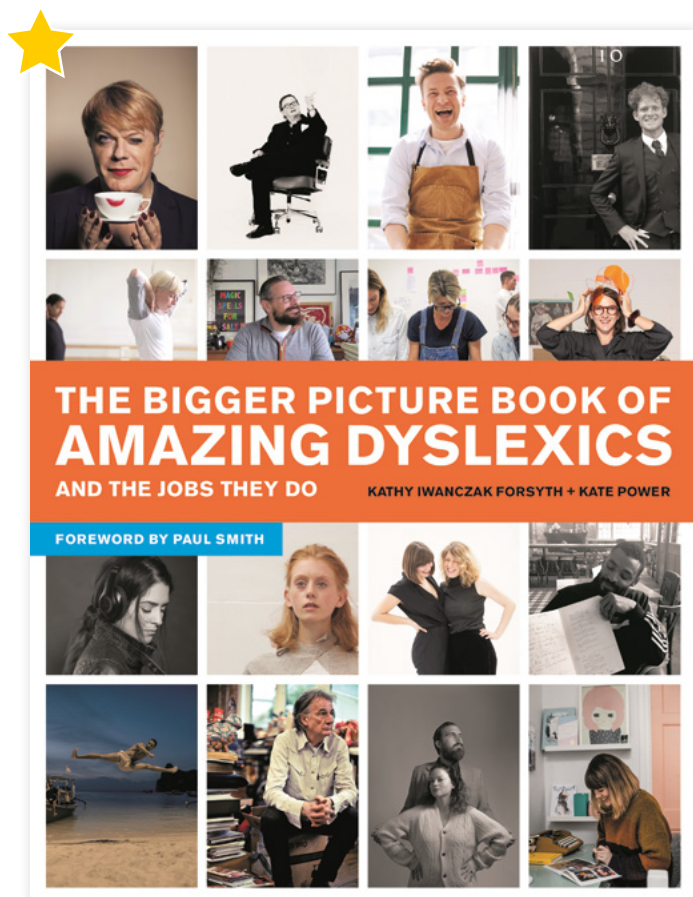
“Such a useful book, carefully created to keep children with dyslexia engaged, help them stand up for themselves, and work out all the ways they excel!”

– Margaret Rooke, author of *Dyslexia is my Superpower (Most of the Time)*

I love this book, written by people with first-hand experience of dyslexia. The ‘chatty’ style and layout will make it easier for young dyslexics to read and enjoy.

– Alais Winton, author of *Diary of a Dyslexic School Kid* and *Fun Games and Activities for Children with Dyslexia*





The Bigger Picture Book of Amazing Dyslexics and the Jobs They Do

Kathy Iwanczak Forsyth and Kate Power
Foreword by Paul Smith

Funny and beautifully designed, packed with photos, this book puts amazing dyslexics and the jobs they do under the spotlight. The reader draws inspiration and insight from the stories which highlight the dyslexics' low and high points, people who inspired them, their coping strategies, strengths, eureka moments and advice to younger selves.

"Both inspirational and practical, this book celebrates the incredible talent that shapes our world. Hopefully it will act as a powerful reminder to us all that dyslexics, and other diverse minds, must be supported and encouraged through our education system, so that the future doesn't miss the undoubted potential that this form of creativity brings to bare on our challenges and problems."

– Kate Stanners, Chairwoman & Global Chief
Creative Officer, Saatchi & Saatchi

SEP 2020 | £15.99 | **12+ YEARS** | 200PP | PB | COLOUR PHOTOGRAPHS
THROUGHOUT | ISBN-9781785925849

The Illustrated Guide To Dyslexia And Its Amazing People

Kate Power & Kathy Iwanczak Forsyth. Foreword by Richard Rogers, Architect.



The Illustrated Guide to Dyslexia and Its Amazing People

Kate Power & Kathy Iwanczak Forsyth
Foreword by Richard Rogers

An engaging visual explanation of dyslexia, what it means, and how to embrace it. Vibrant images and simple text depict what dyslexia is, along with helpful tools for learning and examples of skills and professions best-suited for people with dyslexia. Includes tips for success, additional games and learning resources.

"This is a novel, unique and highly informative illustrated guide to the disadvantages and very many advantages of those who possess the gift of dyslexia."

– Dr. Martin Phillips, School & Behavioural Psychologist, Former
Chairman of Hornsby International Dyslexia Centre

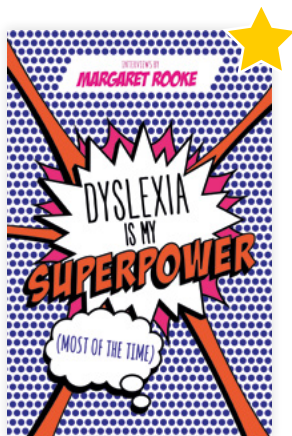
SEP 2017 | £13.99 | **7-15 YEARS** | 96PP | HB | 96 COLOUR ILLUSTRATED PAGES
| WORLD RIGHTS AVAILABLE | ISBN-9781785923302

Dyslexia is My Superpower (Most of the Time)

Margaret Rooke

Foreword by Catherine Drennan
and Loyle Carner

Containing over 100 in-depth interviews with school children and young adults living with dyslexia, this collection depicts the significance of confidence and self-esteem in propelling children with dyslexia to achieve personal success. The children supply their own illustrations; a handy hints guide; and their own advice to educators.



“Students with dyslexia may struggle in the education system each and every day. This book embraces dyslexia and knows that every child will unlock their potential to succeed!”

– Deborah Hewes, Editor of *Embrace a Different Kind of Mind – Personal Stories of Dyslexia* and
DAS Head of Publicity and Publications

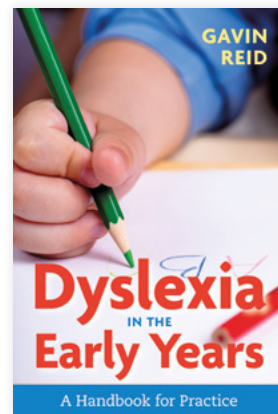
SEP 2017 | £12.99 | **8+ YEARS** | 240PP | PB | WORLD RIGHTS AVAILABLE |
ISBN-9781785922992

Dyslexia in the Early Years

A Handbook for Practice

Gavin Reid

Identifying dyslexia in children during Early Years is key to preventing dyslexia from limiting them later on in life. This book helps to enhance the understanding of teachers, and offers practical guidance on how to create resource material that facilitates the development of the child at risk of dyslexia.



“As the parent of a dyslexic child and a headteacher and SENCo for 17 years, I was impressed by the breadth and depth of this book. It is both practical and well researched.”

– Montessori International

FEB 2017 | £14.99 | 208PP | PB | RIGHTS SOLD: LATVIAN |
ISBN-9781785920653

GUIDES

Creative, Successful, Dyslexic

23 High Achievers Share Their Stories

Margaret Rooke

Foreword by Mollie King

High achievers from the acting, singing, athletic and business worlds come together in this collection to talk about the challenges and strengths that dyslexia has presented them with throughout their lives.



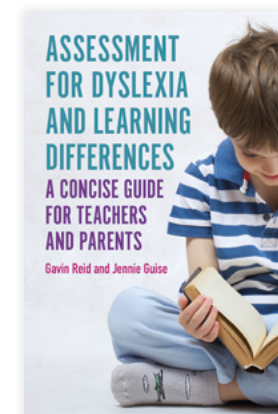
JUL 2016 | £12.99 | **8-99 YEARS** | 256PP | PB | 46 B&W PHOTOGRAPHS |
WORLD RIGHTS AVAILABLE | ISBN-9781785920608

Assessment for Dyslexia and Learning Differences

A Concise Guide for Teachers and Parents

Gavin Reid and Jennie Guise

By bridging the gap between schools' and parents' perspective on dyslexia assessment, this pocket guide is the perfect reading material for people working with children and young people with dyslexia.



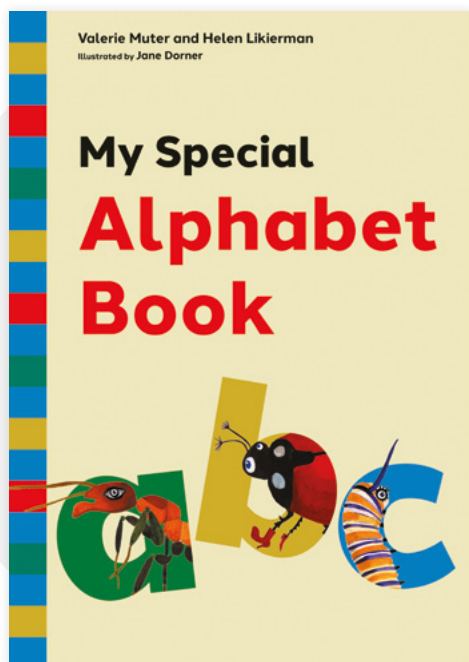
“A ‘must have’ for anyone dealing with dyslexia and learning differences.”

– Jillian Zocher, The Learning Difference Convention

JUN 2019 | £12.99 | 136PP | PB | WORLD | ISBN-9781785925221

STORYBOOKS

NEW



My Special Alphabet Book

A Green-Themed Story and Workbook for Developing Speech Sound Awareness for Children Aged 3+ at Risk of Dyslexia or Language Difficulties

Valerie Muter and Helen Likierman

Illustrated by Jane Dörner

Foreword by Andrea Street

Can you spot Dinaroo and her friends and see what they have found? Can they recycle it? Or make something new?

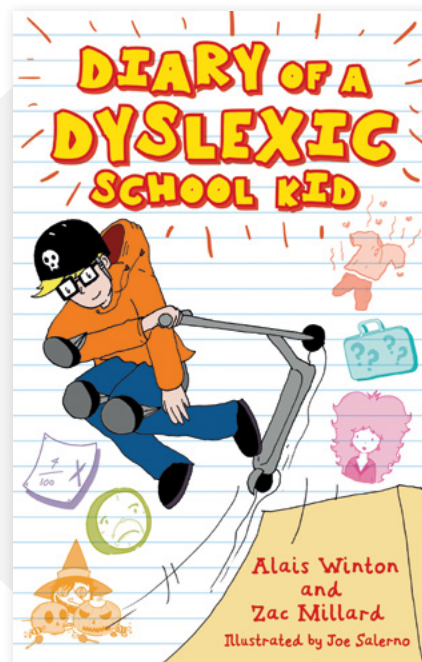
Written by two leading psychologists, the engaging, colourful alphabet story in the first part of this book is accompanied by an extensive workbook section. Here you find exercises to develop the important component skills needed for reading and learning about printed letters. Together you and the child will be able to practice speech sound awareness and other fundamental language skills.

My Special Alphabet Book will provide the vital early support these young children need in literacy. It also includes a user-friendly guide for parents and teachers, as well as extension activities to build awareness of environmental issues.

"I would strongly recommend any educator, specialist teacher or parent to use this book which introduces the alphabet and the letter-sound correspondences so vital to successful reading development."

– Dr Kevin Smith, Professional Development Co-ordinator of the Professional Association of Teachers of Students with Specific Learning Difficulties (PATOSS)

SEP 2021 | £19.99 | **3–10 YEARS** | 128PP | PB | FULLY ILLUSTRATED THROUGHOUT | ISBN-9781787757790



Diary of a Dyslexic School Kid

Alais Winton and Zac Millard

Illustrated by Joe Salerno

This positive and relatable diary of a dyslexic teen covers school life, bullying, tests and homework, with warmth, humour and insight. Based on the authors' real-life experiences, it shows kids and young teens with dyslexia that they are far from alone in their experiences.

"This book will ease the way for any dyslexic adolescent grappling with the trials and tribulations (and the joys) of transitioning to life at secondary school. Alais and Zac bring a lightness of touch to this engaging, visual journey into life with dyslexia."

– Alison Patrick – author of *The Dyspraxic Learner – Strategies for Success*

OCT 2019 | £9.99 | **9–13 YEARS** | 112PP | PB | 40+ B&W ILLUSTRATIONS | ISBN-9781785924422

PRACTICAL RESOURCES

The Anxiety Workbook for Supporting Teens Who Learn Differently

**A Framework and Activities to Build Structural, Sensory
and Social Certainty**

Clare Ward and James Galpin

Illustrated by Clare Ward

Foreword by Sarah Wild and Liz Pellicano

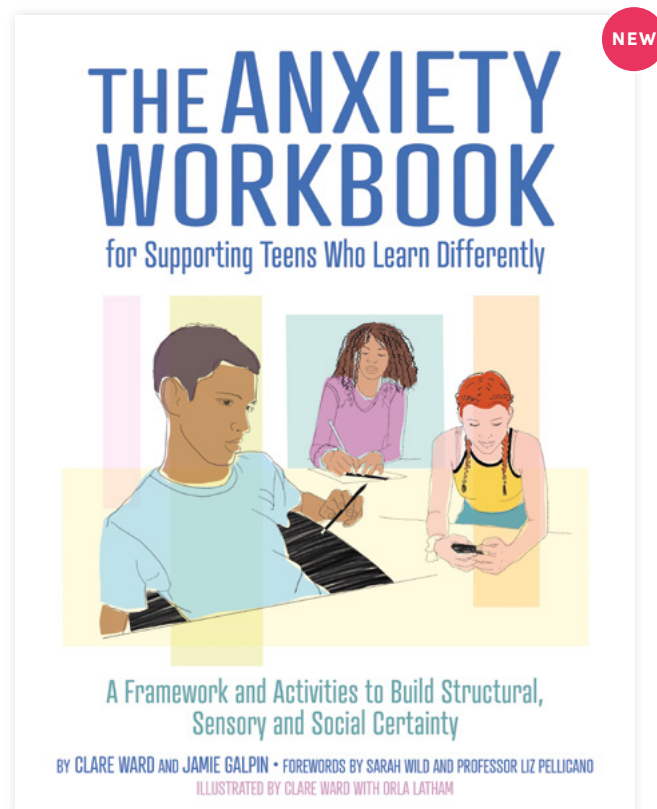
The teenage years are associated with high levels of uncertainty and anxiety, compounded by academic and social demands, and physical and emotional changes. They can be especially tough for teenagers who learn differently.

This workbook contains a host of practical activities for teachers and other adults supporting young people with learning differences, whether at home or in the classroom. Drawing on their years of first hand experience, and up to the minute research, the authors outline a trans-diagnostic framework for identifying what might be behind a student's behaviour. They show how the first crucial step all practitioners must take is to work out what could be causing a teen's feelings of anxiety or uncertainty, and how this can be addressed.

The activities in this workbook are organised into three sections, each addressing one of the three key areas where anxiety or uncertainty can be found: the structural, sensory and social domains. The tried-and-tested worksheets and activities present a much-needed alternative to a diagnosis-led approach. They can be used with any teenager, with or without a diagnosis, in classroom settings, intervention groups, or one to one work. *The Anxiety Workbook* will help you to really understand and address the needs of the SEN students you support, thereby improving their well-being, confidence and self-esteem and empowering them to get the most out of their education.

"This workbook expertly brings together several key factors for anyone working with teenagers. Foremost for me is the focus upon individual need rather than any diagnostic label. The ever-increasing complexity of the SEN landscape for schools to navigate, risks many staff feeling ill-equipped to properly support learners. Addressing this, some of the fundamental questions posed in this much-needed book really help to re-focus us all on the core issues, such as the uncertainty we all face, how this impacts during adolescence and how we can really work effectively with all young people."

– Alison Wilcox, Education Director, Nasen



The Dyslexia, ADHD, and DCD-Friendly Study Skills Guide

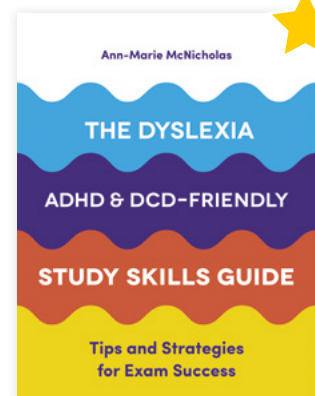
**Tips and Strategies for Exam
Success**

Ann-Marie McNicholas

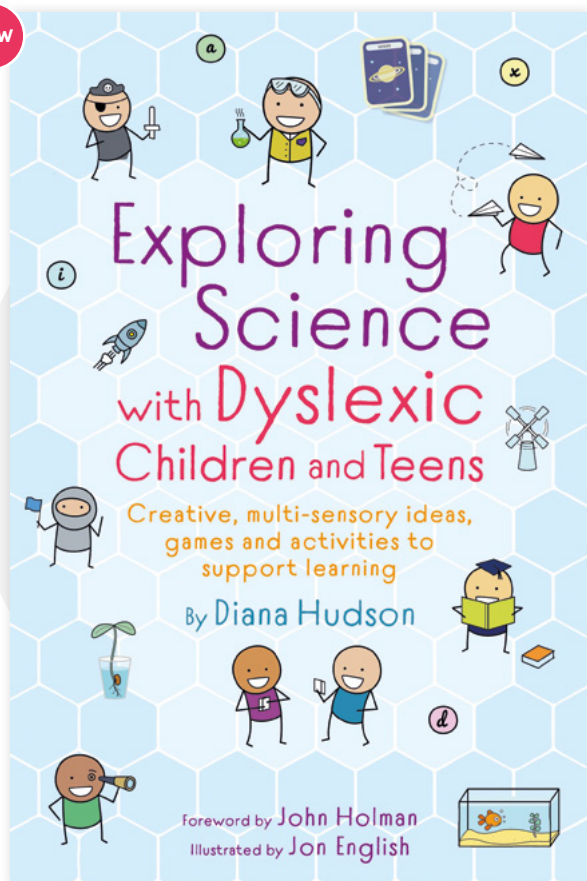
This practical study skills guide helps young people with dyslexia and specific learning differences (SpLDs) study for exams. The book takes an active learning approach that helps students develop a positive attitude towards study and exams. It also offers strategies for multisensory learners and is full of techniques for learning and remembering.

"The strategies in this book will be of huge benefit to so many students – I will certainly be employing them the with the students I support at college and with my own children!"

– Gwennan Anderson, Study Support, Runshaw College



NEW



Exploring Science with Dyslexic Children and Teens

Creative, multi-sensory ideas, games and activities to support learning

Diana Hudson

Foreword by John Holman

A collection of ideas, activities and approaches for science learning, to support kids with learning differences aged 10+ to grow in confidence, recall and understanding. The multi-sensory and fun ideas and activities can be adapted to suit individual students' needs and skills, and curriculum stage. Written by an experienced science teacher, the book includes mnemonics, art, drama and poetry activities, board games, card games, and more. All of these strategies will aid neurodiverse students' science learning and memory through boosting their creative thinking, encouraging a play-based and exploratory approach to science.

"Brimming with enthusiasm and thorough, well-founded ideas, Hudson's gem of a handbook will be incredibly helpful for teachers and parents of dyslexic youngsters."

– Sharon Hodgson MP, chair of the All-Party Parliamentary Group on Dyslexia and SpLD

JUN 2021 | £13.99 | **9–13 YEARS** | 160PP | PB | ILLUSTRATED IN B&W THROUGHOUT | ISBN-9781787753860

The Big Book of Dyslexia Activities for Kids and Teens

100+ Creative, Fun, Multi-sensory and Inclusive Ideas for Successful Learning

Gavin Reid, Nick Guise and

Jennie Guise

Full of interesting and creative activities for children and young people aged 5–19 with dyslexia, this book is an essential guide for teachers and parents.

Focusing on practical and accessible projects, the guide will cover key skills such as listening, memory, talking and writing.

"With practical ideas for classroom educators and interventionists, *The Big Book of Dyslexia Activities* is filled with ready to implement ideas that stretch beyond basic activities into extensions, allowing easy differentiation for diverse learning needs. This book is a must-have resource for all teachers."

– Corey Zylstra, M. Ed., International OG/MSL Teacher Trainer and Executive Director of REACH OG Learning Centres, Canada

OCT 2018 | £22.99 | 320PP | PB | 22 PHOTOS B&W | RIGHTS SOLD: TURKISH | ISBN-9781785923777

Fun Games and Activities for Children with Dyslexia

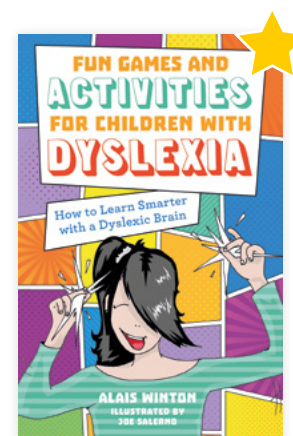
How to Learn Smarter with a Dyslexic Brain

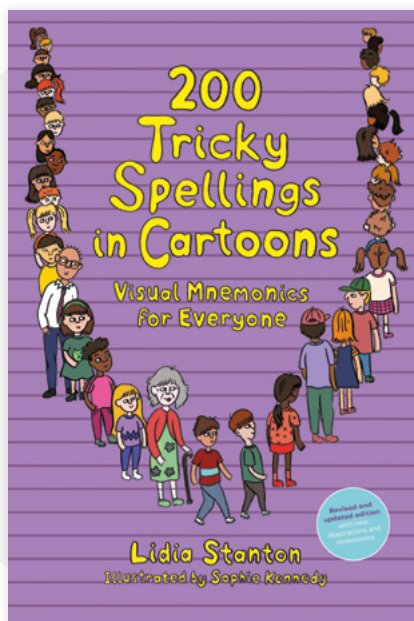
Alais Winton

Illustrated by Joe Salerno

Full of fun, practical games and activities accompanied by charming cartoons for children aged 7 to 13 with dyslexia, this book makes learning easy and entertaining. Written by a dyslexic tutor for dyslexic students, the tips are embedded in first-hand experience and will inspire and motivate any reader to aim high.

MAR 2018 | £12.99 | **7–13 YEARS** | 136PP | PB | 10 B&W CARTOON ILLUSTRATIONS | WORLD RIGHTS AVAILABLE | ISBN-9781785922923



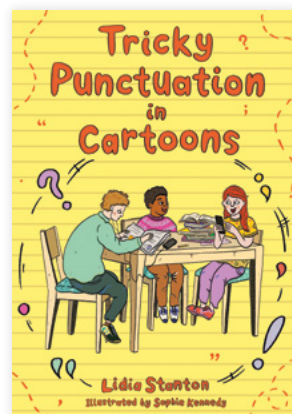


NEW

Tricky Punctuation in Cartoons

Lidia Stanton

This illustrated punctuation workbook supports students with dyslexia, ADHD or other learning difficulties to develop punctuation skills via inquiry-based learning. The book encourages students to engage in active learning to make their own connections about tricky punctuation. It provides a wealth of fun ways to remember the required rules.



“This book is brilliant! A superb learning tool – engaging, humorous and thoughtfully constructed. The visuals are spot on and the text snappy and informative...Teachers will love this book.”

– Dr. Gavin Reid, Independent Psychologist and Author

200 Tricky Spellings in Cartoons

Visual Mnemonics for Everyone – UK edition

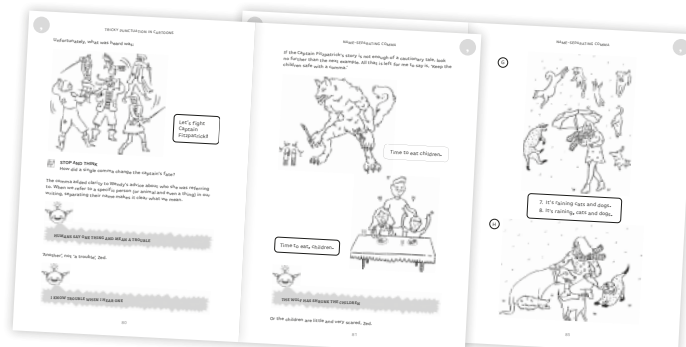
Lidia Stanton

A visual guide to learning 200 of the trickiest spellings, with memorable mnemonics, cartoons and storylines. Lidia Stanton's cartoons provide visual hints and tricks to help kids who think or learn differently to make sense of the most confusing spellings, including homophones and exceptions.

“This will appeal to everyone – children, teachers and parents. Readers will wonder how they managed without this book. It can also provide the impetus for children to develop their own strategies. Every school must have this essential book!”

– Dr Gavin Reid, psychologist and author

MAY 2020 | £12.99 | **9–15 YEARS** | 272PP | PB | FULLY ILLUSTRATED THROUGHOUT | ISBN-9781787754027



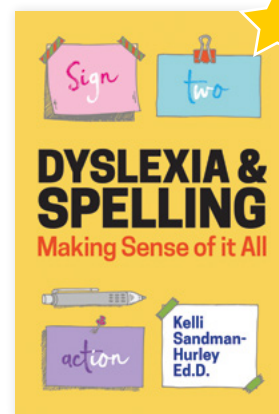
Dyslexia and Spelling

Making Sense of It All

Kelli Sandman-Hurley

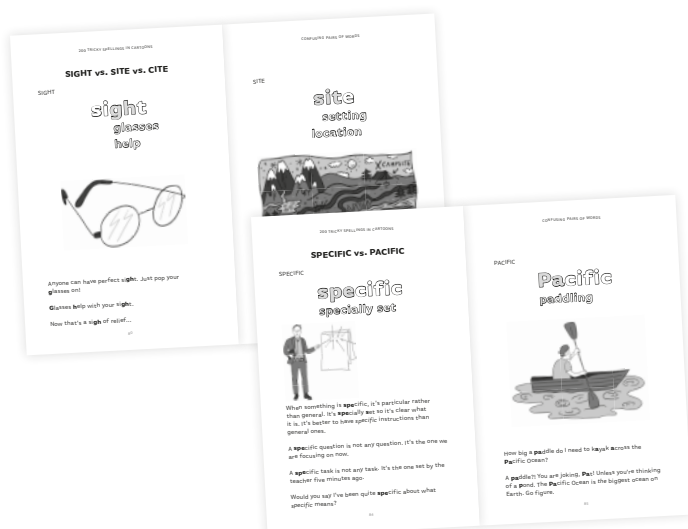
A straightforward and much-needed guide to understanding the relationship between spelling and dyslexia.

Written by an authority in the dyslexia field, this is the first accessible guide to the close interplay of spelling and dyslexia. Kelli Sandman-Hurley talks the teacher or parent through why kids with dyslexia find spelling so hard, and what we can learn from the spelling mistakes in their writing samples. Shedding much-needed light on an under-explored tool for classroom or home learning, Dyslexia and Spelling is essential reading for teachers and parents alike.



JUN 2019 | £14.99 | 128PP | PB | B&W IMAGES THROUGHOUT | WORLD RIGHTS AVAILABLE | ISBN-9781785927911

inprinteducational.com



The Memory and Processing Guide for Neurodiverse Learners

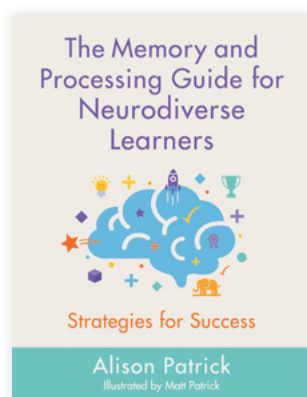
Strategies for Success

Alison Patrick

Illustrated by Matt Patrick

Awarded 3 stars in the SEND category of the Teach Secondary Awards 2020.

Practical guide to support students who struggle with memory and processing, including those with dyslexia, dyspraxia, ADHD and ASD. This book, from an experienced teacher, provides theory on memory, processing and executive function, as well as many tried and tested handy revision strategies and techniques tailored to kids who think differently.



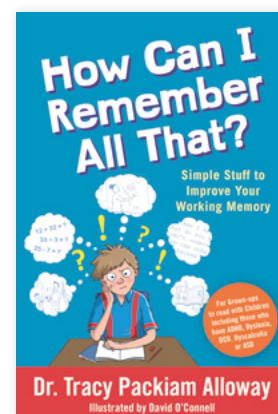
How Can I Remember All That?

Simple Stuff to Improve Your Working Memory

Dr. Tracy Packiam Alloway

Illustrated by David O'Connell

A child-friendly illustrated guide to what working memory is, what it feels like to have problems with your working memory, and what you can do about it. Offering easy to follow tips and strategies, this is the go-to book for kids aged 7+ to read with their parents or teachers, and includes a note for adults on testing for working memory issues.



"Alison Patrick has drawn upon her years of experience as a support tutor to write this definitive guide to techniques and strategies for helping individuals with specific learning difficulties achieve their educational potential."

– David Grant, PhD. Educational Psychologist

"Who knew that learning about working memory could be so much fun?"

– Seth Stephens-Davidowitz, NY Times Contributing Op-Ed Writer, Author of Everybody Lies (NYT Bestseller; Economist Best Books of the Year)

JUL 2019 | £9.99 | **8–14 YEARS** | 64PP | PB | 16–18 B&W ILLUSTRATIONS | RIGHTS SOLD: TURKISH | ISBN-9781785926334

JUN 2020 | £18.99 | 288PP | PB | 10–12 B&W FIGURES AND ILLUSTRATIONS | ISBN-9781787750722

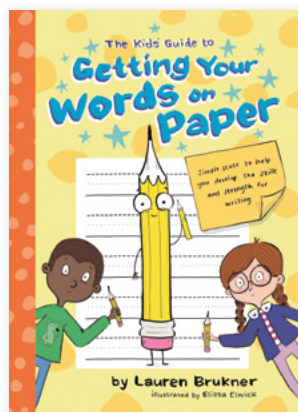
The Kids' Guide to Getting Your Words on Paper

Simple Stuff to Build the Motor Skills and Strength for Handwriting

Lauren Brukner

Illustrated by Elissa Elwick

Super fun ways to help kids improve their hand-eye coordination, muscle strength, stamina and focus for writing.



"Lots of practical tips to help kids have better writing skills. When I was eight, I was the last student in my class to have good handwriting. I would have loved all the pencil grips that you showed in your book. Another tip that I completely agree with is heaving a soft pencil."

– Temple Grandin, Author of *Thinking in Pictures* and *The Autistic Brain*

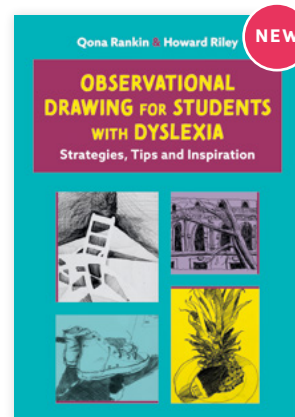
APR 2020 | £13.99 | **7–12 YEARS** | 144PP | PB | B&W CARTOONS THROUGHOUT | ISBN-9781787751569

Observational Drawing for Students with Dyslexia

Strategies, Tips and Inspiration

Qona Rankin and Howard Riley

A straightforward and accessible guide for individuals with dyslexia, dyspraxia and other specific learning difficulties to improve their observational drawing skills. The book sets out an eight-step plan used in workshops at the Royal College of Art, and enables students to harness their strengths and grow in confidence.



"A must have for every teacher, tutor, art educator and amazing dyslexic, in fact anyone wanting to draw better."

– Kate and Kathy, Authors of *The Illustrated Guide to Dyslexia and Its Amazing People*

FEB 2021 | £16.99 | **14–18 YEARS** | 96PP | PB | B&W ILLUSTRATIONS THROUGHOUT | ISBN-9781787751422

EARLY YEARS

100 Ways Your Child Can Learn Through Play

Fun Activities for Young Children with SEN

Georgina Durrant

Illustrated by Christopher Barnes

A collection of varied and fun, play-based learning activities for young children.

Packed full of 100 creative and engaging activities for young children with special educational needs, this book enables you to have fun and enjoy developing your child's skill-based learning with them.

From building biscuit construction sites and rainbow ice towers to playing dentists, nail salons and post office workers, the variety and creativity featured on every page of this book means you'll never have a dull day with your child again! With activities for rainy days, in the garden, on walks and more, there's something new to learn wherever you go.

With charming black and white line illustrations to depict each activity, this is a great way to connect with your children with SEN, while building their life skills at the same time.

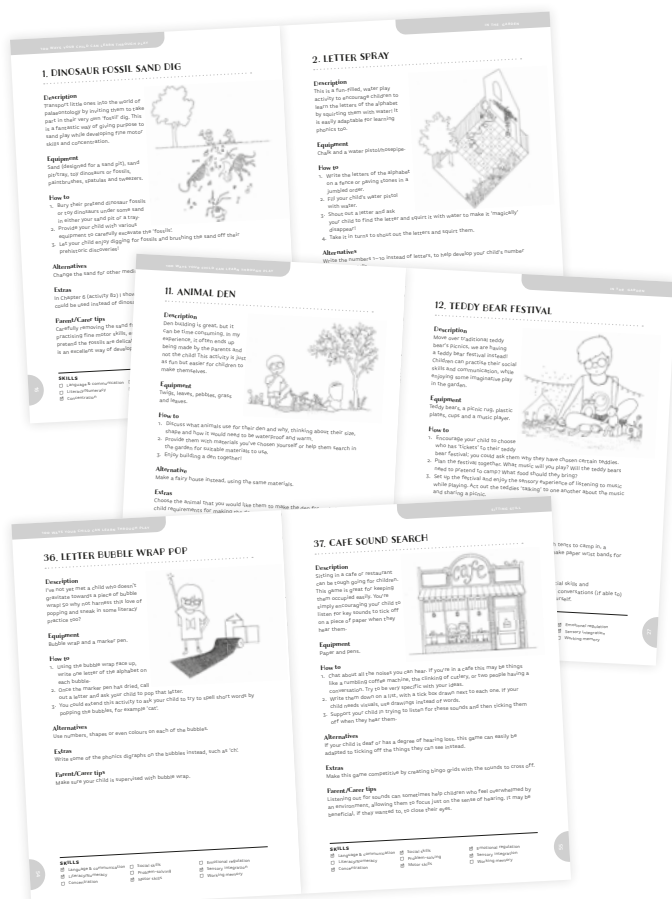
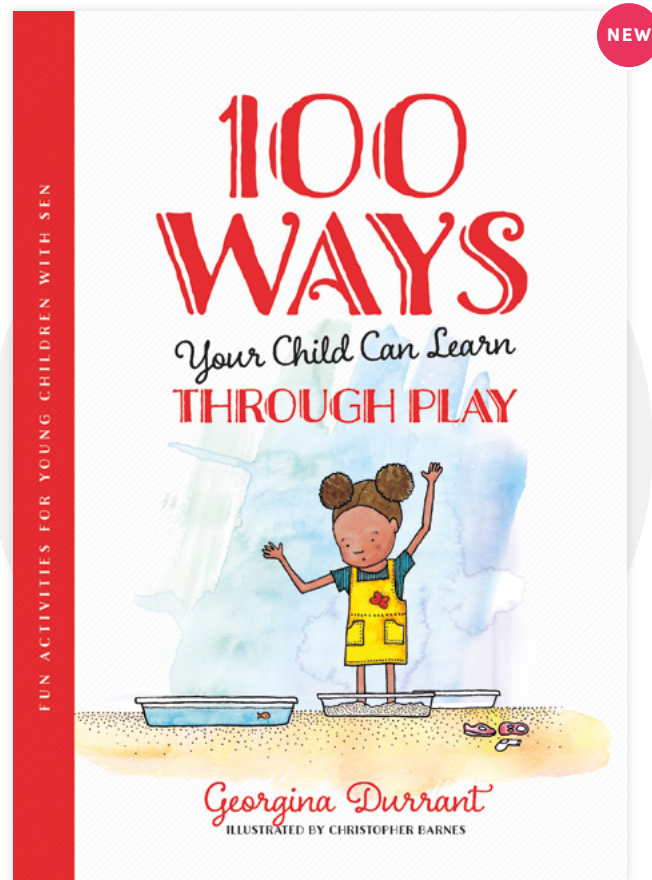
"As a parent of a SEN child, I've known how wonderful it can be but also how much help we need ... this book is fun, interactive AND educational – great reading for parents like us!"

– Carol Vorderman MBE, Broadcaster and Educator

This book is a genuinely wonderful resource. Parenting is a daunting task for anyone, particularly if you have a child with special educational needs. Georgina Durrant, through her years as a teacher (and mum!), has developed a wide assortment of activities to engage your child in ways that are rewarding and effective and above all, FUN. Use this book!

– Rob Delaney, BAFTA winning co-creator and star of Channel 4's *Catastrophe*

JUN 2021 | £14.99 | 3+ YEARS | 128PP | PB | 100 B&W LINE ILLUSTRATIONS | ISBN-9781787757349



DYSCALCULIA

Awesome Games and Activities for Kids with Numeracy Difficulties

How to Feel Smart and In Control about Doing Mathematics with a Neurodiverse Brain

Judy Hornigold

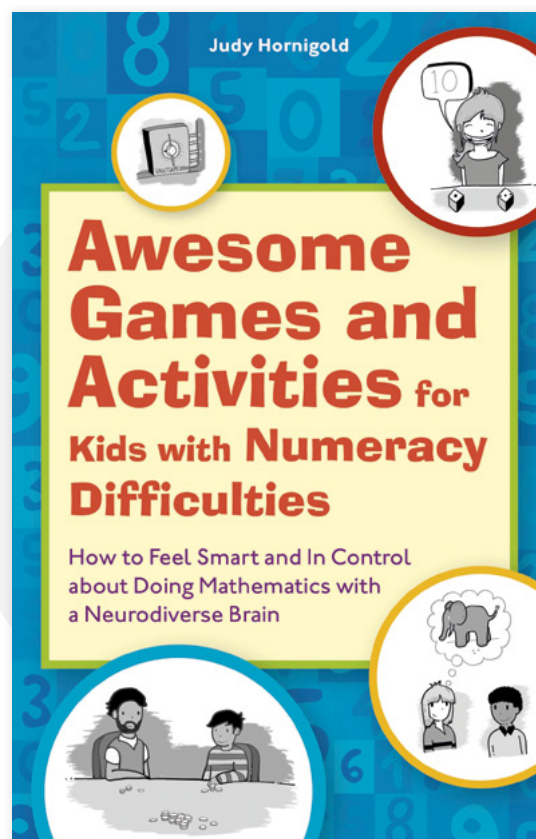
Illustrated by Joe Salerno

A collection of mathematical games, activities and curiosities to surprise and amuse children aged 7+, whilst providing learners with a grasp of fundamental concepts and techniques. This book can be used by anyone wanting to improve their maths, as well as those with dyscalculia or maths anxiety or other SLDs, and will show learners how much fun numbers can be.

“Judy has a genius for helping struggling learners enjoy numbers.”

– Professor Brian Butterworth, author of *Dyscalculia: From science to education*

FEB 2021 | £13.99 | 7–12 YEARS | 144PP | PB | FULLY ILLUSTRATED IN B&W | ISBN-9781787755635



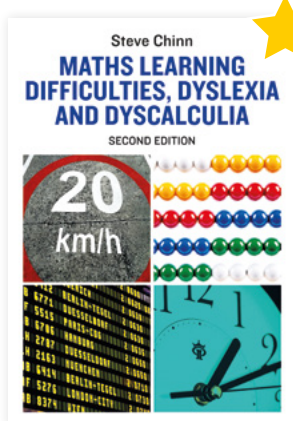
NEW

Maths Learning Difficulties, Dyslexia and Dyscalculia

Second Edition

Steve Chinn

A guide for teachers and parents helping children with maths difficulties. It provides tried and tested visual strategies and tailored techniques that draw on the latest research and the author's years of experience teaching children with maths learning difficulties. Covers early number experience, times tables, measurements, percentages and more.



“Steve Chinn provides insightful strategies and contextualised approaches based on the latest evidence based research in a straightforward and ‘easy to read’ manner. The educational sector owes much to Steve Chinn and this book is testimony to that.”

– Dr. Gavin Reid, Practitioner, psychologist and author

OCT 2018 | £14.99 | 144PP | PB | ISBN-9781785925795

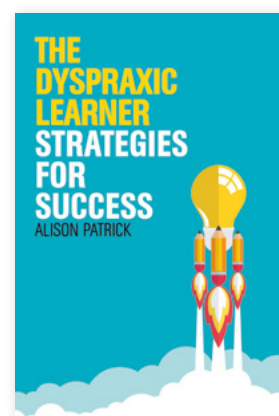
DYSPRAXIA

The Dyspraxic Learner

Strategies for Success

Alison Patrick

This book offers key strategies for teaching dyspraxic learners in secondary and tertiary education. With practical teaching resources, covering key areas such as literacy, numeracy, memory and study skills, this book shows teachers how best to approach the physical and psychological needs of students with dyspraxia.



“Organised around easy-to-use lists, *The Dyspraxic Learner* provides an eclectic mixture of study tips for students with dyspraxia and their teachers... an ideal introduction for teaching and support staff.”

– Victoria Biggs, author of *Caged in Chaos: A Dyspraxic Guide to Breaking Free*

MAR 2015 | £16.99 | 192PP | PB | WORLD RIGHTS AVAILABLE | ISBN-9781849055949

inprinteducational.com

ADHD

ADHD Is Our Superpower

The Amazing Talents and Skills of Children with ADHD

Soli Lazarus

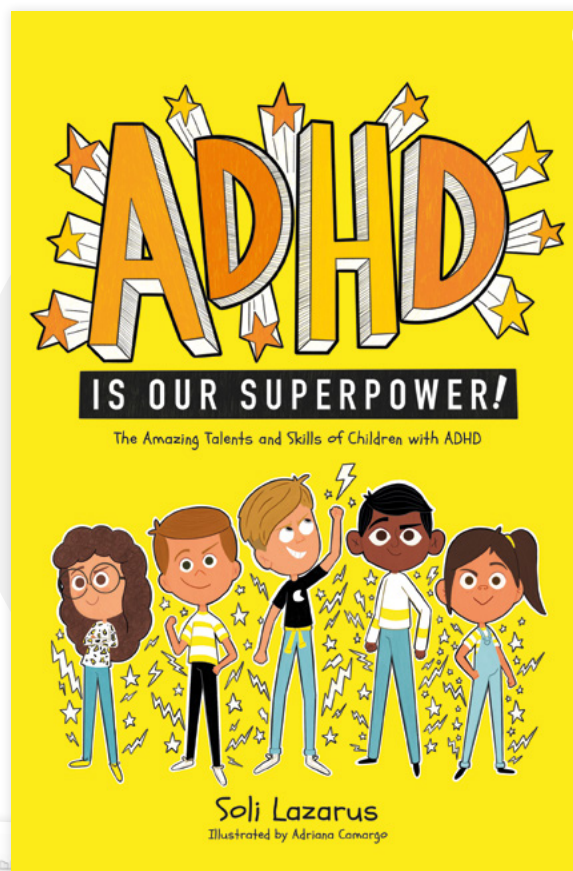
Illustrated by Adriana Camargo

An illustrated book to help children to understand their ADHD diagnosis in a positive light. Each character in the book focuses on a specific symptom of ADHD such as hyper-focus, sensory overwhelm, poor initiation and inattention. They also introduce readers to the unique strengths their ADHD provides, with links to further resources and support.

"The voice of the child is so important. They need to be heard. This book gives them that voice. I'm so glad that this book shows that people with ADHD can be very different, even if they all have the same condition."

– Andrea Bilbow OBE, Founder & CEO, ADDISS

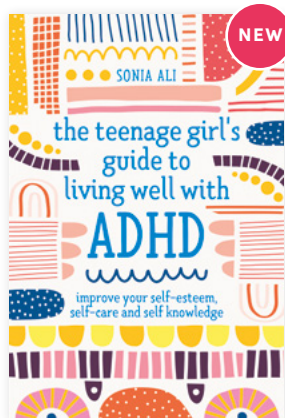
MAY 2021 | £9.99 | **7-11 YEARS** | 64PP | PB | 70 COLOUR ILLUSTRATIONS | ISBN-978187757301



A Teenage Girl's Guide to Living Well with ADD/ADHD

Sonia Ali

Maybe you're hyperactive, maybe you're not. There are so many different ways that ADD/ADHD can feel, especially for girls! This positive, self-affirming guide will increase your self-knowledge and empower you in your daily life. Loads of fun activities such as quizzes will help you reflect and learn strategies on how to manage strong emotions such as anger and excessive worry.



DEC 2021 | £12.99 | **12-17 YEARS** | 144PP | PB | 20 B&W ILLUSTRATIONS | ISBN-9781877575684

SPLDS IN THE CLASSROOM

Sensory Solutions in the Classroom

The Teacher's Guide to Fidgeting, Inattention and Restlessness

Monique Thoonsen and Carmen Lamp

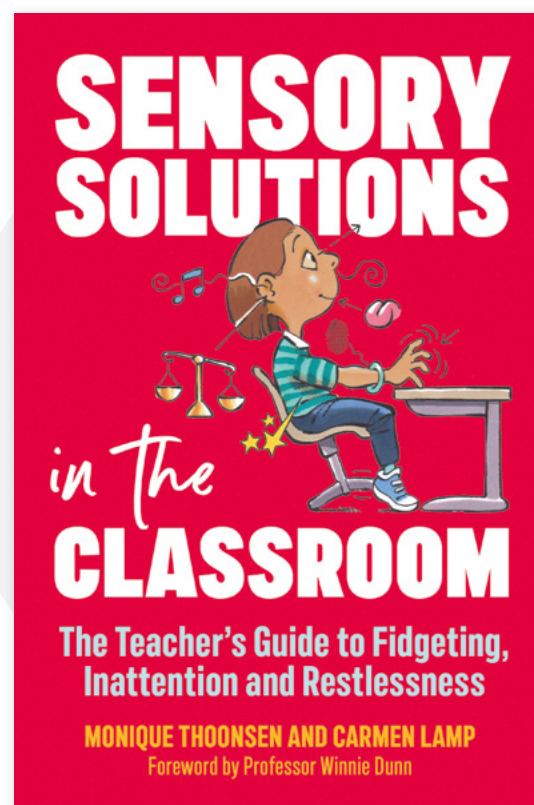
Illustrated by Ruud Bijman

Foreword by Winnie Dunn

Every teacher knows them - the students who are continuously balancing on their chair legs or who prefer to hide in their hoodies all day long. These students are using all kinds of tricks to be able to stay focused, as they are under- or over-responsive to sensory input and trying to restore their balance.

Creating the perfect learning environment for all students – a sensory supportive classroom - this tried and tested guide is an essential tool for teachers (with or without prior knowledge of SPD), to better support and understand their students and their sensory needs.

NOV 2021 | £16.99 | 224PP | 110 B&W ILLUSTRATIONS | ISBN-9781785926983

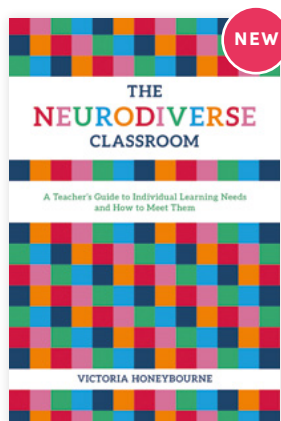


The Neurodiverse Classroom

A Teacher's Guide to Individual Learning Needs and How to Meet Them

Victoria Honeybourne

This book enables teachers to meet the needs of children with a wide range of specific learning difficulties in mainstream classrooms, while promoting acceptance and self-esteem. Viewing the class as a diverse group rather than focusing on diagnoses, it presents advice and strategies for creating a supportive learning environment for all.

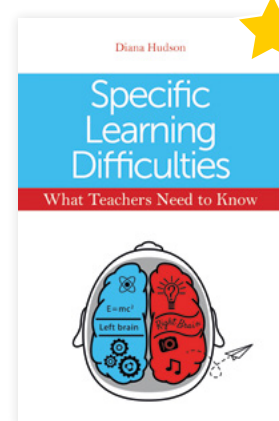


Specific Learning Difficulties – What Teachers Need to Know

Diana Hudson

Illustrated by Jon English

Learn how to support students with Specific Learning Difficulties (SpLD) with this informative guide. Covering common SpLDs, including dyslexia, dyspraxia, dyscalculia, Autism Spectrum Disorder, ADHD and OCD, this book offers practical tips for adapting lessons to suit the needs of the individual student and making your classroom inclusive.



“Victoria Honeybourne has written an innovative book which presents new ways of approaching individual needs and inclusion in schools. It is a thought-provoking book emphasising the benefits of embracing neurodiversity and celebrating difference.”

– Joy Beaney, teacher, autism specialist and author of *Winston Wallaby Can't Stop Bouncing* and *Creating Autism Champions*

“This book should be in every staffroom library. No matter how aware one is about Specific Learning Difficulties, this publication gives a very sound reminder of the many ways they manifest and how they impinge on the whole life of the pupil.”

– Bex Tear, Head, Badminton School

MAY 2018 | £14.99 | 192PP | PB | 2 DIAGRAMS | WORLD RIGHTS AVAILABLE | ISBN-9781785923623

OCT 2015 | £12.99 | 248PP | PB | 40 B&W LINE DRAWINGS | RIGHTS SOLD: CROATIAN, ESTONIAN, POLISH, PORTUGUESE (BRAZIL), SPANISH | ISBN-978184905901

inprinteducational.com

SELF-REGULATION

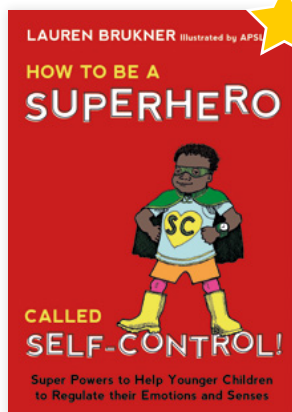
How to Be a Superhero Called Self-Control!

Super Powers to Help Younger Children to Regulate their Emotions and Senses

Lauren Brukner

Illustrated by Apsley

This illustrated book provides a variety of super power strategies to help children with emotional and sensory regulation difficulties to master self-control.



NOV 2015 | £12.99 | 4-7 YEARS | 112PP | HB | 50 B&W ILLUSTRATIONS | RIGHTS SOLD: CHINESE (SIMPLIFIED), TURKISH | ISBN-9781849057172

The Kids' Guide to Staying Awesome and In Control

Simple Stuff to Help Children Regulate their Emotions and Senses

Lauren Brukner

From breathing exercises and pressure holds to noise-reducing headphones and gum, this illustrated book is packed with simple strategies and tools to help children with emotional and sensory regulation difficulties aged approximately 7 to 14 years to stay cool, calm and in control.



JUL 2014 | £12.99 | 7-14 YEARS | 112PP | HB | 35 B&W CARTOON ILLUSTRATIONS | RIGHTS SOLD: CHINESE (SIMPLIFIED), TURKISH | ISBN-9781849059978

Stay Cool and In Control with the Keep-Calm Guru

Wise Ways for Children to Regulate their Emotions and Senses

Lauren Brukner

Illustrated by Apsley

This illustrated guide provides children and adolescents with wisdom from the Keep-Calm Guru and new ways to identify and cope with anxiety, anger and other difficult feelings.



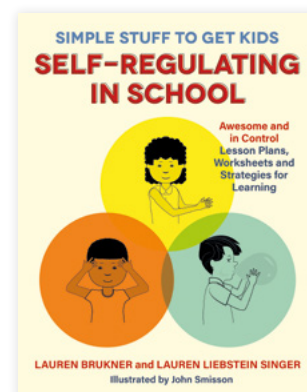
Simple Stuff to Get Kids Self-Regulating in School

Awesome and In Control Lesson Plans, Worksheets, and Strategies for Learning

Lauren Brukner and Lauren Liebstein Singer

Illustrated by John Smisson

This illustrated guide enables teachers and therapists to help children to take control of their sensory and emotional regulation. Ideal for use with kindergarten and elementary school students, it is full of photocopiable worksheets, lesson plans and activity cards for developing children's relaxation, empowerment and self-regulation.



"Lots of practical, easy-to-use methods to help kids calm down."

– Temple Grandin, author of Thinking in Pictures and The Autistic Brain

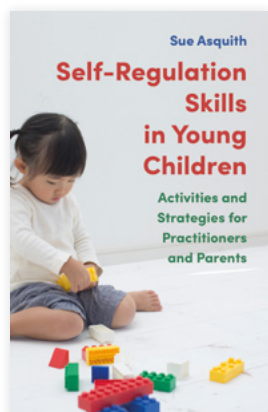
SEP 2016 | £12.99 | 7-14 YEARS | 136PP | HB | 50 B&W ILLUSTRATIONS | RIGHTS SOLD: CHINESE (SIMPLIFIED), TURKISH | ISBN-9781785927140

Self-Regulation Skills in Young Children

Activities and Strategies for Practitioners and Parents

Sue Asquith

This guide helps early years practitioners get to grips with child development through accessible theory, useful reflection tasks and practice ideas. It offers coping strategies to use with children in schools, at home and beyond.



"At STAR Institute, we use Lauren's ideas whenever we consult in the schools. Bravo Lauren for your addition to our ability to help our clients!"

– Lucy Jane Miller, Founder, STAR Institute for SPD

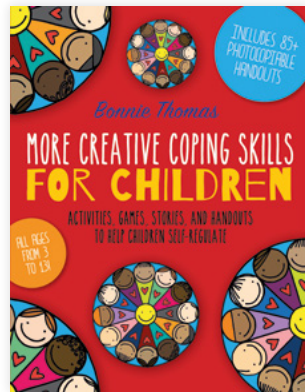
JUN 2018 | £25.00 | 216PP | PB | 90 ILLUSTRATIONS | WORLD RIGHTS AVAILABLE | ISBN-9781785927614

APR 2020 | £16.99 | 176PP | PB | ISBN-9781787751965

More Creative Coping Skills for Children

Activities, Games, Stories, and Handouts to Help Children Self-regulate

Bonnie Thomas



An incredible variety of arts activities, games, and interactive stories will suit any individual. With over 85 handouts concentrated on building self-esteem, overcoming anxiety, anger management, and more, use this book to promote life skills and deliver emotional support to children in need.

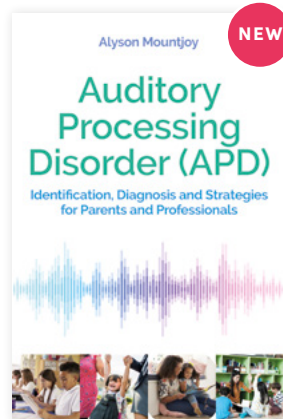
AUG 2016 | £19.99 | 256PP | PB | 16 B&W PHOTOS + 47 ILLUSTRATED HANDOUTS | RIGHTS SOLD: ARABIC, TURKISH, SPANISH | ISBN-9781785920219

APD

Auditory Processing Disorder (APD)

Identification, Diagnosis and Strategies for Parents and Professionals

Alyson Mountjoy



A comprehensive guide to Auditory Processing Disorder, a condition that prohibits the brain from processing sounds and speech in the normal way. Suitable for parents and professionals working with those with APD, the book provides detailed advice on both diagnosis and management and is supported by case studies throughout.

“The book is recommended reading for both those affected by APD and their families, as well as for interested professionals.”

– Professor Doris-Eva Bamiou MD MSc FRCP PhD,
Professor in Neuroaudiology, UCL Ear Institute

MAR 2021 | £19.99 | 256PP | PB | ISBN-9781787752825

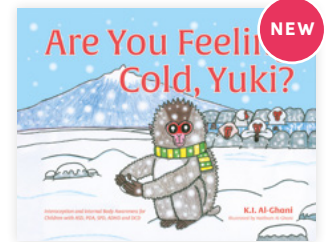
INTEROCEPTION

Are You Feeling Cold, Yuki?

Interoception and Internal Body Awareness for Children with ASD, PDA, SPD, ADHD and DCD

K.I. Al-Ghani

Illustrated by Haitham Al-Ghani



An illustrated storybook providing children, parents and carers with an introduction to interoception. The book also includes information for parents, and activities to help children to understand their bodies' signals and learn to self-regulate.

“A fun and enlightening book to explain interoception to children. Often such a misunderstood fundamental cause of many ‘out of sorts’ behaviours. Beautifully explained and Illustrated book to help everyone understand this vital concept.”

– Sue Larkey, teacher, educator and author

OCT 2021 | £13.99 | 3–8 YEARS | 48PP | HB | FULLY ILLUSTRATED THROUGHOUT | ISBN-9781787756922

TOURETTES

The Tourettes Survival Kit

Tools for Young Adults with Tics

Tara Murphy and Damon Millar

Illustrated by Hiro Enoki



This survival guide for teens with Tourette's provides the tools you need to survive and thrive at home, school, work and beyond. It includes strategies and behavioural therapy techniques for managing tics and advice on what to do in a range of everyday situations, including preparing for exams, dealing with bullies and going on a first date.

MAR 2019 | £12.99 | 13–24 YEARS | 208PP | PB | 20 B&W ILLUSTRATIONS | RIGHTS SOLD: GERMAN | ISBN-9781785923593

All Cats Are on the Autism Spectrum

Kathy Hoopmann

Foreword by Haley Moss

Brand new update to the bestselling *All Cats Have Asperger Syndrome*, with all-new images of cats and updated language and terminology throughout. It provides a gentle, engaging introduction to the world of autism, demonstrating the individuality and potential of autistic people. Ideal for adults and children alike.

OCT 2020 | £10.99 | **3+ YEARS** | 80PP | HB | COLOUR ILLUSTRATIONS THROUGHOUT | RIGHTS SOLD: DANISH, POLISH, TURKISH | ISBN-9781787754713



All Dogs Have ADHD

Kathy Hoopmann

All Dogs Have ADHD takes an inspiring and affectionate look at Attention Deficit Hyperactivity Disorder (ADHD), using images and ideas from the canine world. Charming colour photographs of dogs bring to life familiar ADHD characteristics such as being restless and excitable, getting easily distracted, and acting on impulse.

AUG 2020 | £9.99 | **7+ YEARS** | 72PP | HB | 73 PHOTOGRAPHS | RIGHTS SOLD: CHINESE (SIMPLIFIED), DANISH, DUTCH, GREEK, JAPANESE, KOREAN, POLISH, SPANISH, SWEDISH, TURKISH | ISBN-9781787756601

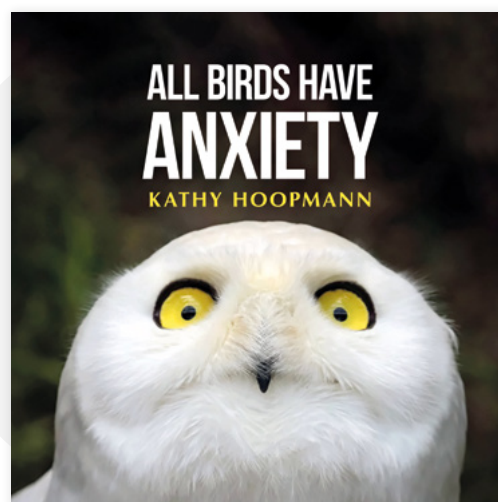


All Birds Have Anxiety

Kathy Hoopmann

All Birds Have Anxiety explores the symptoms of anxiety disorder and their impact on day-to-day life through colourful images of life as a bird. Its humorous yet gentle approach recognises the stress that anxiety can cause, helping people to better understand how it feels to have anxiety.

MAR 2017 | £10.99 | **6+ YEARS** | 72PP | HB | COLOUR PHOTOGRAPHS THROUGHOUT | RIGHTS SOLD: CHINESE (SIMPLIFIED), DUTCH | ISBN-9781785921827



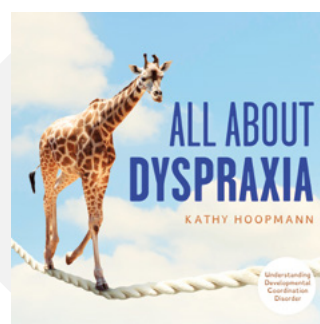
All About Dyspraxia

Understanding Developmental Coordination Disorder

Kathy Hoopmann

Bestselling author Kathy Hoopmann delves into the world experienced by people with dyspraxia in this charming picture book.

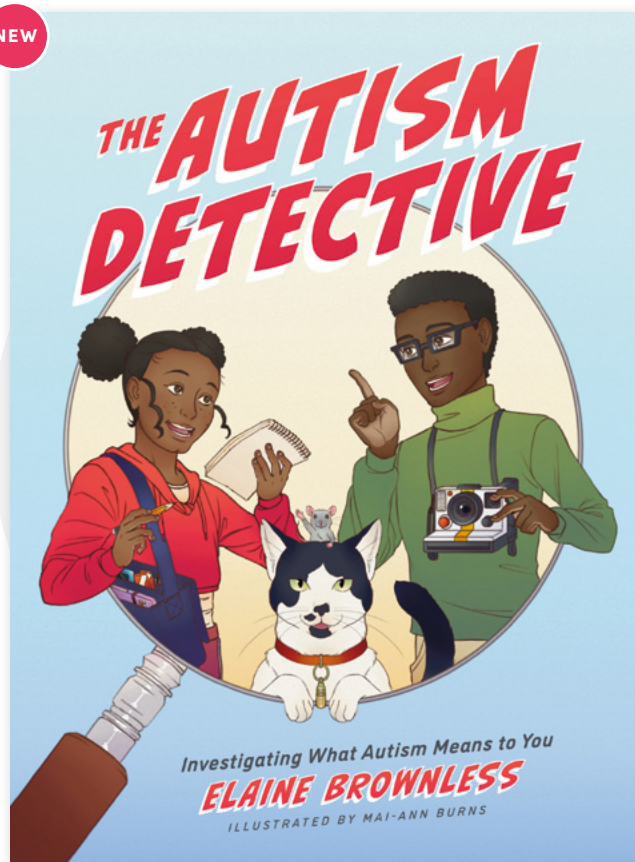
FEB 2022 | £10.99 | **7+ YEARS** | 80PP | HB | COLOUR PHOTOGRAPHS THROUGHOUT | ISBN-9781787758353



NEW

GUIDES

NEW



The Autism Detective

Investigating What Autism Means to You

Elaine Brownless

Illustrated by Mai-Ann Burns

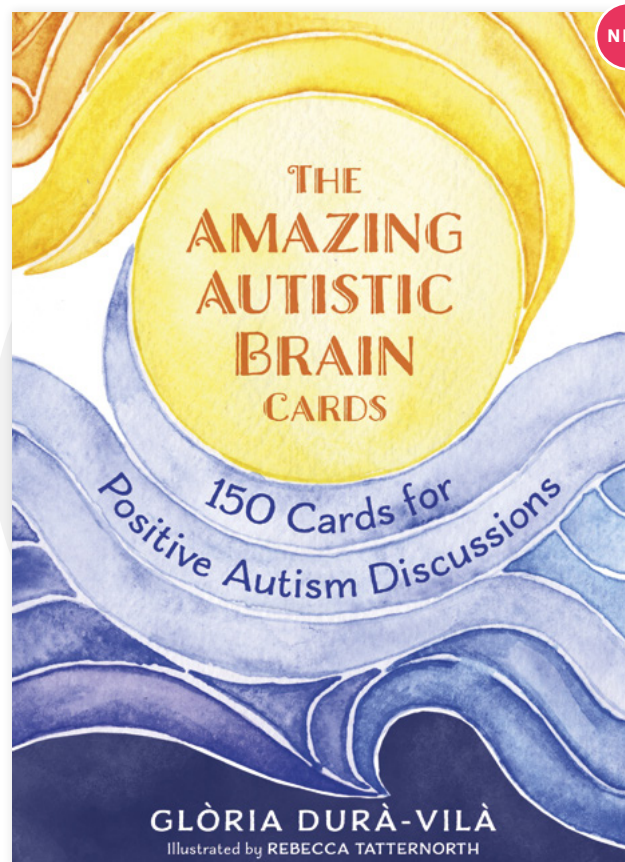
“Dear Kit and Scully, your mission is to learn about autism. On this quest you will need to investigate the human brain and learn about diversity.”

What do you know about autism? Whether you know a little or a lot, you are invited to explore your understanding of the autism spectrum and discover something new by joining detectives Scully and Kit on their investigation. As Scully and Kit interview six ordinary children, follow the clues and see if you can guess which of them are autistic.

This book puts the spotlight on six children that openly talk about their experiences at school and at home. By the end of the book, two children reveal what autism means to them. Read this alone or with an adult and learn about autism, diversity, how we are all unique and what we all share.

MAY 2021 | £12.99 | **7-12 YEARS** | 48PP | HB | 32 COLOUR ILLUSTRATIONS | ISBN-9781787753044

NEW



The Amazing Autistic Brain Cards

150 Cards with Strengths and Challenges for Positive Autism Discussions

Glòria Durà-Vilà

Illustrated by Rebecca Tatternorth

This deck of cards is a resource to help professionals, parents and anyone working with autistic young people to have discussions about an Autism diagnosis in a personalised, positive and meaningful way.

The beautifully designed cards each show a strength – such as being inquisitive or honest – or a challenge – such as sensory difficulties or understanding emotions. The pack also includes reusable blank cards which can be personalised.

The accompanying booklet provides approaches and strategies developed by Dr Dura-Vila in her clinical practice. She also shares her personal (and occasionally humorous) experiences, including tips for discussing an autism diagnosis. These accounts within inspire readers to give their best to any young person when sharing an autism diagnosis, and in the conversations that follow.

JUL 2021 | £22.99 | 150 COLOUR CARDS | ISBN-9781787754300

The Awesome Autistic Go-To Guide

A Practical Handbook for Autistic Teens and Tweens

Yenn Purkis and Tanya Masterman

Foreword by Emma Goodall

This book explores what it feels like to be a young person on the autism spectrum and looks at all the brilliant things people on the autism spectrum can do.

Full of insights about being awesome and autistic, this book celebrates the strengths of understanding the world in a different way. It looks at all the reasons being you and thinking differently can be totally awesome! It also has tips for managing tricky situations such as meltdowns, sensory differences and anxiety. It includes fun activities and diary pages where you can write your thoughts and feelings to help you concentrate on your strengths and work on your challenges.

This book helps you develop the confidence to be who you are and help you live life with as little stress and anxiety as possible.

"I love that the book provides useful and practical tips, celebrates differences and reminds us that we are not alone."

– Siena Castellon, author of *The Spectrum Girl's Survival Guide: How to Grow Up Awesome and Autistic*.



APR 2020 | £12.99 | **10-14 YEARS** | 112PP | PB | 14 B&W CARTOONS | ISBN-9781787753167

The Ice-Cream Sundae Guide to Autism

An Interactive Kids' Book for Understanding Autism

Debby Elley and Tori Houghton

Illustrated by J.C. Perry

This is a book for children aged 7–11 that explains the different ways autistic brains work. The book uses ice cream flavours to represent various aspects of autism such as difficulties with language, social interaction and rigidity of thinking. It includes illustrations and workbook activities to help children cement their understanding of autism.



JUN 2020 | £12.99 | **7-11 YEARS** | 64PP | HB | ISBN-9781787753808

My Autism Book

A Child's Guide to their Autism Spectrum Diagnosis

Glòria Durà-Vilà and

Tamar Levi

When a child is diagnosed with an Autism Spectrum Disorder, parents often feel overwhelmed and uncertain about how to communicate the diagnosis to their child. This beautifully illustrated picture book helps parents to explain autism to their child in a sensitive, positive and accurate way using clear language that speaks directly to the child.



DEC 2013 | £9.99 | **5-9 YEARS** | 48PP | HB | 38 COLOUR | RIGHTS SOLD: INDONESIAN | ISBN-9781849054386

PSHE/RSE

What Is Sex?

A Guide for People with Autism, Special Educational Needs and Disabilities

Kate E. Reynolds

Illustrated by Jonathon Powell

This carefully illustrated book offers a frank explanation of sex for people with autism, and special education needs and disabilities (SEND). The unambiguous text and images demonstrate the physical process of sex as well as highlighting issues of consent and safety, helping the reader to develop positive relationships.

NOV 2021 | £10.99 | 36PP | HB | 14 FULL PAGE ILLUSTRATIONS | ISBN-9781787759374



LGBTQ+

Queerly Autistic

The Ultimate Guide For LGBTQIA+ Teens On The Spectrum

Erin Ekins

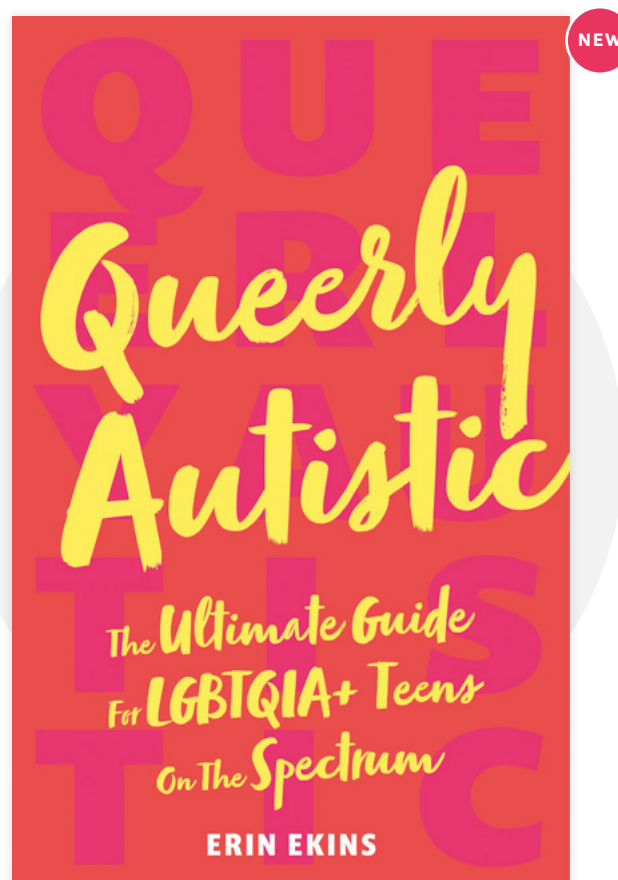
In this empowering and honest guide for LGBTQIA+ autistic teens, Erin Ekins gives you all the tools you need to figure out and explore your gender identity and sexuality.

From coming out to friends and family, staying safe in relationships and practicing safe sex, through to self-care and coping with bullying, being out and about in the LGBTQIA+ community and undergoing gender transition, this book is filled with essential information, advice, support and resources to help you on your journey, and also works as a primer on all things LGBTQIA+ for non-autistic teens who are just figuring it all out.

Written by an inspirational autistic queer woman, this is a must-read for every autistic teen wanting to live their very best queer life.

“Whether you are a queerly autistic young person, or someone who knows, loves or supports one, Erin’s empowering closing words are the reason you should read this book: Be proudly autistic, be proudly queer, and be proudly you.”

– SEND Support (@SENDsupportuk) Disability Consultancy and Training



APR 2021 | £12.99 | 12–18 YEARS | 240PP | PB | ISBN-9781787751712

JOEL SHAUL

Your Interests, My Interests

A Visual Guide to Playing and Hanging Out for Children on the Autism Spectrum

Joel Shaul

Children on the autism spectrum can find playing with other children difficult. This colourful and fun visual guide, full of examples and activities, shows how they can find common interests with their friends, peers and family, so that they can have more fun playing and hanging out together.

“Joel has captured what has been missing for our students in need of figuring out the mystery of social skills! He uses exceptional visuals that make the social experience clear, practical and comprehensive.”

– Carla Butorac, special education consultant, speaker and author from behaviorcommunicates.com

FEB 2020 | £16.99 | 7–14 YEARS | 112PP | HB | COLOUR ILLUSTRATIONS THROUGHOUT | WORLD ALL LANGUAGES | ISBN-9781785926501

Our Brains Are Like Computers!

Exploring Social Skills and Social Cause and Effect with Children on the Autism Spectrum

Joel Shaul

Explains to children with ASD how, just like a computer saves and shares files, people remember and share their impressions of each other.

MAR 2021 | £16.99 | 80PP | PB | COLOUR THROUGHOUT | ISBN-9781787759886

The ASD and Me Picture Book

A Visual Guide to Understanding Challenges and Strengths for Children on the Autism Spectrum

Joel Shaul

A visual guide to help children on the autism spectrum recognize their strengths and overcome challenges.

MAR 2021 | £16.99 | 96PP | PB | COLOUR IMAGES, PHOTOCOPIABLE WORKSHEETS | ISBN-9781787759879

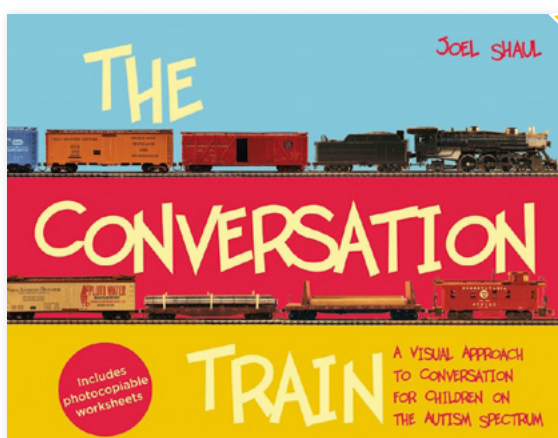
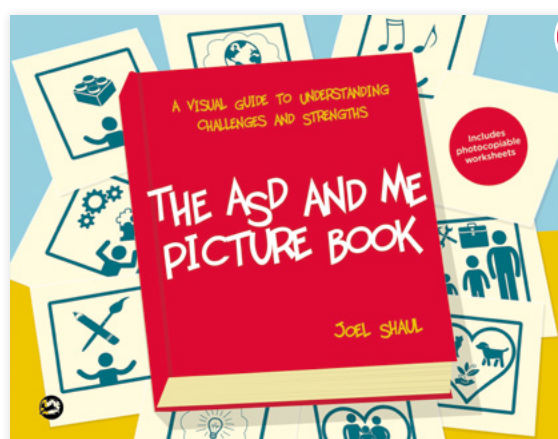
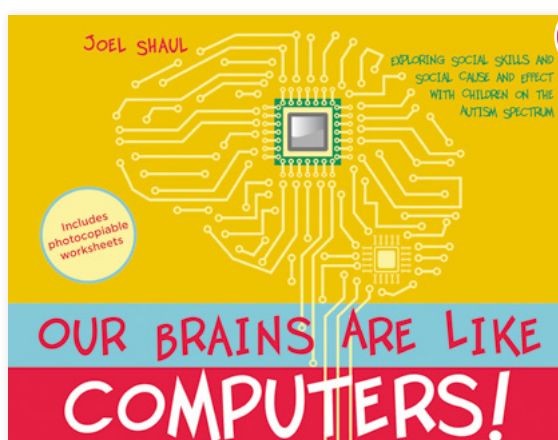
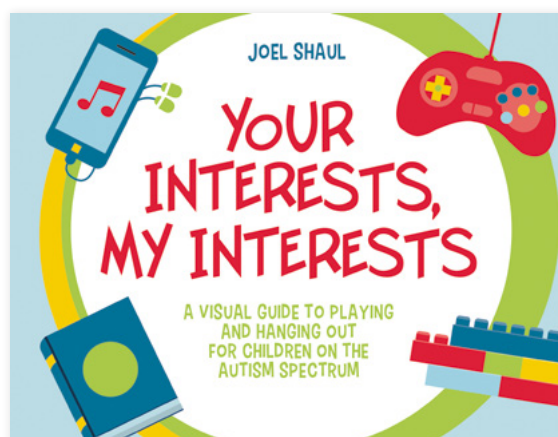
The Conversation Train

A Visual Approach to Conversation for Children on the Autism Spectrum

Joel Shaul, LCSW

This inventive picture book uses the metaphor of a train to clearly explain basic conventions of conversation to children with autism spectrum disorders (ASDs). As well as attractive color photographs of trains, the book also contains engaging photocopiable worksheets and train-themed coloring pages to help promote skill generalization.

MAR 2014 | £16.99 | 72PP | HB | 75 COLOUR PHOTOGRAPHS | RIGHTS SOLD: CHINESE (SIMPLIFIED), FRENCH | ISBN-9781849059862



IN SCHOOL

The Everyday Autism Handbook for Schools

60+ Essential Guides for Staff

Claire Droney and Annelies Verbiest

Illustrated by Melanie Corr

The definitive resource for busy teachers working with children with autism in mainstream and special schools. This easy-to-read guide sets out practical strategies, lesson plans, checklists and advice to tackle the common hurdles within a classroom environment and ensure that busy teachers can equip students to achieve their full potential.

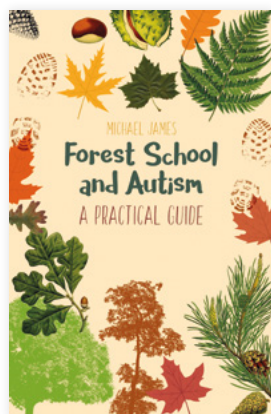
OCT 2021 | £25.00 | 368PP | PB | ISBN-9781787754287

Forest School and Autism

A Practical Guide

Michael James

A practical guide to delivering Forest School methods to people with autism – both children and adults – with advice on how to adapt activities to make them more inclusive. Includes tips on how to set up a Forest School, safety issues and how to gather resources.



APR 2018 | £18.99 | 208PP | PB | WORLD RIGHTS AVAILABLE | ISBN-9781785922916

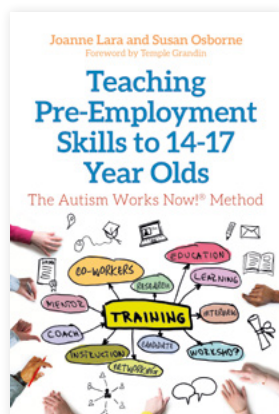
Teaching Pre-Employment Skills to 14–17-Year-Olds

The Autism Works Now!® Method

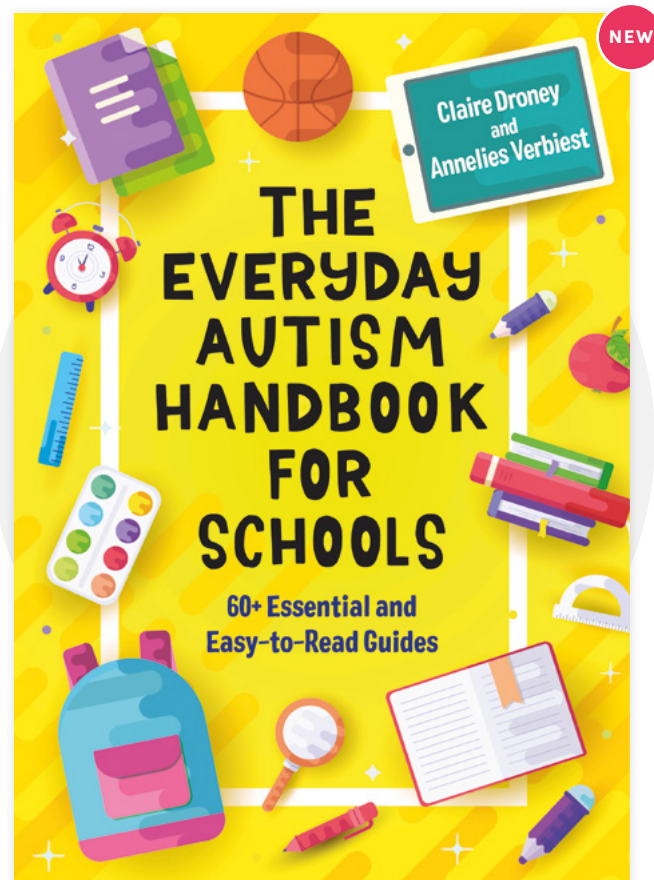
Joanne Lara and Susan Osborne

Foreword by Temple Grandin

Teaching young people with autism workplace skills while they are still school-aged is essential for helping them get jobs once they are ready to enter employment. This ready-made curriculum does exactly that, with a structured program for teaching groups of students aged 14–17 vital pre-employment skills, from interviewing to networking.



AUG 2017 | £18.99 | 264PP | PB | 4 B&W PHOTOGRAPHS | RIGHTS SOLD: CHINESE (SIMPLIFIED) | ISBN-9781785927256

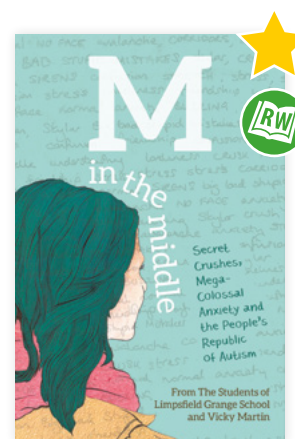


M in the Middle

Secret Crushes, Mega-Colossal Anxiety and the People's Republic of Autism

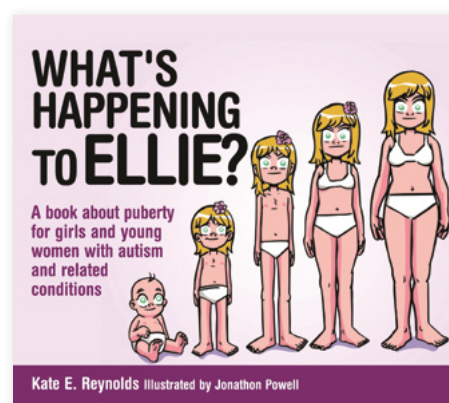
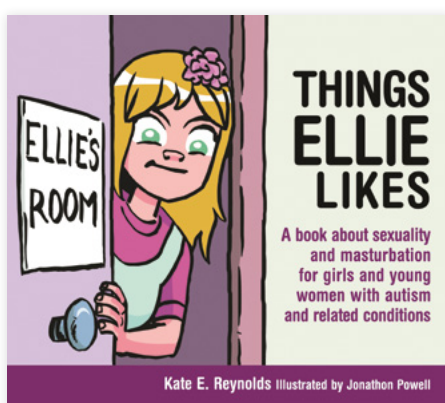
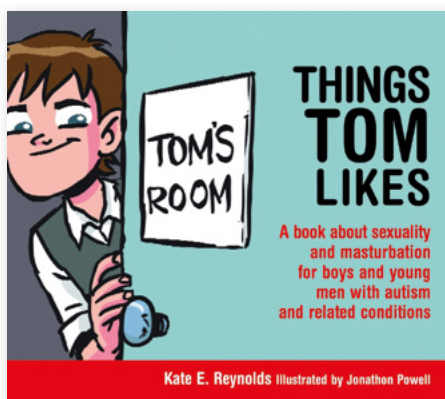
The Students of Limpsfield Grange School and Vicky Martin

From the authors of *M for Autism*, this YA novel follows M after her autism diagnosis. Faced with an exciting crush, a pushy friend and an unhelpful Headteacher, how long until the beast of anxiety pounces again?



OCT 2016 | £8.99 | 10–15 YEARS | 352PP | PB | B&W ILLUSTRATIONS | WORLD RIGHTS AVAILABLE | ISBN-9781785920349

GROWING UP

**Tom Needs to Go**

A book about how to use public toilets safely for boys and young men with autism and related conditions

Kate E. Reynolds

Illustrated by Jonathon Powell

Teaching boys and young men with ASD about using public toilets safely (and the social etiquette!).

AUG 2014 | £10.99 | **10–17 YEARS** | 36PP | HB | 14 COLOUR ILLUSTRATIONS | RIGHTS SOLD: FRENCH, GERMAN, HUNGARIAN (NON-EXCLUSIVE) | ISBN-9781849055215

Things Tom Likes

A book about sexuality and masturbation for boys and young men with autism and related conditions

Kate E. Reynolds

Illustrated by Jonathon Powell

Teaching boys and young men with ASD about masturbation, privacy and boundaries.

AUG 2014 | £10.99 | **10–17 YEARS** | 36PP | HB | 14 ILLUSTRATIONS | RIGHTS SOLD: FRENCH, GERMAN, HUNGARIAN (NON-EXCLUSIVE) | ISBN-9781849055222

What's Happening to Tom?

A book about puberty for boys and young men with autism and related conditions

Kate E. Reynolds

Illustrated by Jonathon Powell

Teaching boys and young men about the changes of puberty.

AUG 2014 | £10.99 | **10–17 YEARS** | 36PP | HB | 14 COLOUR ILLUSTRATIONS | RIGHTS SOLD: FRENCH, GERMAN, HUNGARIAN (NON-EXCLUSIVE) | ISBN-9781849055239

Ellie Needs to Go

A book about how to use public toilets safely for girls and young women with autism and related conditions

Kate E. Reynolds

Illustrated by Jonathon Powell

Teaching girls and young women with ASD how to safely use public toilets.

JAN 2015 | £10.99 | **10–17 YEARS** | 36PP | HB | 14 COLOUR ILLUSTRATIONS | RIGHTS SOLD: FRENCH, GERMAN, HUNGARIAN | ISBN-9781849055246

Things Ellie Likes

A book about sexuality and masturbation for girls and young women with autism and related conditions

Kate E. Reynolds

Illustrated by Jonathon Powell

Teaching girls and young women with ASD about masturbation, privacy and boundaries.

JAN 2015 | £10.99 | **10–17 YEARS** | 36PP | HB | 14 COLOUR ILLUSTRATIONS | RIGHTS SOLD: FRENCH, GERMAN, HUNGARIAN | ISBN-9781849055253

What's Happening to Ellie?

A book about puberty for girls and young women with autism and related conditions

Kate E. Reynolds

Illustrated by Jonathon Powell

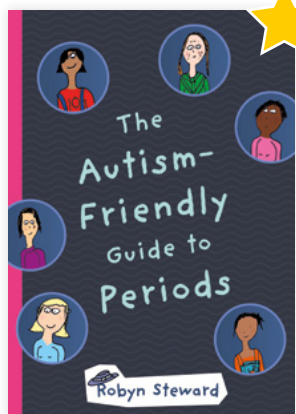
Teaching girls with ASD about the changes of puberty.

JAN 2015 | £10.99 | **10–17 YEARS** | 36PP | HB | 14 COLOUR ILLUSTRATIONS | RIGHTS SOLD: FRENCH, GERMAN, HUNGARIAN | ISBN-9781849055260

The Autism-Friendly Guide to Periods

Robyn Steward

Changes during puberty, such as the onset of periods, are challenging for girls on the autism spectrum. Written from experience by an autistic woman, this straightforward guide to periods helps the reader to prepare in great detail, from hygiene to pain medication and sensory experiences to mood swings.



“This book is excellent. Robyn has removed the stigmas and made discussion of periods part of growing up. She is to be congratulated on her clarity of thought, put to wonderful use in demystifying everything about periods. The book should be part of educating all young women.”

– Mr Sanjay Vyas MD FRCOG, Consultant Gynaecologist, President British Society for Gynaecological Endoscopy

APR 2019 | £12.99 | **10 YEARS** | 96PP | HB | COLOUR IMAGES THROUGHOUT | WORLD RIGHTS AVAILABLE | ISBN-9781785923241

Successful Social Stories™ for School and College Students with Autism

Growing Up with Social Stories™

Dr Siobhan Timmins

Foreword by Carol Gray

This Social Stories™ writing guide offers a detailed, clear and engaging demonstration of the wider value of specialised storytelling for young people growing up with autism. Fully illustrated and contextualised with helpful introductions and examples, it is an invaluable guide for helping children with autism progress towards an easier adult life.



“Social Stories are like a magic wand that replaces confusion with information and fear with confidence, to build social competence one Story at a time.”

– Peter Vermeulen, PhD, senior lecturer at Autisme Centraal, Belgium, author of over 15 books on autism

APR 2017 | £16.99 | 336PP | PB | 160 ILLUSTRATIONS | WORLD RIGHTS AVAILABLE | ISBN-9781785921377

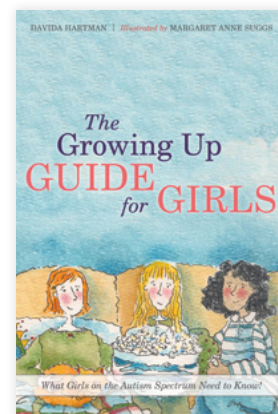
The Growing Up Guide for Girls

What Girls on the Autism Spectrum Need to Know!

Davida Hartman

Illustrated by Margaret Anne Suggs

This charmingly illustrated guide for girls is full of facts and advice about growing up, puberty, body image, friendship, crushes and more! Written in literal language and addressing sensory issues, safety, and social skills throughout, it offers an ideal introduction to the teenage years for girls with autism aged 9–14.



MAR 2015 | £10.99 | **9–14 YEARS** | 72PP | HB | 26 COLOUR ILLUSTRATIONS | RIGHTS SOLD: RUSSIAN | ISBN-9781849055741

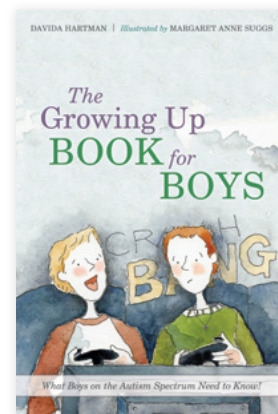
The Growing Up Book for Boys

What Boys on the Autism Spectrum Need to Know!

Davida Hartman

Illustrated by Margaret Anne Suggs

This growing up guide for boys is full of facts, tips and colour illustrations explaining puberty, body image, hygiene, friendship, crushes and more! Written in literal language and addressing sensory issues, safety, and social skills throughout, it offers an ideal introduction to the teenage years for boys with autism aged 9–14.



“A warm and insightful account of the emotional and physical changes that take place during adolescence. Full of practical advice on social boundaries given in clear language with visual illustrations. A wonderfully reassuring guide for children and their parents as they approach those formative years.”

– Lisa O'Sullivan, parent of child with Autism Spectrum Disorder

MAR 2015 | £10.99 | **9–14 YEARS** | 72PP | HB | 26 COLOUR ILLUSTRATIONS | RIGHTS SOLD: RUSSIAN | ISBN-9781849055758

LEGO

Building Language Using LEGO® Bricks**A Practical Guide***Dawn Ralph and Jacqui Rochester**Foreword by Georgina Gomez De La Cuesta*

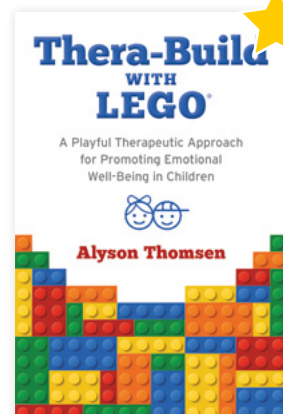
Harness the power of LEGO® bricks to promote essential skills in children and young people with speech, language and communication needs. This practical guide is full of information and tips on identifying areas of language need, how to implement and run interventions successfully, and how to measure progress.



AUG 2016 | £16.99 | 152PP | PB | 16 PAGES OF ILLUSTRATED RESOURCES | WORLD RIGHTS AVAILABLE | ISBN-9781785920615

Thera-Build® with LEGO®**A Playful Therapeutic Approach for Promoting Emotional Well-Being in Children***Alyson Thomsen*

This practical guide shows how to successfully run 'Thera-Build', a LEGO®-based therapeutic tool for improving children's emotional wellbeing. Including a range of example activities and a friendly introduction to why play helps young brains, it is a must-have resource for anyone who works therapeutically with children.



MAY 2018 | £17.99 | 168PP | PB | 25 B&W FIGURES | WORLD RIGHTS AVAILABLE | ISBN-9781785924927

AUTISM AND GIRLS

Camouflage**The Hidden Lives of Autistic Women***Dr Sarah Bargiela**Illustrated by Sophie Standing*

Autism in women and girls is still not widely understood, and is often misrepresented or even overlooked. This graphic novel offers an engaging and accessible insight into the lives and minds of autistic women, using real-life case studies.

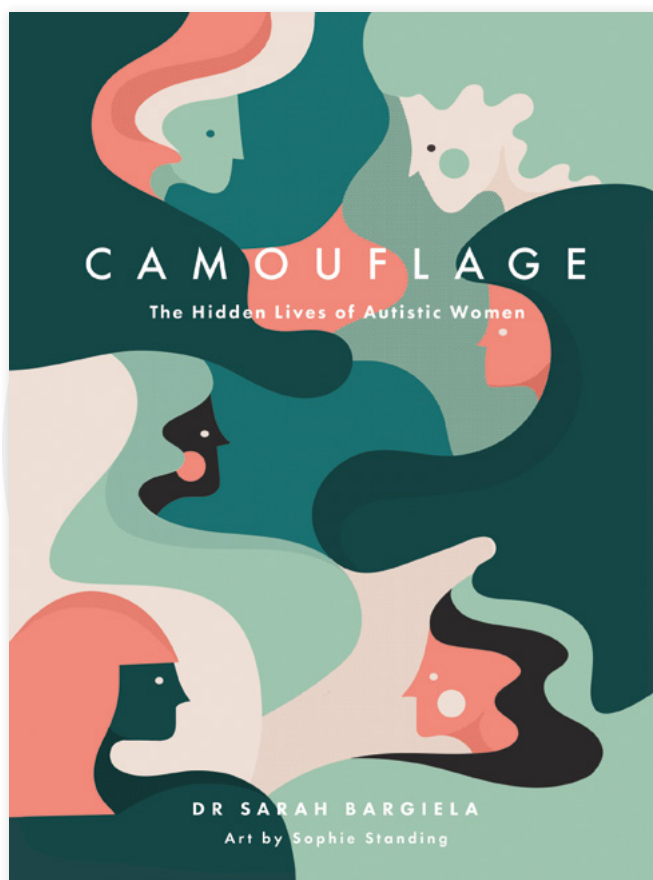
The charming illustrations lead readers on a visual journey of how women on the spectrum experience everyday life, from metaphors and masking in social situations, to friendships and relationships and the role of special interests.

Fun, sensitive and informative, this is a fantastic resource for anyone who wishes to understand how gender affects autism, and how to create safer supportive and more accessible environments for women on the spectrum.

"And frankly, given that we're all on the spectrum somewhere, you will, definitely, know someone affected by autism. Isn't it time you knew a little more?"

– Richard Bruton, Comicon

MAR 2019 | £12.99 | 48PP | COLOUR ILLUSTRATIONS THROUGHOUT | ISBN-9781785926679



The Spectrum Girl's Survival Guide

How to Grow Up Awesome and Autistic

Siena Castellon

Foreword by Temple Grandin

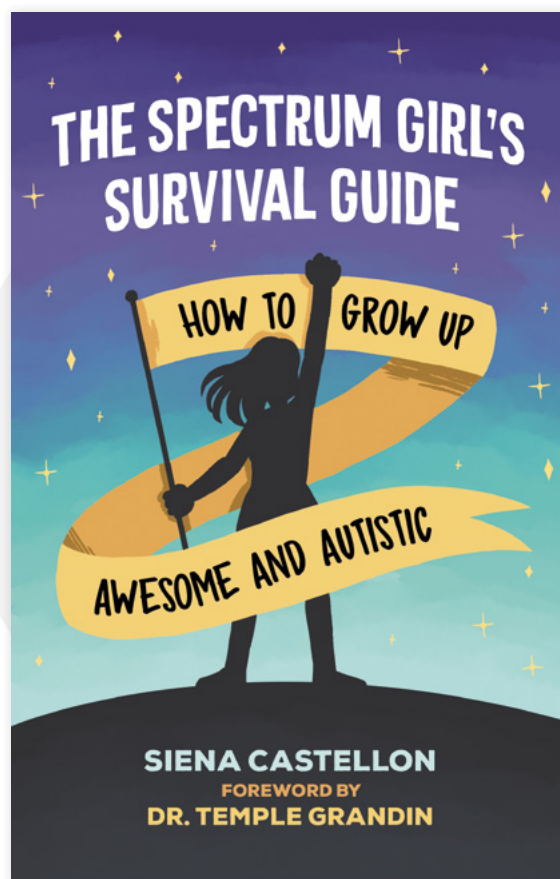
"Never be ashamed of being different: it is this difference that makes you extraordinary and unique."

This essential go-to guide gives you all the advice and tools you'll need to help you flourish and achieve what you want in life. From the answers to everyday questions such as 'Am I using appropriate body language?' and 'Did I say the wrong thing?', through to discussing the importance of understanding your emotions, looking after your physical and mental health and coping with anxiety and sensory overloads, award-winning neurodiversity campaigner Siena Castellon uses her own experiences to provide you with the skills to overcome any challenge.

With practical tips on friendships, dating, body image, consent and appearance, as well as how to survive school and bullying, *The Spectrum Girl's Survival Guide* gives you the power to embrace who you are, reminding you that even during the toughest of teen moments, you are never alone.

"At 16, Siena pours her wealth of experience, knowledge and compassion for fellow teens into this book, covering numerous situations that could be encountered. This book is a must read and a companion that will support you all the way."

– Barb Cook, M.Aut., Developmental Educator, Autism and Neurodiversity Employment Consultant and editor/author of *Spectrum Women: Walking to the Beat of Autism*



"Siena Castellon is a talented, driven and passionate young woman and one to watch in future years. I am proud to have her as one of my young charity ambassadors."

– Dr Anna Kennedy OBE, Founder of UK Autism Charity AnnaKennedyonline

MAR 2020 | £12.99 | 12–18 YEARS | 256PP | PB | 16 B&W CARTOONS | ISBN-9781787751835

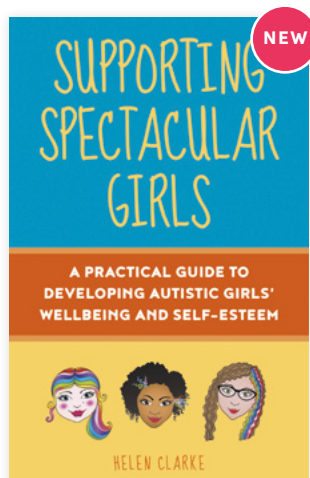
Supporting Spectacular Girls

A Practical Guide to Developing Autistic Girls' Wellbeing and Self-Esteem

Helen Clarke

Foreword by Rebecca Wood

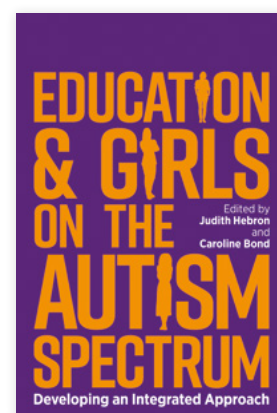
This book provides strategies for teachers and parents to teach life skills to autistic girls aged 11 to 15, and offers ways to support their wellbeing and boost their self-esteem. Includes advice on communication, mental health, self-regulation, transitions and personal safety.



Education and Girls on the Autism Spectrum

Edited by Judith Hebron and Caroline Bond

A multi-disciplinary collection about understanding and addressing the key issues in education for girls with autism. The book offers recommendations for a collaborative and integrated approach within a variety of settings that enable girls on the spectrum to reach their full potential.



AUG 2019 | £22.99 | 280PP | PB | ISBN-9781785924606

OCT 2021 | £18.99 | 272PP | PB | 10 B&W IMAGES | ISBN-9781787755482

PASTORAL

Autism, Bullying and Me

The Really Useful Stuff You Need to Know About Coping Brilliantly with Bullying

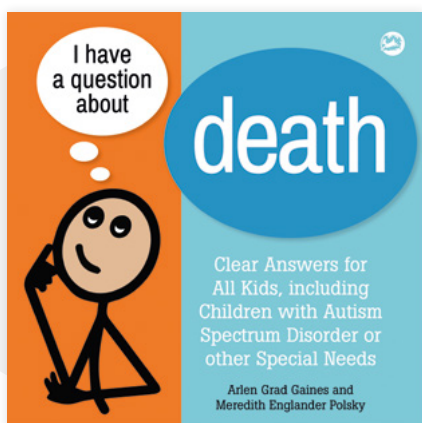
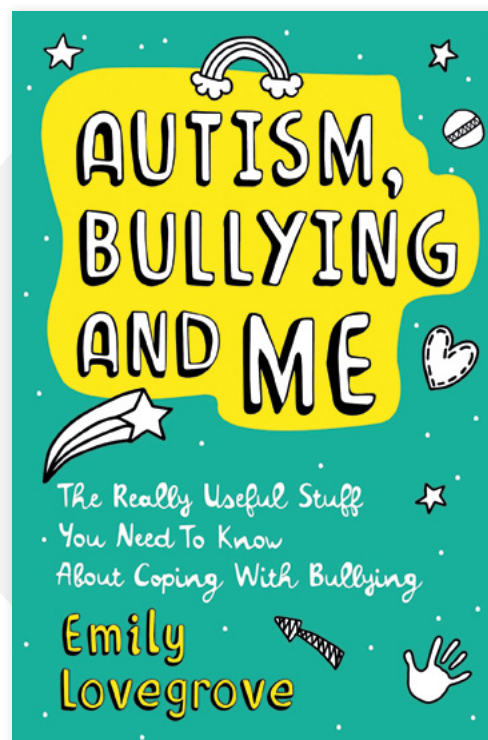
Emily Lovegrove

This accessible guide for autistic children and teens is full of advice for coping successfully with bullying. It helps the reader understand what bullying is and debunks myths such as 'bullying makes you stronger'. It also lays out self-empowering strategies and practical tips on how to deal with situations where they are being bullied.

"I loved Emily's book. Sharp, clever, funny and not patronising or sentimental at all. As an autistic teen who has been bullied, I gained greater understanding of the mindset and actions of those who bully. I also gained greater understanding of myself, and some great coping mechanisms... I would recommend to everyone who need safe strategies, reassurance and support."

– Dara McNulty 16-year-old autistic author and naturalist

MAY 2020 | £12.99 | **10-18 YEARS** | 128PP | PB | ISBN-9781787752139



I Have a Question about Death

Clear Answers for All Kids, including Children with Autism Spectrum Disorder or other Special Needs

Arlen Grad Gaines and Meredith Englander Polsky

"What does it mean when someone dies?" "Why did someone I love have to die?" This book asks questions like these that a child might have about death before offering answers. It uses straightforward text and clear illustrations to explain what death means specifically to children with ASD and other Special Needs aged 5–11.

MAR 2017 | £10.99 | **5-11 YEARS** | 40PP | HB | 80 COLOUR ILLUSTRATIONS | WORLD RIGHTS AVAILABLE | ISBN-9781785927508



I Have a Question about Divorce

A Book for Children with Autism Spectrum Disorder or Other Special Needs

Arlen Grad Gaines and Meredith Englander Polsky

Considering the questions a child might have about divorce, it gently offers answers to them using straightforward text and clear illustrations. Perfect for children aged 5–11 with ASD or other special needs, or for concrete or visual learners

"It is a gift of extraordinary wisdom combined with expert answers to difficult questions."

– Assistant Professor of Psychology at Harvard Medical School

FEB 2018 | £10.99 | **5-11 YEARS** | 40PP | HB | WORLD RIGHTS AVAILABLE | ISBN-9781785927874

BIG FEELINGS

The Panicosaurus

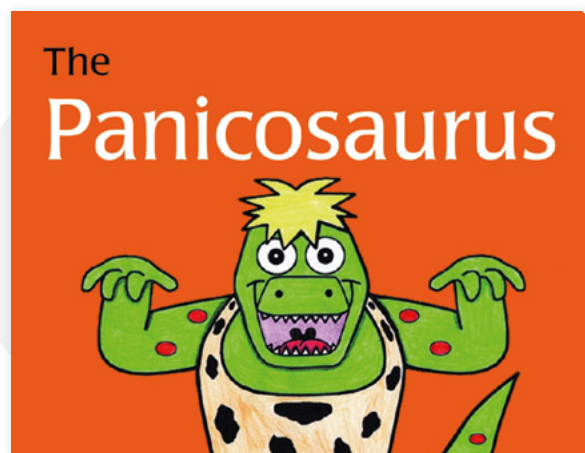
Managing Anxiety in Children Including Those with Asperger Syndrome

K.I. Al-Ghani

Illustrated by Haitham Al-Ghani

This illustrated book teaches children who experience anxiety about Panicosaurus and Smartosaurus and how to help Smartosaurus banish Panicosaurus when he appears at times of stress by using a range of calming techniques. There is a helpful introduction for parents and carers, and a list of techniques for lessening anxiety at the end of the book.

OCT 2012 | £12.99 | **6–11 YEARS** | 56PP | HB | 18 COLOUR ILLUSTRATIONS | RIGHTS SOLD: CHINESE (SIMPLIFIED) | ISBN-9781849053563



The Green-Eyed Goblin

What to do about jealousy – for all children including those on the Autism Spectrum

K.I. Al-Ghani

Illustrated by Haitham Al-Ghani

This illustrated storybook explains jealousy through the story of Theo and his Green-Eyed Goblin. It will encourage children to talk about their feelings and learn how to subdue their own Green-Eyed Goblin for good. A section of tried and tested techniques for using with children, and a helpful introduction for parents and carers is included.

OCT 2016 | £12.99 | **5–13 YEARS** | 48PP | HB | 20 COLOUR ILLUSTRATIONS | WORLD RIGHTS AVAILABLE | ISBN-9781785920912



Help! I've Got an Alarm Bell Going Off in My Head!

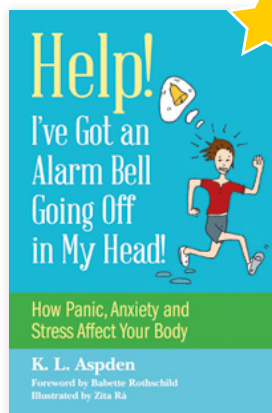
How Panic, Anxiety and Stress Affect Your Body

K.L. Aspden

Illustrated by Zita Ra

Foreword by Babette Rothschild

An illustrated book for children aged 9–11 that explores the science behind our bodies' fight, flight or freeze reactions. With activities to help manage anxiety and keep the nervous system healthy, the book is an incomparable resource for anyone supporting children who are easily angered or anxious including parents, carers and teachers.



Help! My Feelings Are Too Big!

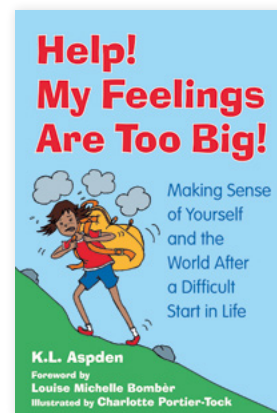
Making Sense of Yourself and the World After a Difficult Start in Life

K. L. Aspden

Illustrated by Charlotte Portier-Tock

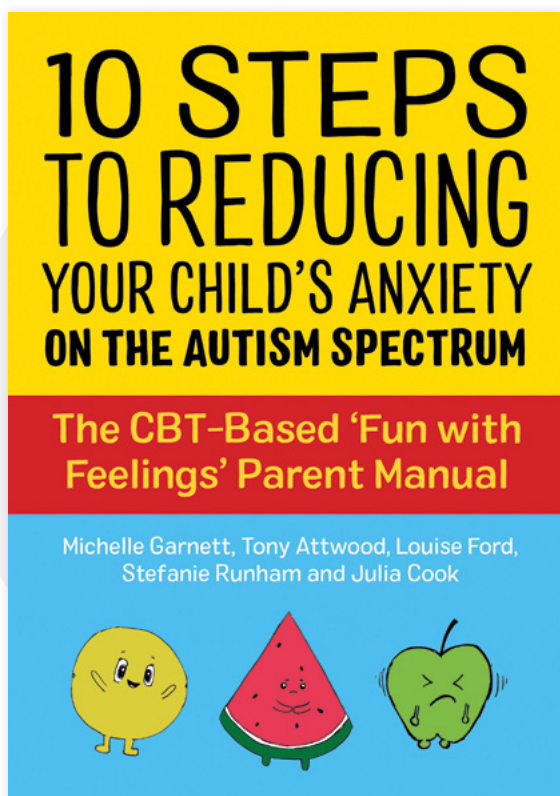
Foreword by Louise Michelle Bombèr

How do you cope when your feelings are just too big? Working through complex issues with respect and compassion, this illustrated children's book explores the emotional impact of anxiety, attachment disorders or early trauma. Age-appropriate language and activities help calm children, build trust and repair relationships.



NOV 2015 | £7.99 | **9–12 YEARS** | 48PP | PB | 37 B&W LINE DRAWINGS | WORLD RIGHTS AVAILABLE | ISBN-9781849057042

MAR 2019 | £9.99 | **9–12 YEARS** | 64PP | PB | 40 B&W LINE DRAWINGS | ISBN-9781785925566



10 Steps to Reducing Your Child's Anxiety on the Autism Spectrum

The CBT-Based 'Fun with Feelings' Parent Manual

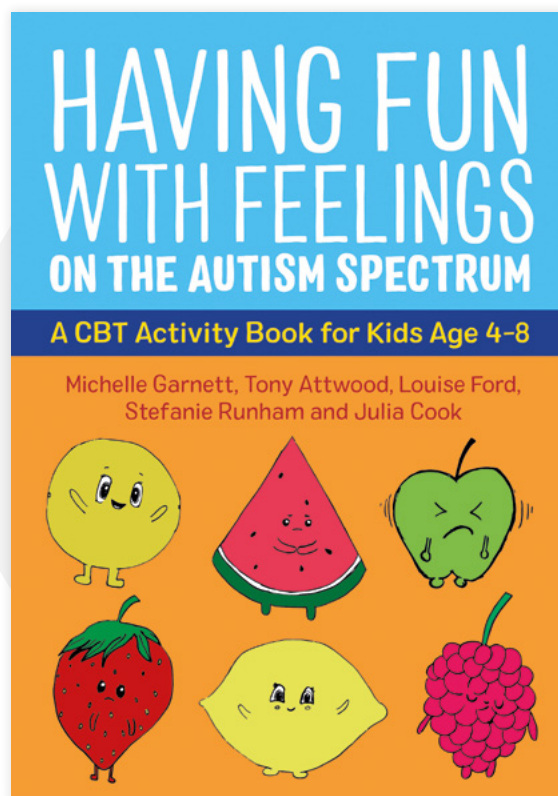
Michelle Garnett, Tony Attwood, Louise Ford, Stefanie Runham and Julia Cook

Recognising, expressing and understanding emotions helps young children make sense of their life experiences. Children diagnosed with autism can have significant difficulties with recognising and processing emotions which can lead to high levels of anxiety as they struggle to make sense of the unpredictable world around them.

The 'Fun with Feelings' programme is designed to help parents support their children with emotional regulation and to decrease anxiety. This guide is structured around 10 stages. The initial four stages prepare parents to implement the programme with their child. These stages help parents understand the causes of anxiety and provide practical strategies for creating a toolbox to reduce anxiety. The final six stages are used in conjunction with *Having Fun with Feelings on the Autism Spectrum: A CBT Activity Book for Kids Age 4–8*, allowing parents to support their child while working through the activity book.

Written by world-leading experts in the field, *10 Steps to Reducing Your Child's Anxiety on the Autism Spectrum* provides the steppingstones for parents of young children with autism to better understand their child's emotional skill set and empower them to understand and articulate their feelings.

MAY 2020 | £14.99 | 256PP | PB | ISBN-9781787753259



Having Fun with Feelings on the Autism Spectrum

A CBT Activity Book for Kids Age 4–8

Michelle Garnett, Tony Attwood, Louise Ford, Stefanie Runham and Julia Cook

This activity book is designed to be used by children on the autism spectrum aged 4–8. The workbook introduces them to 6 'feelings' characters who help them to recognise and express different emotions to reduce anxiety. It is intended to be used with the accompanying guidebook, *10 Steps to Reducing Your Child's Anxiety on the Autism Spectrum*.

"This activity book could really help parents who have a young child on the autism spectrum; but equally in a nursery or KS1 setting, it could be used by a key worker/classroom assistant who has specific responsibility for a child with autism."

– Jill Bennett, Red Reading Hub

MAY 2020 | £9.99 | 4–8 YEARS | 96PP | PB | COLOUR CARTOONS THROUGHOUT | ISBN-9781787753273

Practical Strategies for Assisting Young People on the Autism Spectrum to Manage Anxiety

Dr Theresa Kidd

APR 2022 | £19.99 | 224PP | PB | ISBN-9781787754508

inprinteducational.com

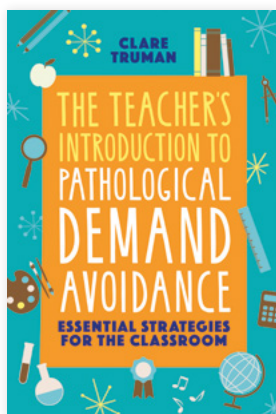
NEW

PATHOLOGICAL DEMAND AVOIDANCE

The Teacher's Introduction to Pathological Demand Avoidance

Essential Strategies for the Classroom
Clare Truman

This useful guide provides practical strategies to support teachers and learning support assistants working with children with pathological demand avoidance syndrome. It outlines ways to adopt a child-led approach to learning and assessment to engage and collaborate with pupils.



“What a clear, positive and creative book! Clare provides a great balance of understanding theory as well as practice with an honest approach to some of the everyday issues facing education practitioners. It offers practical ideas to support engagement and to maximise learning opportunities.”

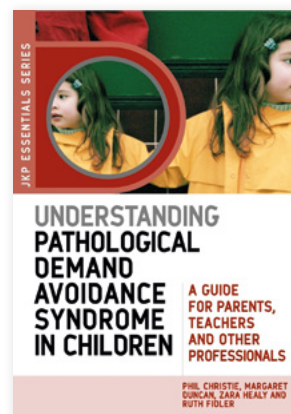
– Ruth Fidler, Education Consultant (supporting complex presentations of autism and wellbeing), Autism Associates

JUL 2021 | £14.99 | 176PP | PB | ISBN-9781787754874

Understanding Pathological Demand Avoidance Syndrome in Children

A Guide for Parents, Teachers and Other Professionals
Phil Christie, Margaret Duncan,
Ruth Fidler and Zara Healy

Written by professionals and parents, this book answers the key questions about PDA and uses case examples throughout to show the impact of the condition on different areas of the child's life. The early intervention options and workable strategies for managing PDA positively will make day-to-day life easier for the child, their family and peers.



“This book is full of helpful guidance and support for anyone caring for, or working with, children with Pathological Demand Avoidance Syndrome (PDS)... This is a comprehensive, user-friendly introductory handbook that offers practical advice for overcoming difficulties from diagnosis through to adulthood.”

– Cerebra

SEP 2011 | £12.99 | 208PP | PB | RIGHTS SOLD: HUNGARIAN | ISBN-9781849050746

OPPOSITIONAL DEFIANT DISORDER

The Teacher's Guide to Oppositional Defiant Disorder

Supporting and Engaging Pupils with Challenging or Disruptive Behaviour in the Classroom
Amelia Bowler

NEW

APR 2022 | £18.99 | 144PP | PB | ISBN-9781787759336

DR. KAREN TREISMAN

ACTIVITY BOOKS (CONTAINING SAME STORIES)

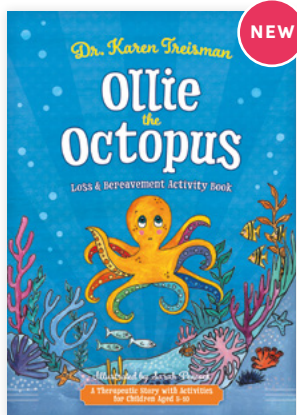
Ollie the Octopus Loss and Bereavement Activity Book

A Therapeutic Story with Activities for Children
Aged 5–10

Dr. Karen Treisman

Illustrated by Sarah Peacock

Dr. Karen Treisman introduces the Ollie the Octopus Activity Book, designed to support children aged 5–10 (and beyond) and their parents, carers and supporting professionals who have experienced a or multiple bereavements, death of loved ones, and losses.



JUN 2021 | £19.99 | 5–10 YEARS | 144PP | FULLY ILLUSTRATED | ISBN-9781787757677

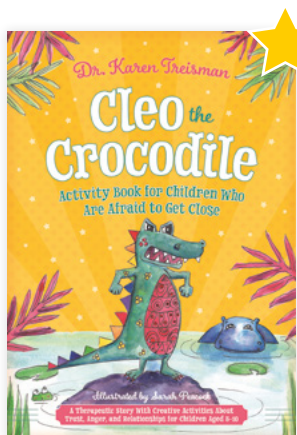
Cleo the Crocodile Activity Book for Children Who Are Afraid to Get Close

A Therapeutic Story With Creative Activities About Trust, Anger, and Relationships for Children Aged 5–10

Dr. Karen Treisman

Illustrated by Sarah Peacock

Dr. Karen Treisman introduces the Cleo the Crocodile Activity Book, designed to support children who have had difficult upbringings



MAY 2019 | £19.99 | 5–10 YEARS | 160PP | PB | ISBN-9781785925511

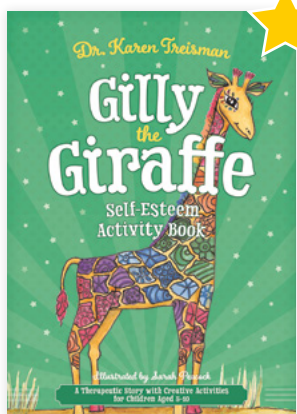
Gilly the Giraffe Self-Esteem Activity Book

A Therapeutic Story with Creative Activities for Children Aged 5–10

Dr. Karen Treisman

Illustrated by Sarah Peacock

Dr. Karen Treisman introduces the Gilly the Giraffe Activity Book, designed to support children aged 5–10 in improving their self-esteem, confidence, resilience, and self-belief.



JAN 2019 | £19.99 | 5–10 YEARS | 144PP | PB | 20 COLOUR ILLUSTRATIONS | RIGHTS SOLD: ROMANIAN | ISBN-9781785925528

STANDALONE STORYBOOKS (NO ACTIVITIES)

Ollie the Octopus and the Memory Treasures

A Story to Help Kids After Loss or Bereavement

Dr. Karen Treisman

Illustrated by Sarah Peacock

A therapeutic story to help children aged 5–10 to understand and process loss and bereavement.

AUG 2021 | £9.99 | 5–10 YEARS | 32PP | PB | ILLUSTRATED THROUGHOUT | ISBN-9781839970238

**Cleo the Crocodile's New Home**

A Story to Help Kids After Trauma

Dr. Karen Treisman

Illustrated by Sarah Peacock

A therapeutic story to help children aged 5–10 who are dealing with trauma, to explore issues related to anger, attachment and trust.

AUG 2021 | £9.99 | 5–10 YEARS | 40PP | PB | ILLUSTRATED THROUGHOUT | ISBN-9781839970276

**Gilly the Giraffe Learns to Love Herself**

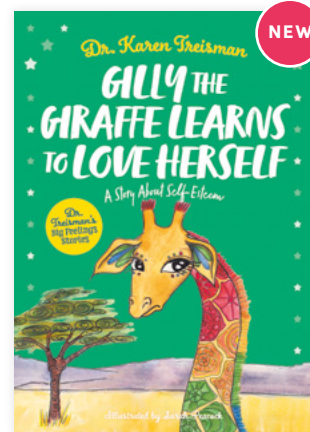
A Story About Self-Esteem

Dr. Karen Treisman

Illustrated by Sarah Peacock

A therapeutic story to help children aged 5–10 to improve their self-esteem and confidence.

AUG 2021 | £9.99 | 5–10 YEARS | 40PP | PB | ILLUSTRATED THROUGHOUT | ISBN-9781839970290



ACTIVITY BOOKS (CONTAINING SAME STORIES)

Binnie the Baboon Anxiety and Stress Activity Book

A Therapeutic Story with Creative and CBT Activities To Help Children Aged 5–10

Who Worry

Dr. Karen Treisman

Illustrated by Sarah Peacock

Dr. Karen Treisman introduces the Binnie the Baboon Activity Book, which is designed to help support children aged 5–10 who experience worry and anxiety to overcome these difficult feelings.



NOV 2019 | £19.99 | **5–10 YEARS** | 176PP | PB | ISBN-9781785925542

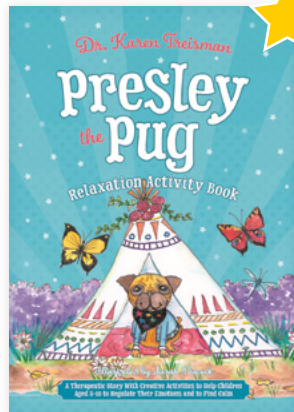
Presley the Pug Relaxation Activity Book

A Therapeutic Story With Creative Activities to Help Children Aged 5–10 to Regulate Their Emotions and to Find Calm

Dr. Karen Treisman

Illustrated by Sarah Peacock

Dr. Karen Treisman introduces the Presley the Pug Activity Book, designed to help children aged 5–10 to relax and find their calm place.



JUN 2019 | £19.99 | **5–10 YEARS** | 152PP | PB | WORLD ALL LANGUAGES | ISBN-9781785925535

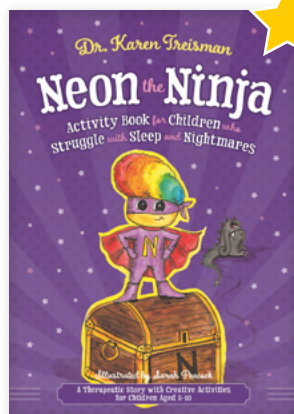
Neon the Ninja Activity Book for Children who Struggle with Sleep and Nightmares

A Therapeutic Story with Creative Activities for Children Aged 5–10

Dr. Karen Treisman

Illustrated by Sarah Peacock

Dr. Karen Treisman introduces the Neon the Ninja Activity Book, the ideal night-time companion for helping children aged 5–10 with nightmares and sleeping difficulties.



DEC 2018 | £19.99 | **5–10 YEARS** | 128PP | PB | ISBN-9781785925504

STANDALONE STORYBOOKS (NO ACTIVITIES)

Binnie the Baboon and the Big Worries

A Story to Help Kids with Anxiety

Dr. Karen Treisman

Illustrated by Sarah Peacock

A therapeutic story to help children aged 5–10 to understand feelings of anxiety and stress.

AUG 2021 | £9.99 | **5–10 YEARS** | 48PP | PB | ILLUSTRATED THROUGHOUT | ISBN-9781839970252

**Presley the Pug and the Tranquil Teepee**

A Story to Help Kids Relax and Self-Regulate

Dr. Karen Treisman

Illustrated by Sarah Peacock

A therapeutic story to help children aged 5–10 to relax and find their sense of calm.

AUG 2021 | £9.99 | **5–10 YEARS** | 48PP | PB | ILLUSTRATED THROUGHOUT | ISBN-9781839970313

**Neon the Ninja Meets the Nightmares**

A Story to Help Kids to Sleep

Dr. Karen Treisman

Illustrated by Sarah Peacock

A therapeutic story to help children aged 5–10 tackle nightmares and sleeping difficulties

AUG 2021 | £9.99 | **5–10 YEARS** | 32PP | PB | ILLUSTRATED THROUGHOUT | ISBN-9781839970191



KATE COLLINS-DONNELLY



Starving the Anger Gremlin

A Cognitive Behavioural Therapy Workbook on Anger Management for Young People

A CBT workbook to help children manage anger from the award winning Gremlin series.

JAN 2012 | £12.99 | **10-16 YEARS** | 88PP | PB | B&W ILLUSTRATIONS | RIGHTS SOLD: GERMANY | ISBN-9781849052863

Starving the Stress Gremlin

A Cognitive Behavioural Therapy Workbook on Stress Management for Young People

Worksheets and fun activities to help children to starve their stress gremlin.

JAN 2013 | £12.99 | **10+ YEARS** | 136PP | PB | 10 B&W LINE DRAWINGS | RIGHTS SOLD: GERMANY | ISBN-9781849053402

Starving the Anxiety Gremlin

A Cognitive Behavioural Therapy Workbook on Anxiety Management for Young People

A unique and award-winning resource to help young people understand different types of anxiety and how to manage them.

JAN 2013 | £12.99 | **10-16 YEARS** | 168PP | PB | 12 B&W LINE DRAWINGS | RIGHTS SOLD: DUTCH, GERMANY | ISBN-9781849053419

Starving the Depression Gremlin

A Cognitive Behavioural Therapy Workbook on Managing Depression for Young People

Illustrated by Kate Collins-Donnelly and Tina Gothard

A self-help tool based on CBT to help young people to manage feelings of low mood and sadness.

JUL 2019 | £14.99 | **10-16 YEARS** | 280PP | PB | 138 B&W LINE DRAWINGS | WORLD RIGHTS AVAILABLE | ISBN-9781849056939

Starving the Exam Stress Gremlin

A Cognitive Behavioural Therapy Workbook on Managing Exam Stress for Young People

An accessible, practical workbook to help young people aged 10+ understand exam stress and learn how manage it.

OCT 2017 | £12.99 | **10-16 YEARS** | 160PP | PB | B&W LINE DRAWINGS | RIGHTS SOLD: GERMANY | ISBN-9781849056984

Starving the Anxiety Gremlin for Children Aged 5-9

A Cognitive Behavioural Therapy Workbook on Anxiety Management

From the successful Gremlin series, a CBT approach to manage anxiety in children.

AUG 2014 | £12.99 | **5-9 YEARS** | 192PP | PB | 100+ B&W ILLUSTRATIONS | WORLD RIGHTS AVAILABLE | ISBN-9781849054928

Starving the Anger Gremlin for Children Aged 5-9

A Cognitive Behavioural Therapy Workbook on Anger Management

Fun CBT workbook to help children understand and manage their anger.

AUG 2014 | £12.99 | **5-9 YEARS** | 176PP | PB | 100+ B&W ILLUSTRATIONS | WORLD RIGHTS AVAILABLE | ISBN-9781849054935

Starving the Self-Harm Gremlin

A Cognitive Behavioural Therapy Workbook on Overcoming Self-Harm for Young People

JAN 2023 | £14.99 | **10-16 YEARS** | 176PP | PB | 70 B&W LINE DRAWINGS | ISBN-9781787753785

NEW

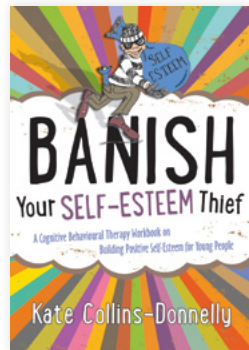
Banish Your Self-Esteem Thief

A Cognitive Behavioural Therapy Workbook on Building Positive Self-Esteem for Young People

Kate Collins-Donnelly

A CBT workbook to help young people stay positive and feel great!

APR 2014 | £14.99 | 240PP | PB | 19 B&W LINE DRAWINGS | RIGHTS SOLD: DANISH, GERMAN, TURKISH | ISBN-9781849054621



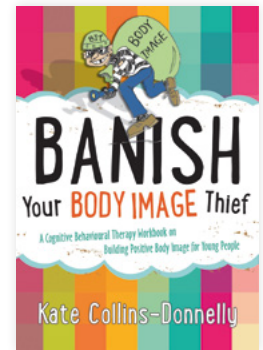
Banish Your Body Image Thief

A Cognitive Behavioural Therapy Workbook on Building Positive Body Image for Young People

Kate Collins-Donnelly

A fun CBT approach to promote positive body image in young people.

MAR 2014 | £14.99 | 240PP | PB | 22 B&W LINE DRAWINGS | RIGHTS SOLD: GERMAN | ISBN-9781849054638



HANDBOOKS FOR HANDLING EMOTIONS

My Intense Emotions Handbook

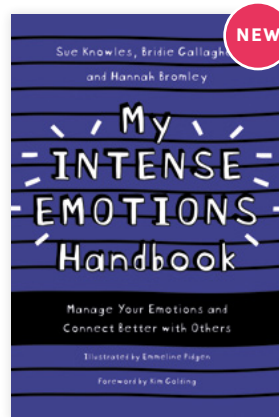
Manage Your Emotions and Connect Better with Others

Sue Knowles, Bridie Gallagher and Hannah Bromley

Illustrated by Emmeline Pidgen

Foreword by Kim Golding

Relatable insights and practical strategies for navigating intense emotions as a teen or young person. Drawing on DBT techniques and stories from young people themselves, this guide will build resilience for coping with overwhelming feelings, so readers aged 14+ can have healthy relationships and tackle emotional challenges that come their way.



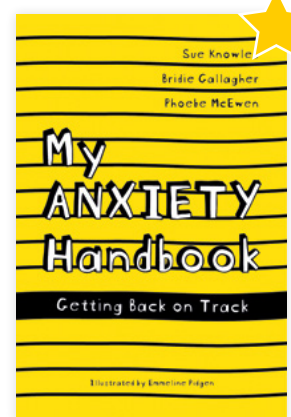
My Anxiety Handbook

Getting Back on Track

Sue Knowles, Bridie Gallagher and Phoebe McEwen

Illustrated by Emmeline Pidgen

An accessible, easy to use anxiety survival guide for young people aged 12–18. Co-authored by psychologists and a young person with anxiety, it looks at the causes of anxiety and offers tested methods and simple exercises to reduce the reader's anxious feelings. Includes chapters on sleep, exams and transitions.



JAN 2018 | £12.99 | **12–18 YEARS** | 192PP | PB | 14 B&W ILLUSTRATIONS | RIGHTS SOLD: SPANISH, INDONESIAN | ISBN-9781785924408

“This book is absolutely brilliant. The authors took a library full of therapy books and distilled their essence into a book all 14-year olds and almost every therapist will be able to understand. It is crystal clear, wide ranging, and always helpful.”

– Professor Peter Fonagy OBE FMedSci FBA FAcSS, Chief Executive, Anna Freud National Centre for Children & Families

JAN 2021 | £12.99 | **14+ YEARS** | 224PP | PB | 14 B&W ILLUSTRATIONS | RIGHTS SOLD: TURKISH | ISBN-9781787753822

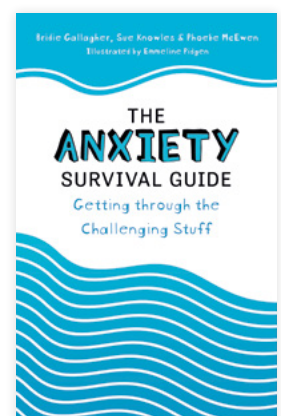
The Anxiety Survival Guide

Getting through the Challenging Stuff

Bridie Gallagher, Sue Knowles and Phoebe McEwen

Illustrated by Emmeline Pidgen

An accessible, easy to use anxiety survival guide for young people becoming adults aged 18–25. Co-authored by psychologists and a young person with anxiety, it looks at the causes of anxiety and offers simple strategies and exercises to reduce anxious feelings. Includes chapters on studying, moving out, interview strategies, OCD and panic attacks.



SEP 2019 | £12.99 | **18–25 YEARS** | 224PP | PB | 14 B&W ILLUSTRATIONS | RIGHTS SOLD: SIMPLIFIED CHINESE | ISBN-9781785926419

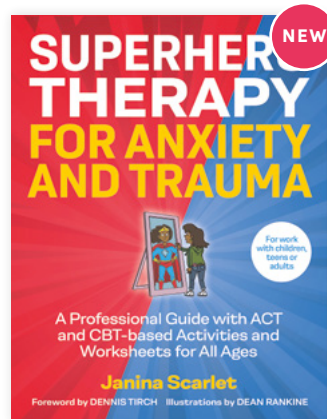
Superhero Therapy for Anxiety and Trauma

A Professional Guide with ACT and CBT-based Activities and Worksheets for All Ages

Janina Scarlet

Illustrated by Dean Rankine

Foreword by Dennis Tirch



Combining popular culture with evidence-based therapy, this professional guide provides the tools needed to empower and support clients of all ages who are dealing with anxiety and trauma. It encourages clients to reframe their experiences as part of their superhero journey and includes a range of engaging activities and worksheets to download.

“Janina Scarlet inspires therapists to tap into their own superhero powers to enact effective change in others. In this practical guide, she masterfully demonstrates how to utilize therapy interventions in a context that is powerful and meaningful to clients.”

– Lanaya L. Ethington, Ph.D., co-founder of Thrive Behavioral Health

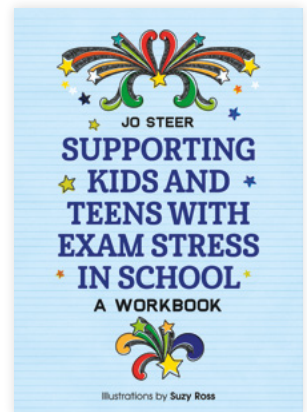
AUG 2021 | £22.99 | 224PP | PB | 17 B&W CARTOONS | ISBN-9781787755543

Supporting Kids and Teens with Exam Stress in School

A Workbook

Joanne Steer

Illustrated by Suzy Ross



This fun, interactive workbook offers parents and professionals tried and tested techniques to support children dealing with exam stress, with chapters focused on lifestyle management (exercise, diet, work-fun balance), CBT tools (relaxation, positive self-talk, thought challenging) and other psychological methods (such as mindfulness).

“A versatile, user friendly and highly practical resource that I can see will be of benefit for young people, their parents and a range of professionals.”

– Dr. Rebecca Williamson, Senior Educational Psychologist, Achieving for Children and Academic and Professional Tutor, University College London

MAR 2019 | £22.99 | 10–18 YEARS | 184PP | PB | 40 B&W ILLUSTRATIONS | ISBN-9781785924675

ANGER

Anger the Ancient Warrior

A Story and Workbook with CBT Activities to Master Your Anger

Sarah Trueman and Sara Godoli

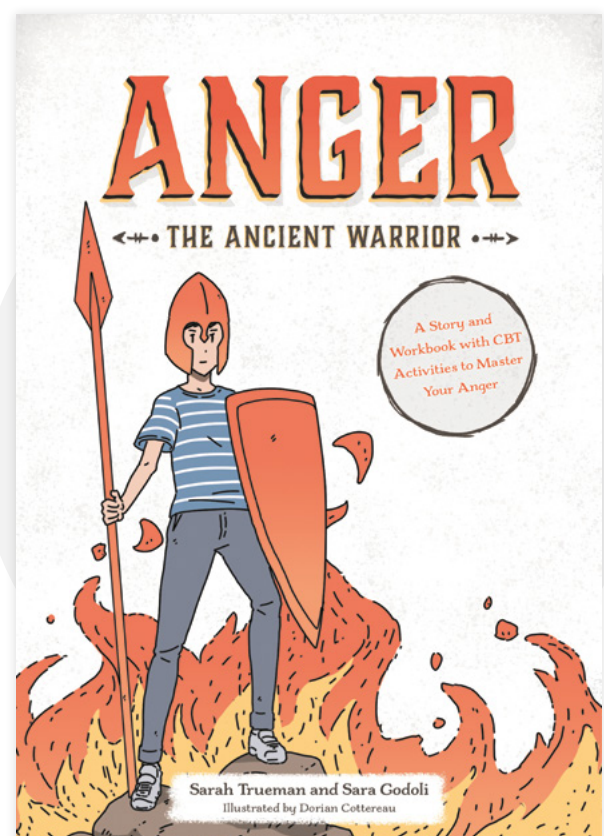
Illustrated by Dorian Cottreau

Anger is a strong emotion, which can feel overwhelming. *Anger the Ancient Warrior* shows children how to master their anger and stop it causing unnecessary pain. This story and workbook with CBT activities helps children to understand their anger and teaches them how to live comfortably with it.

“In a school setting, this book will be of enormous help for children, teachers and counsellors offering an unthreatening way in to a difficult and highly personal topic.”

– Jill Walkinton, BBC Educational Consultant & retired Head of SEN, Burgess Hill Girl's School

JUL 2020 | £12.99 | 8–12 YEARS | 56PP | PB | FULLY ILLUSTRATED THROUGHOUT | ISBN-9781787753686



inprinteducational.com

OCD

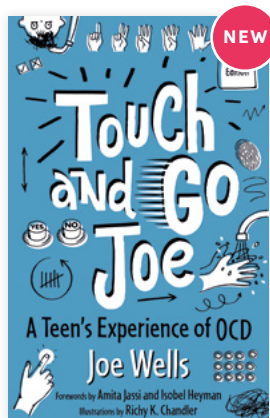
Touch and Go Joe, Updated Edition**A Teen's Experience of OCD**

Joe Wells

Illustrated by Richy K. Chandler

Forewords by Isobel Heyman

and Amita Jassi

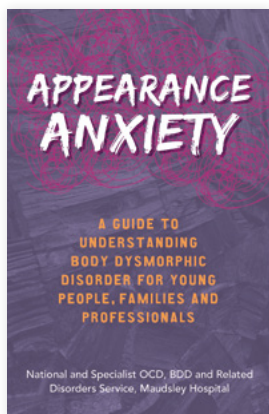


Written from a teenager's perspective, this book talks openly and honestly about what it's like to have OCD. It is packed with great advice, coping mechanisms, and, most of all, a voice that understands. This edition includes a new chapter, written 16 years on, describing how Joe has learned to overcome OCD.

JUL 2021 | £12.99 | **12-18 YEARS** | 160PP | PB | 20 B&W CARTOONS | ISBN-9781787757776

Appearance Anxiety**A Guide to Understanding Body Dysmorphic Disorder for Young People, Families and Professionals**

National and Specialist OCD, BDD and Related Disorders Service, Maudsley Hospital



Provides insight in to the causes, impact and treatments available for BDD for teens and young people. This guide increases awareness of BDD and the personal stories included from teens offer support for readers with the disorder.

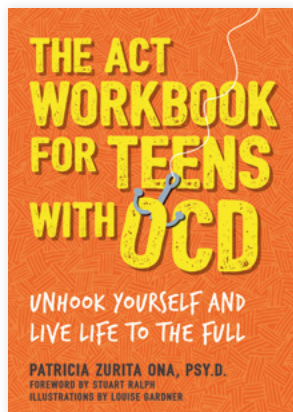
MAR 2019 | £10.99 | 88PP | PB | 7 B&W IMAGES | WORLD RIGHTS AVAILABLE | ISBN-9781785924569

The ACT Workbook for Teens with OCD**Unhook Yourself and Live Life to the Full**

Patricia Zurita Ona, Psy.D

Illustrated by Louise Gardner

Foreword by Stuart Ralph



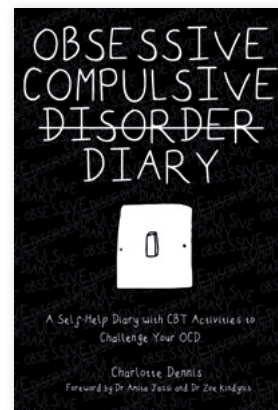
This workbook is the first to use Acceptance and Commitment Therapy (ACT) for teens struggling with OCD. It helps guide the reader to overcome compulsive and avoidant behaviours in everyday situations, with top tips, examples of other teens' experiences and lots of fun and practical activities.

DEC 2019 | £16.99 | **12-18 YEARS** | 272PP | PB | 25 B&W CARTOONS | ISBN-9781787750838

Obsessive Compulsive Disorder Diary**A Self-Help Diary with CBT Activities to Challenge Your OCD**

Charlotte Dennis

Foreword by Amita Jassi and Zoe Kindynis



Charlotte Dennis has experienced Obsessive Compulsive Disorder her entire life. From her own experiences with CBT she has created the *Obsessive Compulsive Disorder Diary*, a self-help guide full of activities to support those who experience OCD and are waiting for therapy, or to continue managing their obsessions and compulsions after therapy.

"A wonderful, interactive book that integrates an inspiring personal account of recovery from OCD, key elements of the evidence-based treatment for OCD, and additional helpful features. Charlotte presents a brave, honest, and motivating guide to recovery."

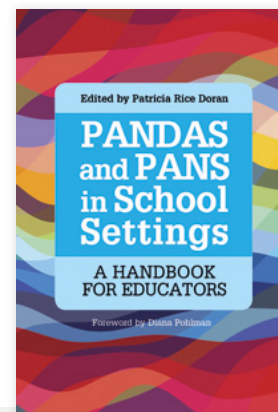
– Dr Amita Jassi, Consultant Clinical Psychologist and Dr Zoe Kindynis, Clinical Psychologist, National & Specialist OCD, BDD and Related Disorders Clinic

SEP 2019 | £12.99 | **12 YEARS** | 144PP | PB | 20 B&W | RIGHTS SOLD: TURKISH | ISBN-9781787750531

PANDAS and PANS in School Settings**A Handbook for Educators**

Edited by Patricia Rice Doran

Foreword by Diana Pohlman



Understand how to identify and support students with PANDAS and PANS in school settings with this practical handbook for educators.

"This book will serve as a lifeline to teachers and families who are touched by the devastating diagnosis of PANDAS/PANS. The explanations and recommendations for an appropriate and flexible school program will help to support positive school outcomes for these children."

– Jeanne Kane, M.A., HEAL School Reentry Program Coordinator and Educational Specialist, Lucile Packard Children's Hospital Stanford

AUG 2016 | £16.99 | 264PP | PB | 6 B&W PHOTOGRAPHS | WORLD RIGHTS AVAILABLE | ISBN-9781849057448

LLOYD JONES

The Nervous Knight

A Story about Overcoming Worries and Anxiety

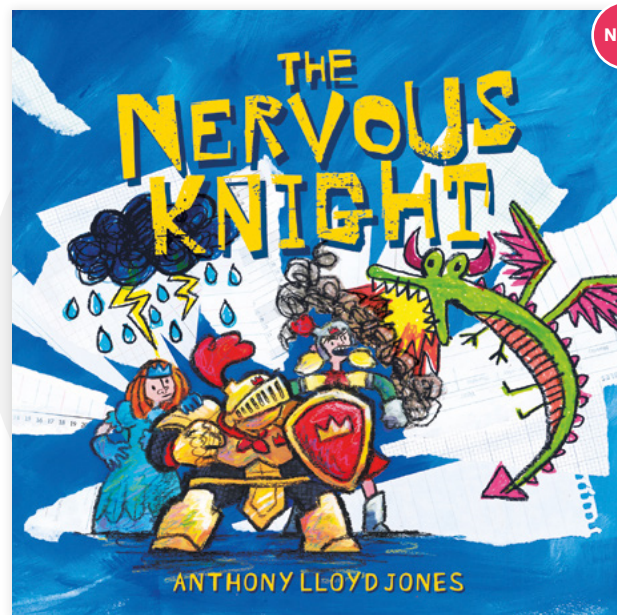
Anthony Lloyd Jones

The nervous knight never likes to take their armour off – what if something bad happens?! All they can think about is what could go wrong. But thankfully, with some help from friends, they learn to overcome this feeling. This picture book explains anxiety to children and contains a guide for parents that gives suggestions on how to overcome it.

“Beautifully written, imaginatively illustrated and full of practical ideas to enable nervous young knights to begin to remove their anxiety armour.”

– Dr Pooky Knightsmith, Director of Creative Education and author

JAN 2021 | £11.99 | **5-7 YEARS** | 48PP | HB | COLOUR ILLUSTRATIONS THROUGHOUT | ISBN-9781787754164



The Princess and the Fog

A Story for Children with Depression

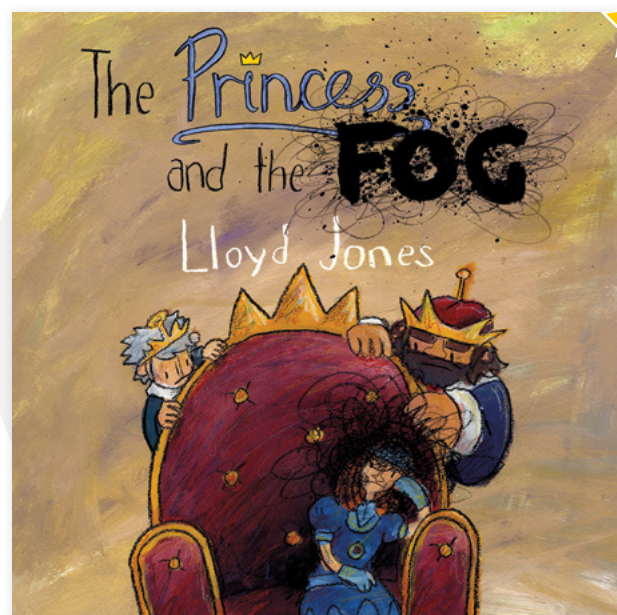
Lloyd Jones

Illustrated by Lloyd Jones

With a contribution by Melinda Edwards MBE and Dr Linda Bayliss

This vibrantly illustrated story is designed to be read with children aged 5-7 who are suffering from depression. Using metaphor and full of humour, it is a relatable, enjoyable and positive read for all. The book also includes a guide for parents and carers by clinical paediatric psychologists, Dr Melinda Edwards MBE and Linda Bayliss.

JUN 2015 | £10.99 | **5-7 YEARS** | 48PP | HB | COLOUR ILLUSTRATIONS THROUGHOUT | RIGHTS SOLD: SPANISH | ISBN-9781849056557



inprinteducational.com

TRAUMA-INFORMED SCHOOLS

A Treasure Box for Creating Trauma-Informed Organizations

A Ready-to-Use Resource for Trauma, Adversity, and Culturally Informed, Infused and Responsive Systems

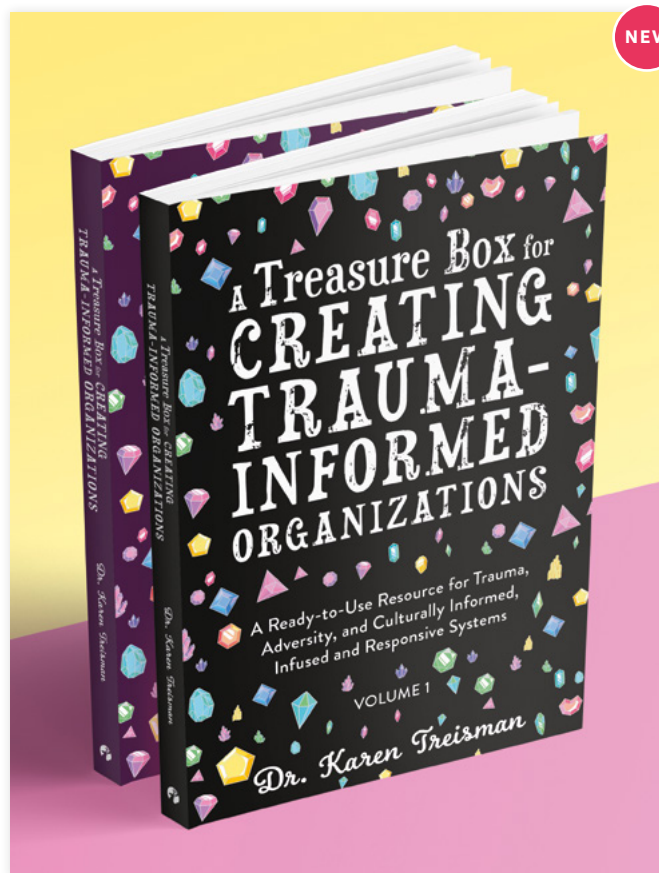
Dr. Karen Treisman

A valuable one-stop resource from bestselling author Dr. Karen Treisman on getting organizations truly trauma, adversity, and culturally informed, infused, and responsive. Packed with full-colour photocopiable worksheets, downloadable materials, and exercises ready to use with your workforce, this is the ultimate guide to weaving a deep understanding of trauma and adversity into the very fabric of your organization.

“This is such an exciting and much-needed contribution to the field of trauma-informed care... Dr. Treisman’s book demonstrates the importance and interconnect-edness of the multiple layers and levels of this work in a way that is accessible and inspiring.”

– Mandy Davis, LCSW, PhD, Director of Trauma Informed Oregon, and Associate Professor of Practice, School of Social Work, Portland State University

APR 2021 | £80.00 | 720PP | PB | 254 COLOUR IMAGES AND WORKSHEETS | ISBN-9781787753129

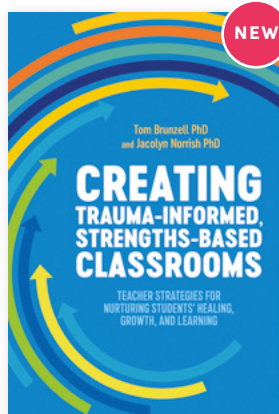


Creating Trauma-Informed, Strengths-Based Classrooms

Teacher Strategies for Nurturing Students’ Healing, Growth, and Learning

Tom Brunzell and Jacolyn Norrish

This accessible guide advises teachers on creating classroom environments that promote healing and growth for all students, particularly the most vulnerable. Grounded not only in trauma-informed education but in positive psychology, this book helps teachers to set up the most vulnerable students to heal from trauma, build resilience and fulfil their full academic potential.



MAY 2021 | £22.99 | 272PP | PB | ISBN-9781787753747

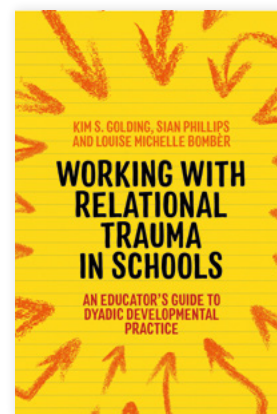
Working with Relational Trauma in Schools

An Educator’s Guide to Using Dyadic Developmental Practice

Kim S. Golding, Sian Phillips and Louise Michelle Bombèr

Foreword by Dan Hughes

Experienced clinicians show how educators can easily use a proven psychological model to help pupils who have experienced relational trauma. Contains everything required to embed it into teaching practice, including building connections with students and teachers, exploration of the theory, and practical applications.



DEC 2020 | £22.99 | 256PP | PB | RIGHTS SOLD: ESTONIAN | ISBN-9781787752191

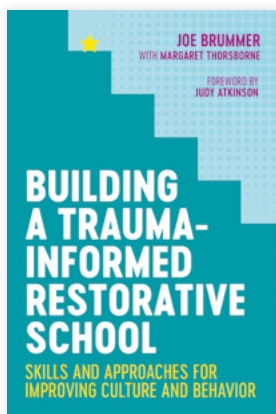
Building a Trauma-Informed Restorative School

Skills and Approaches for Improving Culture and Behavior

Joe Brummer with Margaret Thorsborne

Foreword by Judy Atkinson

Everything educators need to know about developing trauma-informed restorative practices in their education settings. Includes the theory and philosophy of restorative approaches and being trauma-informed, the five restorative skills, and how these can be put into practice. All strategies are appropriate for those who have experienced trauma.



DEC 2020 | £22.99 | 240PP | PB | ISBN-9781787752672

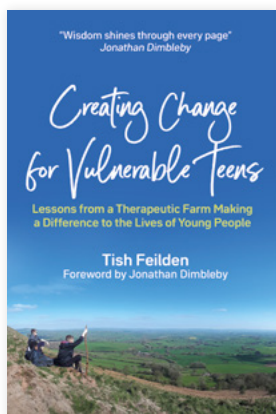
Creating Change for Vulnerable Teens

Lessons from a Therapeutic Farm Making a Difference to the Lives of Young People

Tish Feilden

Foreword by Jonathan Dimbleby

Offering an innovative approach built on years of experience working with troubled teenagers, this book aims to unravel the mysteries surrounding teenage behaviours and defences. It supports schools and child welfare professionals to build positive relationships with at-risk young people.



“This is a book all secondary teachers should read and I wish I’d read it when I was a parent of teenagers too. Tish really understands the need for structure and boundaries teenagers need but also the complexity of this phase of our lives and the need to show empathy and space for communication and forgiveness. This is a book all secondary teachers should read and I wish I’d read it when I was a parent of teenagers too. Tish really understands the need for structure and boundaries teenagers need but also the complexity of this phase of our lives and the need to show empathy and space for communication and forgiveness.”

– Dame Sally Coates

OCT 2020 | £14.99 | 160PP | PB | ISBN-9781787755369

Hell Yeah Self-Care!

A Trauma-Informed Workbook

Alex Iantaffi and Meg-John Barker

An activity-based journal exploring self-care in all its forms. This book delves into the why and the how of self-care, examining why it is so foundational to our wellbeing and how we can implement it in our daily lives, drawing on a diverse range of approaches.



“With tenderness and expertise, Alex Iantaffi and Meg-John Barker have written a powerful book for those of us who are on a path of healing and are distrustful of the mainstream disease model of mental health. Highly recommended.”

– Sascha Altman DuBrul, co-founder of The Icarus Project

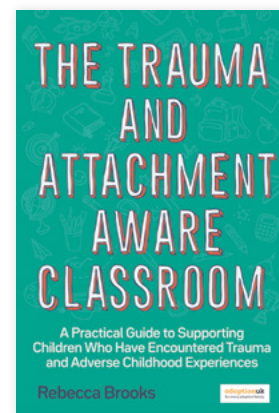
JAN 2021 | £14.99 | 272PP | PB | B&W ILLUSTRATIONS THROUGHOUT | ISBN-9781787752450

The Trauma and Attachment-Aware Classroom

A Practical Guide to Supporting Children Who Have Encountered Trauma and Adverse Childhood Experiences

Rebecca Brooks

Offering teachers and other education staff guidance on how to work with children who have experienced trauma, this practical book is full of hands-on tips and guidance as to the most effective ways they can offer support. It covers a wide breadth of topics such as behavioural issues and home and school co-operation.



SEP 2019 | £16.99 | 200PP | PB | ISBN-9781785925580

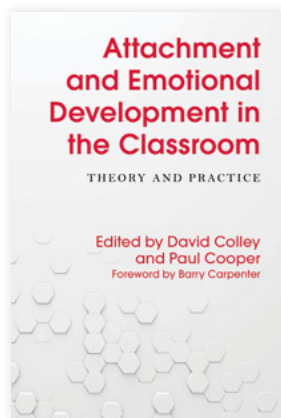
Attachment and Emotional Development in the Classroom

Theory and Practice

Edited by David Colley and Paul Cooper

Foreword by Barry Carpenter

As part of preparation for the classroom, it's key for trainee teachers to understand the emotional needs of students. This book provides a clear introduction to emotional development and attachment, offering advice and guidance from a diverse range of professional perspectives including psychology, health and education.



"This is an important book. David Colley and Paul Cooper have brought together an important and highly engaging set of contributions to the topic of attachment and emotional development in the classroom. The text grounds recent research in the reality of classroom activity and it will make a very important contribution to the development of practice in schools and the reflections of those who are preparing for professional engagement with some of the most vulnerable young people in our society."

– Professor Harry Daniels, Department of Education, Oxford University

AUG 2017 | £19.99 | 336PP | PB | WORLD RIGHTS AVAILABLE | ISBN-9781785921346

SIMPLE GUIDES



The Simple Guide to Attachment Difficulties in Children

What They Are and How to Help

Betsy de Thierry

Illustrated by Emma Reeves

Foreword by Carrie Grant

Full of helpful information and advice, this is the perfect introduction for any adult parenting or caring for a child who has experienced attachment difficulties. It explains what we know about them and how they impact on children, as well as offering advice and tips.

JUL 2019 | £9.99 | 120PP | PB | 10 LINE DRAWINGS | WORLD ALL LANGUAGES | ISBN-9781785926396

The Simple Guide to Understanding Shame in Children

What It Is, What Helps and How to Prevent Further Stress or Trauma

Betsy de Thierry

Illustrated by Emma Reeves

Foreword by Dr Marc Bush

Full of helpful information and advice, this is the perfect introduction for any adult caring for or working with a child who has experienced shame. It explains what shame is, how it affects children and what adults can do to help them overcome it.

OCT 2018 | £9.99 | 112PP | PB | 10 LINE DRAWINGS | RIGHTS SOLD: ROMANIAN | ISBN-9781785925054

The Simple Guide to Sensitive Boys

How to Nurture Children and Avoid Trauma

Betsy de Thierry

Illustrated by Emma Reeves

Foreword by Jane Evans

This book simply shows adults how to understand and care for sensitive boys who don't conform to male stereotypes such as 'boys don't cry'. Explaining how to improve children's wellbeing by encouraging them to embrace their individuality, it gives down-to-earth advice on how to help sensitive boys grow up happy and confident.

OCT 2017 | £9.99 | 104PP | PB | B&W LINE DRAWINGS | RIGHTS SOLD: CHINESE (COMPLEX), ROMANIAN | ISBN-9781785923258

My Book of Feelings

A Book to Help Children with Attachment Difficulties, Learning or Developmental Disabilities Understand their Emotions

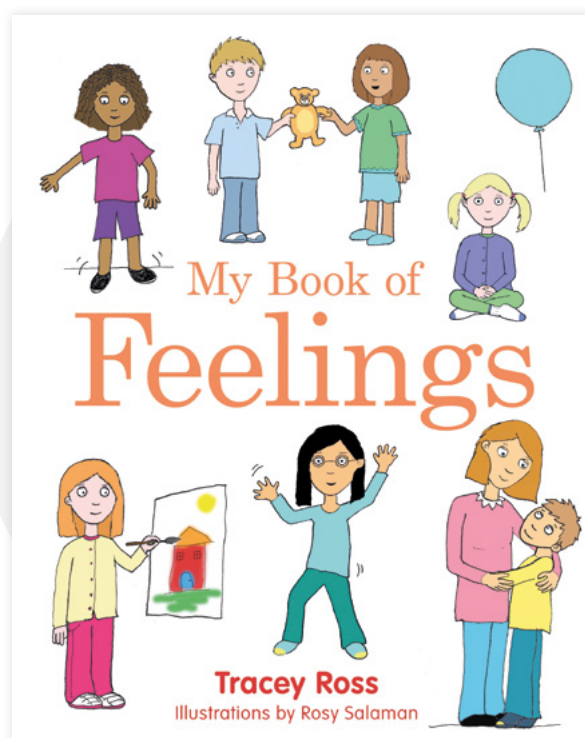
Tracey Ross

Illustrated by Rosy Salaman

Some children find it difficult to understand and manage their feelings. This picture book helps children aged 5+ understand why they might experience particular feelings, and offers suggestions for things to do when they are overloaded with emotion. Suitable for all children, particularly those with attachment issues or developmental disabilities.

“Amazing. This book explores an array of feelings using easy-to-understand language and visuals, and it provides a range of helpful strategies to support these feelings. We particularly like the personalised section at the end of the book – a chance for children to explore their own feelings and record the strategies that best support their own individual needs. A must for any parent or provider working with young children.”

– Langenhoe Community Primary School, UK



MAR 2017 | £10.99 | 5–10 YEARS | 40PP | HB | COLOUR ILLUSTRATIONS THROUGHOUT | RIGHTS SOLD: TURKISH | ISBN-9781785921926

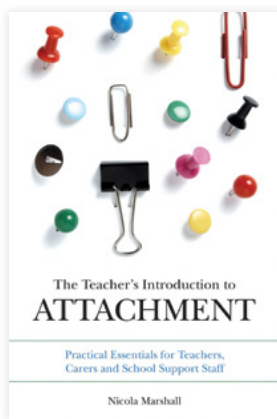
The Teacher's Introduction to Attachment

Practical Essentials for Teachers, Carers and School Support Staff

Nicola Marshall

Foreword by Phil Thomas

An easy to read, easy to use introduction for teachers and school support staff which gives practical advice on how to help children with attachment difficulties in school.



“I found this book to be enormously helpful and also reassuring. It bolstered my toolkit of resources to understand and help the vulnerable children I come across – and it reassured me that I am equipped to help: those children I think are hard to reach are actually within my reach and I can be the person to help them... Compassionate and intelligent [this is] an accessible book for all.”

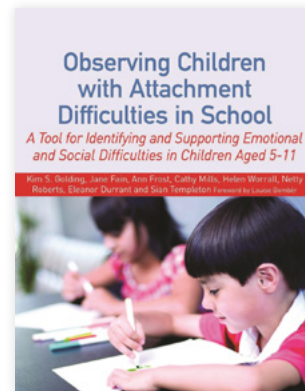
– Phil Thomas, Teacher, Headteacher and Resilience Trainer

JUL 2014 | £13.99 | 160PP | PB | RIGHTS SOLD: ESTONIAN | ISBN-9781849055505

Observing Children with Attachment Difficulties in School

A Tool for Identifying and Supporting Emotional and Social Difficulties in Children Aged 5–11

Kim S. Golding, Jane Fain, Ann Frost, Cathy Mills, Helen Worrall, Netty Roberts, Eleanor Durrant and Sian Templeton



An observational tool designed to help structure observations of children aged 5 – 11 with attachment issues in school. Simple checklists and diagrams help to identify emotional and behavioural problems, and hand-outs with activities are provided to provide emotional support and identify appropriate interventions.

“This book is overfilling with useful information. It is an excellent resource for teachers, teaching assistants, educational psychologists and play therapists to help understand the sensitive emotional needs of children and identify what kind of support to put in place.”

– Play for Life

NOV 2012 | £22.99 | 160PP | PB | 11 FIGURES | WORLD RIGHTS AVAILABLE | ISBN-9781849053365

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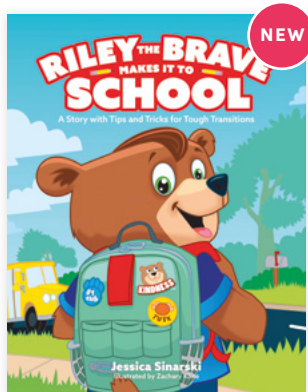
STORYBOOKS

Riley the Brave Makes it to School

A Story with Tips and Tricks for Tough Transitions

Jessica Sinarski

Illustrated by Zachary Kline



Making it to school is tough at the best of times. In the aftermath of stress or trauma, it might feel impossible! Riley Bear and his elephant parents share a peek into a tough morning. When big feelings threaten to ruin the day, this brightly illustrated story will help families find their way through. Features educational afterword for adults.

“Kids will see themselves in the pages of this book! And caregivers will find new tools to keep their mornings from falling apart. I highly recommend this insightful, realistic, and encouraging book.”

– Lisa Qualls, Author of *The Connected Parent*

JUN 2021 | £12.99 | **3-7 YEARS** | 48PP | HB | FULLY ILLUSTRATED | ISBN-9781787755185

Riley the Brave – The Little Cub with Big Feelings!

Help for Cubs Who Have Had A Tough Start in Life

Jessica Sinarski



Riley is the story of a little bear with big feelings. Join this super-cool cub as he faces his fears with the animals who love him. This picture book is for children who have experienced trauma, to help them understand their overwhelming feelings, and learn to trust the safe grown-ups around them. Includes afterword for adults.

OCT 2020 | £12.99 | **5-7 YEARS** | 48PP | HB | FULLY ILLUSTRATED | ISBN-9781787755161

Ellie Jelly and the Massive Mum Meltdown

A Story About When Parents Lose Their Temper and Want to Put Things Right

Sarah Naish

Illustrated by Kath Grimshaw



Ellie Jelly is grumpy – she’s very hungry for breakfast but mum is busy with her baby sister. When Ellie spills milk all over the floor Mum shouts and says mean things. Will they ever be friends again? A simple, reassuring story to help children and parents to talk about what happens when people lose their temper.

“This is a lovely book which tells the story of how one mum loses her temper, then attempts to put it right, by admitting she got it wrong and saying sorry. This book can help young children realise that adults may shout, but they can also apologise, and help children understand how much they’re loved.”

– Elizabeth O’Shea, Parenting specialist, and founder of Parent 4 Success.

JUN 2018 | £10.99 | **3-7 YEARS** | 32PP | HB | RIGHTS SOLD: ARABIC | ISBN-9781785925160

The Boy Who Built a Wall Around Himself

Ali Redford

Illustrated by Kara Simpson



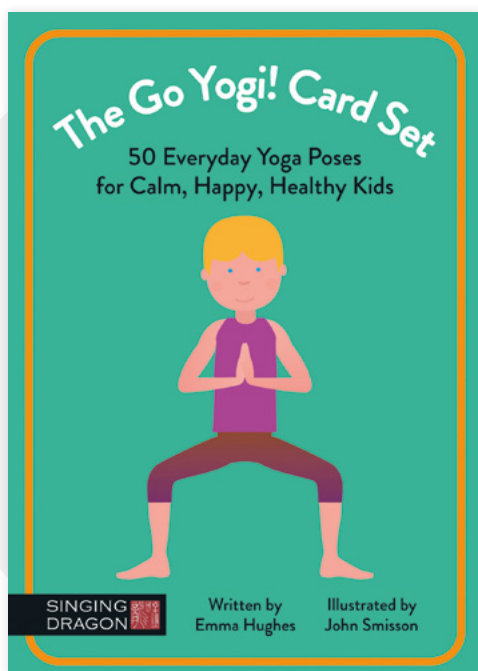
Boy hides behind his wall because he doesn’t trust people and he knows how it feels to be hurt and let down. That is until Someone Kind arrives on the other side of his wall. This colour picture book will help children who have experienced trauma, loss or neglect to come to terms with their experiences and to build healthy relationships.

“The book would be useful to parents to help their child understand their thoughts and feelings – it prompts questions and opens up conversation – and also good for a primary school library or PSHE lesson.”

– Julie Griffin, BACP Children and Young People

NOV 2015 | £9.99 | **4-9 YEARS** | 32PP | HB | FULLY ILLUSTRATED THROUGHOUT | RIGHTS SOLD: TURKISH | ISBN-9781849056830

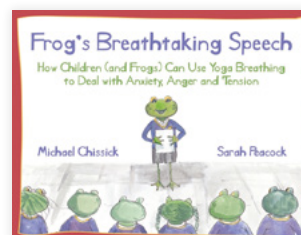
BODY WELLBEING

**Frog's Breathtaking Speech**

How children (and frogs) can use yoga breathing to deal with anxiety, anger and tension

Michael Chissick

Illustrated by Sarah Peacock



Frog is very worried as he has an important speech to make at his school assembly. Can learning about breathing help calm his nerves? This charming illustrated picture book teaches children yoga breathing techniques through a fun and interactive story, and shows them how to use their breath to cope with difficult feelings such as anger and anxiety.

"A neat little book that uses yoga positions and breathing exercises to help with anxiety, anger and tension."

– The SL (The School Librarian)

JAN 2012 | £12.99 | **4–11 YEARS** | 48PP | HB | 42 COLOUR ILLUSTRATIONS | RIGHTS SOLD: CHINESE (SIMPLIFIED), DANISH, TURKISH | ISBN-9781848190917

The Go Yogi! Card Set

50 Everyday Yoga Poses for Calm, Happy, Healthy Kids

Emma Hughes

Illustrated by John Smisson

Learn which way to bend your legs to sit like a lotus, how to balance in boat pose, and spread your arms wide to stand like a warrior!

Children can use these fun flash cards to learn how to do 50 common yoga poses, either alone, in pairs or in groups. Each card shows exactly where each body part needs to go to feel the full benefits of each pose, to improve strength and flexibility, concentration, and achieve greater wellbeing. They are perfect for use at school or home and are the ideal way to introduce yoga to young children. The card set also includes a booklet with instructions for use and ideas for adapting poses and using the cards as part of interactive storytelling.

"The beautiful illustrations on these easy to follow cards let the yoga poses speak for themselves. The colour-coded borders, Sanskrit names, and information booklet show the expertise and thought that has gone into creating this colourful deck suitable for anyone interested in getting children or themselves into yoga."

– Ty Newton, Primary School Teacher and Qualified Children's Yoga Teacher, Bath

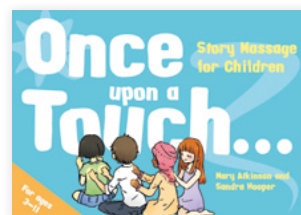
OCT 2017 | £16.99 | **4–10 YEARS** | 0PP | 50 COLOUR CARDS AND 24PP BOOKLET | WORLD RIGHTS AVAILABLE | ISBN-9781848193703

Once Upon a Touch...

Story Massage for Children

Mary Atkinson and

Sandra Hooper



Practice safe and positive touch, promote relaxation and boost self-esteem with children using story massage. This complete manual provides everything you need to get started. It includes instruction on ten basic strokes and over 25 story massages on a range of topics, from traditional tales to hands-on learning stories.

OCT 2015 | £11.99 | **3–11 YEARS** | 92PP | HB | 412 COLOUR ILLUSTRATIONS | RIGHTS SOLD: VIETNAMESE | ISBN-9781848192874

Sitting on a Chicken

The Best (Ever) 52 Yoga Games to Teach in Schools

Michael Chissick

Illustrated by Sarah Peacock



From games such as Knock Down the Tower and Yoga Detective, to simple sequences and the Ladybird Relaxation, experience the benefits of incorporating yoga in the school day. Build assertiveness, concentration, self-esteem, healthy competitiveness and fitness with classes of all abilities.

NOV 2016 | £15.99 | 112PP | PB | 50 COLOUR ILLUSTRATIONS | RIGHTS SOLD: FRENCH, SPANISH | ISBN-9781848194119

CAN I TELL YOU ABOUT...?

**Can I tell you about Gender Diversity?**

A guide for friends, family and professionals

CJ Atkinson | Illustrated by Olly Pike

DEC 2016 | £8.99 | **7-18 YEARS** | 64PP | PB | 11 B&W ILLUSTRATIONS | WORLD RIGHTS AVAILABLE | ISBN-9781785921056**Can I Tell You About Self-Harm?**

A Guide for Friends, Family and Professionals

Pooky Knightsmith | Illustrated by Elise Evans | Foreword by Jonathan Singer

JAN 2018 | £9.99 | **7-12 YEARS** | 72PP | PB | 15 B&W ILLUSTRATIONS | RIGHTS SOLD: KOREAN | ISBN-9781785924286**Can I tell you about Auditory Processing Disorder?**

A Guide for Friends, Family and Professionals

Alyson Mountjoy | Illustrated by Kelly Davies

MAY 2018 | £8.99 | **7-18 YEARS** | 56PP | PB | 9 LINE DRAWINGS | WORLD ALL LANGUAGES | ISBN-9781785924941**Can I Tell You About Dyscalculia?**

A Guide for Friends, Family and Professionals

Judy Hornigold | Illustrated by Joe Salerno

JAN 2020 | £8.99 | **7-99 YEARS** | 64PP | PB | 12-14 B&W ILLUSTRATIONS | ISBN-9781787750456**Can I tell you about Dyslexia?**

A guide for friends, family and professionals

Alan M. Hultquist | Illustrated by Bill Tulp

JUL 2013 | £8.99 | **7-18 YEARS** | 56PP | PB | 13 BLACK & WHITE ILLUSTRATIONS | RIGHTS SOLD: DANISH, LITHUANIAN, MONTENEGRIN, NORWEGIAN, SPANISH | ISBN-9781849059527**Can I tell you about Autism?**

A guide for friends, family and professionals

Jude Welton | Illustrated by Jane Telford | Foreword by Glenys Jones

MAR 2014 | £8.99 | **7-18 YEARS** | 64PP | PB | 13 BLACK & WHITE ILLUSTRATIONS | RIGHTS SOLD: DANISH, MONTENEGRIN, NORWEGIAN, SPANISH | ISBN-9781849054539**Can I tell you about ADHD?**

A guide for friends, family and professionals

Susan Yarney | Illustrated by Chris Martin

JAN 2013 | £8.99 | **7-18 YEARS** | 64PP | PB | 12 B&W ILLUSTRATIONS | RIGHTS SOLD: CZECH, DANISH, LITHUANIAN, SPANISH | ISBN-9781849053594**Can I tell you about Eating Disorders?**

A guide for friends, family and professionals

Bryan Lask and Lucy Watson | Illustrated by Fiona Field

JUL 2014 | £8.99 | **7-18 YEARS** | 56PP | PB | 19 BLACK & WHITE ILLUSTRATIONS | RIGHTS SOLD: DANISH, JAPANESE, NORWEGIAN | ISBN-9781849054218**Can I tell you about Dyspraxia?**

A guide for friends, family and professionals

Maureen Boon | Illustrated by Imogen Hallam

MAR 2014 | £8.99 | **7 YEARS** | 56PP | PB | 17 BLACK & WHITE ILLUSTRATIONS | RIGHTS SOLD: JAPANESE, NORWEGIAN | ISBN-9781849054478**Can I tell you about Depression?**

A guide for friends, family and professionals

Christopher Dowrick and Susan Martin | Illustrated by Mike Medaglia

JAN 2015 | £8.99 | **7-18 YEARS** | 48PP | PB | 15 B&W ILLUSTRATIONS | RIGHTS SOLD: DANISH | ISBN-9781849055635**Can I tell you about Sensory Processing Difficulties?**

A guide for friends, family and professionals

Sue Allen | Illustrated by Mike Medaglia

OCT 2015 | £8.99 | **7-18 YEARS** | 56PP | PB | 11 BLACK & WHITE ILLUSTRATIONS | RIGHTS SOLD: DANISH, SPANISH | ISBN-9781849056403**Can I tell you about Selective Mutism?**

A guide for friends, family and professionals

Maggie Johnson and Alison Wintgens | Illustrated by Robyn Gallow

JUN 2012 | £8.99 | **7-18 YEARS** | 56PP | PB | 12 B&W ILLUSTRATIONS | RIGHTS SOLD: NORWEGIAN, SPANISH | ISBN-9781849052894

DIGITAL

Core Teacher Skills – Emotional Resilience

How to Manage Workload and Wellbeing

David Gumbrell

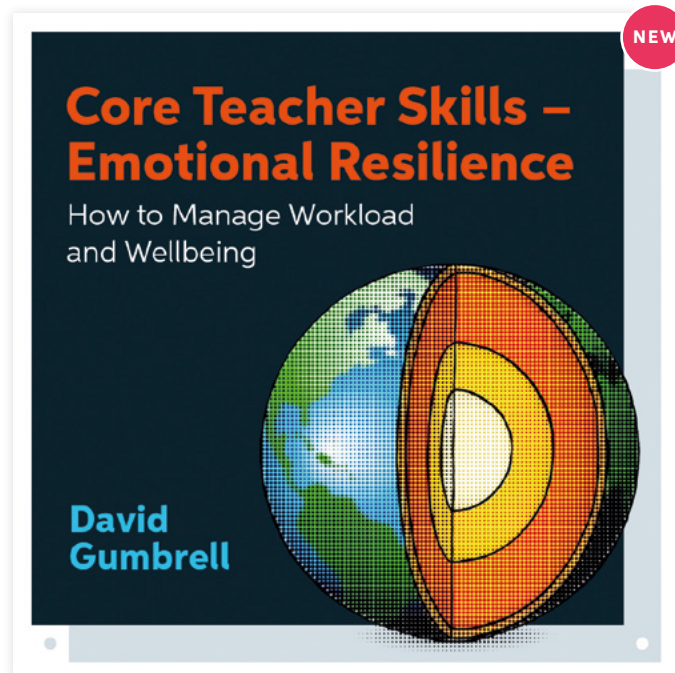
A 3-episode training course for early career teachers looking to develop their resilience, through tips on improving wellbeing and workload management. Using terminology from the ITT framework, it covers routines, mentors, colleague support and overall wellbeing.

Using the metaphor of the layers of the Earth, the videos break down advice from the outer crust (routines), to the mantle (relationships) and finally focus on the core (protecting your own energy).

“The videos promote a positive outlook to sustain your joy in teaching. If you know an NQT/RQT, or someone who would benefit from looking deeper into these areas, I would say that it’s definitely worth it.”

– All Things Pastoral

FEB 2021 | £19.99 | ISBN-9781787758469



UNLOCKING POTENTIAL

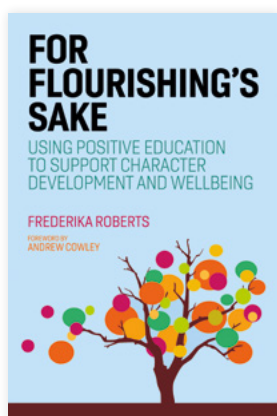
For Flourishing's Sake

Using Positive Education to Support Character Development and Well-being

Frederika Roberts

Foreword by Andrew Cowley

Guidance on how and why you should implement character/positive education in schools. Using the author's expertise as an education consultant plus interviews with senior school leaders, the book provides accessible examples alongside practical advice on introducing character education to boost students' academic attainment and wellbeing.



“If you want the children and teachers to flourish in your school, then you need to read this book!”

– Adrian Bethune, Teacher and author of Wellbeing In The Primary Classroom

AUG 2020 | £15.99 | 160PP | PB | ISBN-9781787750241

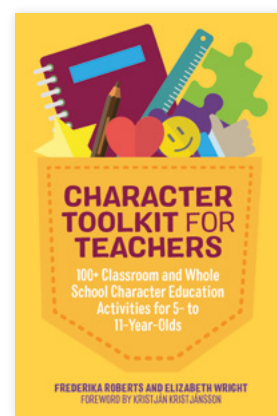
Character Toolkit for Teachers

100+ Classroom and Whole School Character Education Activities for 5- to 11-Year-Olds

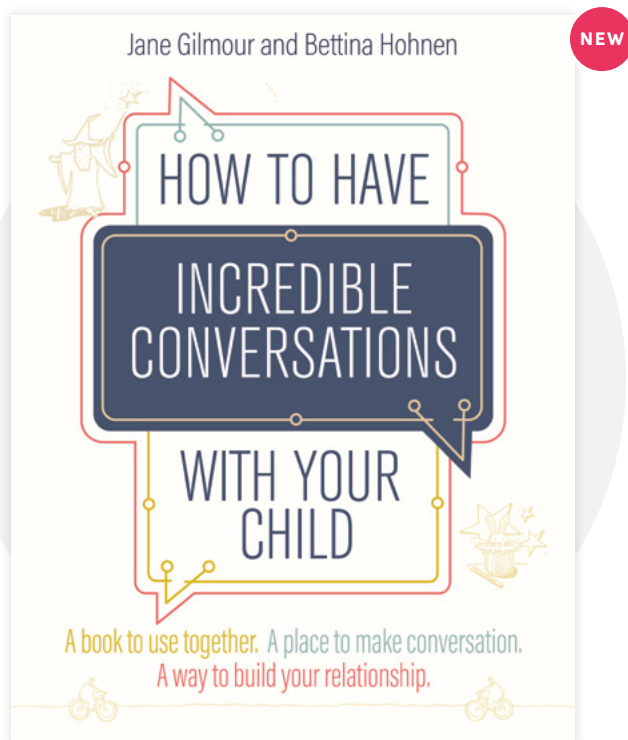
Frederika Roberts and Elizabeth Wright

Foreword by Kristján Kristjánsson

This hands-on education guide for teachers is packed with advice for promoting positive character development and encouraging wellbeing in primary school pupils. Crammed with 109 practical activities, with clear, simple instructions and timings, this book makes character education and positive psychology accessible for the classroom.



MAY 2018 | £16.99 | 184PP | PB | ISBN-9781785924903



How to Have Incredible Conversations with your Child

A Collaborative Workbook for Parents, Carers and Children to Encourage Meaningful Communication

Jane Gilmour and Bettina Hohnen

You: "How was your day?" Your child: "Fine."

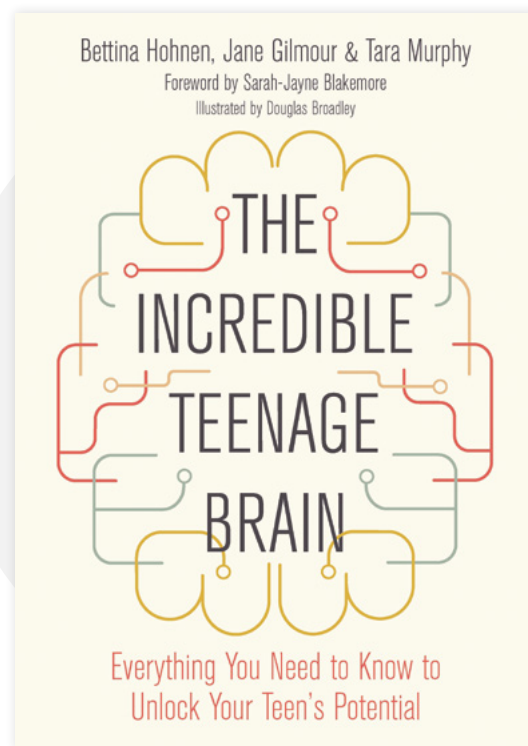
As a parent, you want to know what is going on in your child's life, how school and friendships are going, if they're feeling okay. As a kid you want to tell your parent what's going on, but it can be hard to find the words. This book is brilliant because it makes finding those words easy, and you discover incredible stuff about each other.

How exactly do you make it happen? This accessible guide answers the million-dollar question by steering you, step by step through carefully supported and structured conversational platforms that encourage connection and strengthen relationship bonds. Written by two top clinical psychologists who have worked with families over many years they have, uniquely, designed it for you to read and experience, together.

Inside this book you will find a range of fun, illustrated child-friendly conversation activities, organised around four key themes: who are you? how are you? what helps? what gets in the way?

There is powerful evidence that building good parent-child communication skills improves emotional wellbeing, physical health, academic and employment success. It helps set up a trusting relationship so you can navigate adolescence and later life successfully. It's important to start early because it takes time to learn skills.

OCT 2021 | £14.99 | **6-12 YEARS** | 192PP | PB | B&W ILLUSTRATIONS | ISBN-9781787756403



The Incredible Teenage Brain

Everything You Need to Know to Unlock Your Teen's Potential

Bettina Hohnen, Jane Gilmour & Tara Murphy

Illustrated by Douglas Broadley

Foreword by Sarah Jayne Blakemore

Awarded 3 Stars in the Health & Wellbeing category of the Teach Secondary Awards 2020.

An accessible, expert guide to the incredible potential of the teen brain from 3 psychologists. The authors give practical tips and advice based on the very latest research that reappraises the adolescent years as an exciting and unique period of development, showing how we can best support teens' emotional, social and intellectual development.

"This brilliantly written book celebrates the teenager and simply and clearly explains the biological, psychological and social impacts of adolescence. By really understanding the teenage brain it is possible to enable our children to navigate this key developmental time without our anxiety getting in the way. This book will empower us all to enable our teen to develop into the best version of themselves while holding strong during some of the inevitable challenges on the way. Every family should buy a copy on their child's 13th birthday!"

– Professor Tanya Byron, Consultant Clinical Psychologist, journalist, author, broadcaster, London

OCT 2019 | £15.99 | 360PP | PB | 16 B&W ILLUSTRATIONS | RIGHTS SOLD: CHINESE (COMPLE), CHINESE (SIMPLIFIED) | ISBN-9781785925573

inprinteducational.com

MANAGING BEHAVIOUR

The Teacher Toolbox for a Calm and Connected Classroom

Teacher-friendly Mental Health Strategies to Help You and Your Students Thrive

Joanna Schwartz

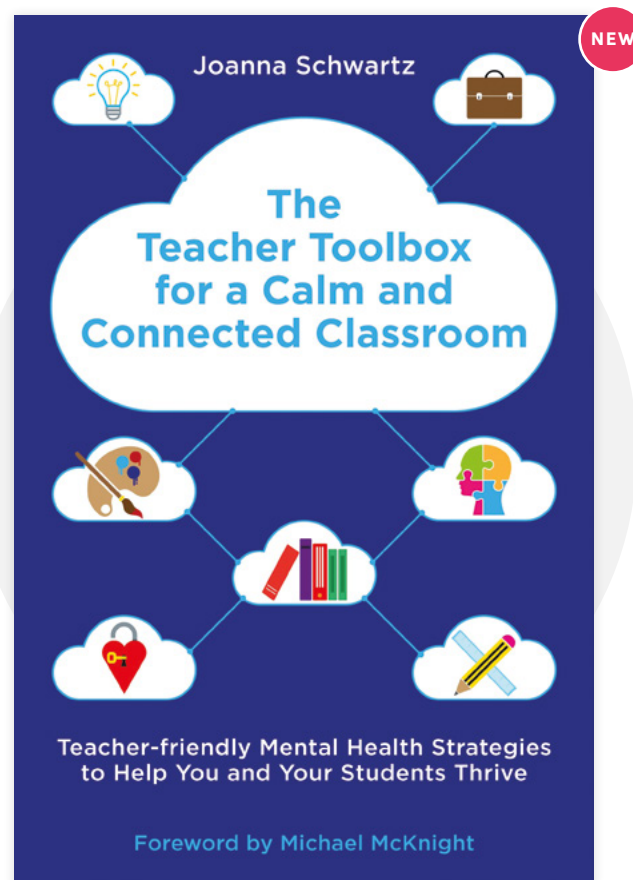
Foreword by Michael McKnight

This guide is full of guidance and activities to support traumatized children in the classroom. It tackles the challenge of mental health in the classroom and shows how teachers can create healthy and trusting relationships with their students. It also describes how to develop a positive classroom climate by building awareness of mental health needs.

“As someone who supports educator leaders at the National Education Association, I know that a calm and connected teacher is a calm and connected leader. All educators should have the opportunity to read this book and the support to implement its practices. In a world consumed by a global pandemic, Joanna Schwartz’s insistence on the importance of mental health in schools has never been more timely and important.”

– Annelise Cohon, Senior Policy/Program Specialist, National Education Association

AUG 2021 | £17.99 | 240PP | PB | ISBN-9781787754041

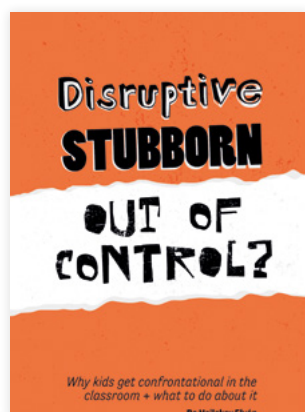


Disruptive, Stubborn, Out of Control?

Why kids get confrontational in the classroom, and what to do about it

Bo Hejlskov Elven

Managing behaviours in the group dynamic of a classroom setting can be challenging for teachers. Theories of child psychology support practical advice to facilitate healthy teacher-student relationships and a positive group atmosphere.



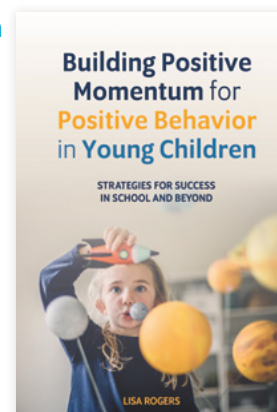
JAN 2017 | £12.99 | 160PP | PB | WORLD RIGHTS AVAILABLE | ISBN-9781785922121

Building Positive Momentum for Positive Behavior in Young Children

Strategies for Success in School and Beyond

Lisa Rogers

Learn how to use positive momentum to address common behavioral issues in the classroom and beyond. The strategies in this book show how to get long-term results, with illustrative case examples and downloadable resources for tracking progress. It also offers advice for working with children with special needs.



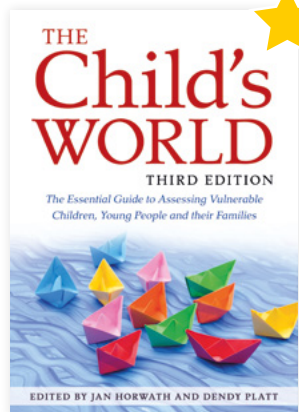
JAN 2018 | £19.99 | 192PP | PB | 45 B&W PHOTOGRAPHS | WORLD RIGHTS AVAILABLE | ISBN-9781785927744

GUIDES

The Child's World, Third Edition

The Essential Guide to Assessing Vulnerable Children, Young People and their Families
 Edited by Jan Horwath and Dendy Platt

Fully updated edition of THE bestselling book on assessing children in need and their families. Comprehensive and multidisciplinary, it covers all aspects of assessment from early help through to child protection. Explores implications of recent legislation and the very latest issues for practice.



"If there is a 'Highway Code' for children's social work then this book is it. Updated to reflect recent developments it retains its timeless and classic quality. An indispensable text for all social work practitioners and teachers."

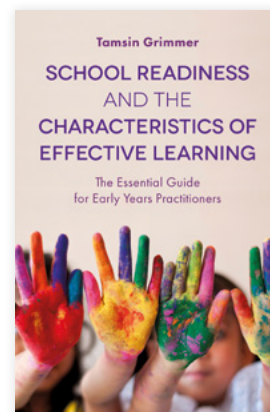
– Professor Nick Frost Leeds Beckett University, Leeds, U.K.

DEC 2018 | £26.99 | 696PP | PB | ISBN-9781785921162

School Readiness and the Characteristics of Effective Learning

The Essential Guide for Early Years Practitioners
 Tamsin Grimmer

With large numbers of children starting school unprepared, this book gives vital guidance on understanding, assessing and ensuring school readiness. It includes a wide range of practical ideas to assist early years professionals in planning learning experiences that will help to prepare children for the transition to school.



"The aim of this book is to contribute to the debate, while putting children's needs and considerations very much at the forefront, and acknowledging all of the key players – school, setting, policy makers, parents, children, press... This is an excellent book."

– Early Years Educator (EYE)

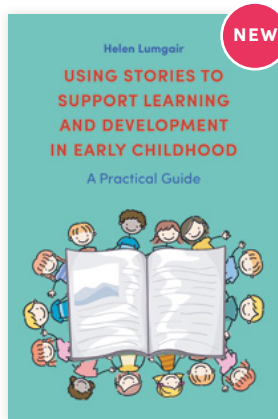
FEB 2018 | £14.99 | 208PP | PB | 60 B&W PHOTOGRAPHS | ISBN-9781785921759

Using Stories to Support Learning and Development in Early Childhood

A Practical Guide
 Helen Lumgaire

This book is an exploration of story and its importance in early childhood. It provides a thorough theoretical foundation, and considers how to practically implement the use of stories to aid children's wellbeing and holistic development.

The chapters cover topics including cognitive and emotional development, creativity, play, mathematics, language development, and trauma and healing. It is an ideal resource for early years practitioners, parents, and all those working in early childhood who are looking to encourage creativity, build agency and foster positive communication in children's lives.



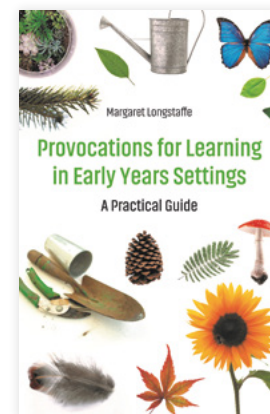
APR 2021 | £16.99 | 240PP | 7 B&W IMAGES | WORLD RIGHTS AVAILABLE | ISBN-9781784508760

Provocations for Learning in Early Years Settings

A Practical Guide
 Margaret Longstaffe

This book provides early years practitioners with everything they need to implement creative and stimulating methods of working with children. It includes guidance on how provocations – fun ways to provoke and invite learning – can be used to invite and encourage learning and creativity, with examples of how they can be used in early years settings.

It covers different kinds of provocations that can be used, challenges that may be experienced in implementing them and how they can benefit the classroom and outdoor settings. Full of practice-focused advice and clear and quick strategies, this book will provide early years professionals all they need to create an environment to help children flourish.



APR 2020 | £14.99 | 176PP | PB | 1 B&W PHOTOGRAPH | WORLD RIGHTS AVAILABLE | ISBN-9781785924958

DIVORCE

The Divorce Journal for Kids

Sue Atkins

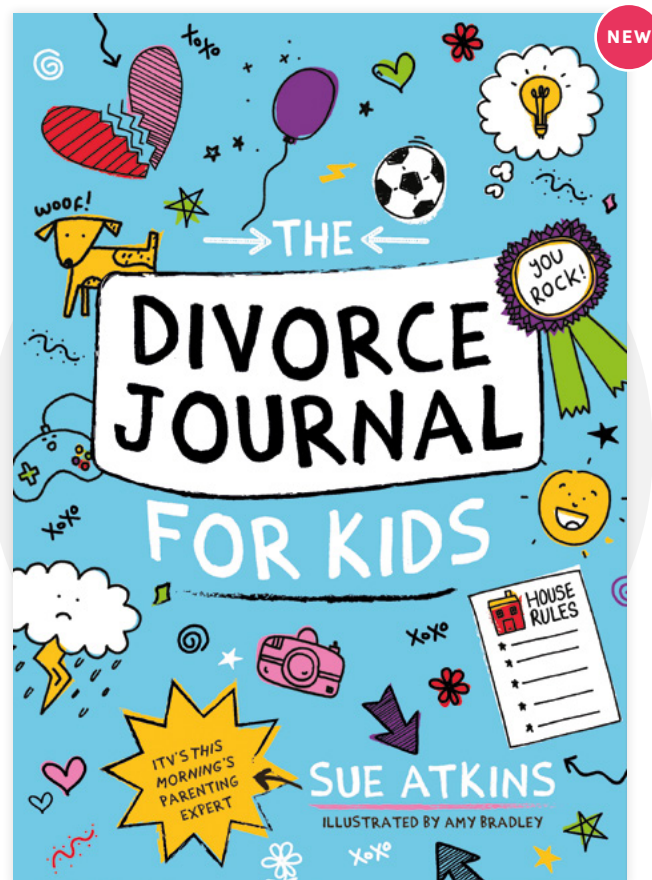
Illustrated by Amy Bradley

When your parents tell you that they are getting divorced, you might have lots of big feelings – like anger, fear and sadness – and lots of questions too. This journal is packed full of activities that will help you work through these feelings and get your thoughts and questions out into the open.

This journal from parenting expert Sue Atkins gives children aged 7+ a safe place to express their feelings about divorce and the resulting changes, so that they can start to understand them. Full of creative activities to help them process this life-changing event, it provides children with a source of strength and comfort through this challenging time, as well as giving them a way of sharing how they are feeling with a trusted adult.

“Often, children can have a deep seated belief that it is their fault; this journal is an excellent tool to address these issues and help children build a coherent narrative of their own story.”

– Tanya Gordon, Psychotherapeutic Counsellor



JUN 2021 | £14.99 | **7-11 YEARS** | 128PP | PB | 50 B&W ILLUSTRATIONS | ISBN-9781787757066

SICKNESS

Big Tree is Sick

A Story to Help Children Cope with the Serious Illness of a Loved One

Nathalie Slosse

Illustrated by Rocio Del Moral

Big Tree falls sick with woodworm and his friend Snibbles is very upset and angry. Snibbles is unsure how to help and is struggling to express his emotions. Snibbles must learn to understand his emotions and support Big Tree through his illness and treatment.



JAN 2017 | £11.99 | **3-7 YEARS** | 40PP | HB | 20 FULL PAGE, COLOUR ILLUSTRATIONS | WORLD ENGLISH LANGUAGE ONLY | ISBN-9781785922268

BULLYING

Mud Boy

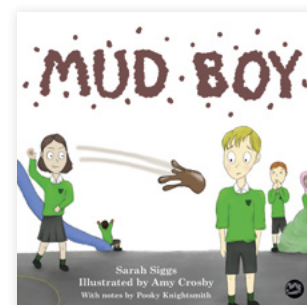
A Story about Bullying

Sarah Siggs

Illustrated by Amy Crosby

Foreword by With notes by Pooky Knightsmith

This illustrated story is designed to be read with children aged 5+ who have experienced or seen bullying or teasing. Sam's story gently evokes how it feels to be bullied and shows how talking to other people helps. It is a great discussion starter for kids and adults, and empowers children to see how they can change things for the better.



JUL 2019 | £10.99 | **5-11 YEARS** | 48PP | HB | COLOUR ILLUSTRATIONS THROUGHOUT | ISBN-9781785928703

BEREAVEMENT

Is Daddy Coming Back in a Minute?

Explaining (sudden) death in words very young children can understand

Elke Barber and Alex Barber

Alex is only three when his father suddenly suffers a massive heart attack. All on his own, he manages to get help, but his beloved Daddy dies at the scene. Completely honest and written in Alex's own words, this book tells the story of how his mum helps him understand what happened.

"A beautiful book that will undoubtedly help so many; I would highly recommend it."

– Richmond's Hope Bereavement Project

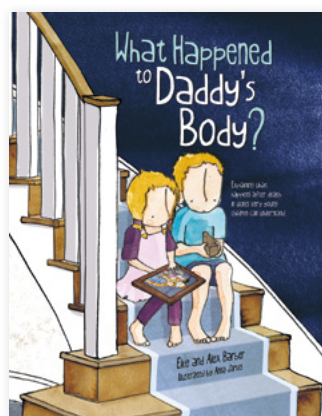
OCT 2020 | £11.99 | **3-7 YEARS** | 40PP | HB | COLOUR ILLUSTRATIONS THROUGHOUT | RIGHTS SOLD: TURKISH | ISBN-9781787757646

What Happened to Daddy's Body?

Explaining what happens after death in words very young children can understand

Elke Barber and Alex Barber

Learn what happens to the body after death as Alex shares the story of what happened to his daddy's body.

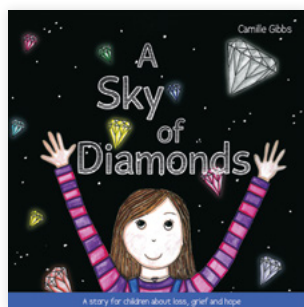


APR 2020 | £11.99 | **3-7 YEARS** | 40PP | PB | ISBN-9781787756465

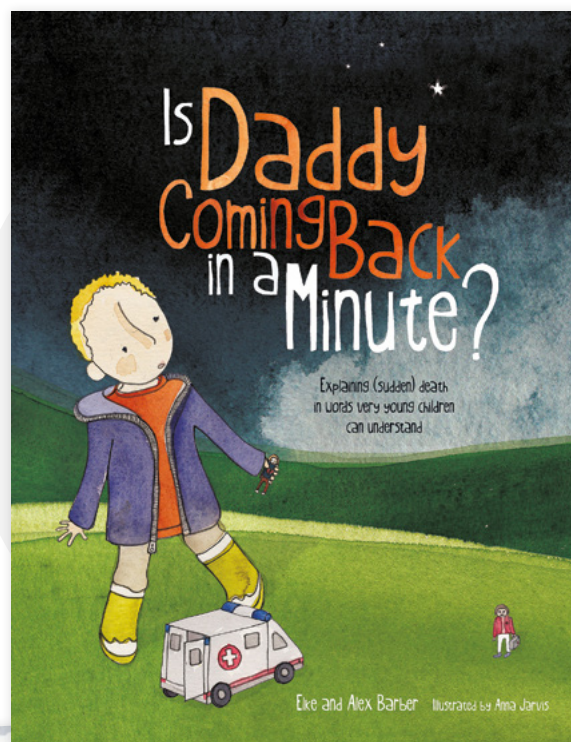
A Sky of Diamonds

Camille Gibbs

An illustrated storybook about a girl named Mia who has experienced the death of her mother. Covering all stages of grief, it is perfect for reading with bereaved children aged 5-9 as a way to help them overcome their difficult feelings. It includes in-built strategies for coping with grief and answers many questions that children have about death.



FEB 2015 | £11.99 | **5-9 YEARS** | 48PP | HB | 24 FULL COLOUR | WORLD RIGHTS AVAILABLE | ISBN-9781849056229



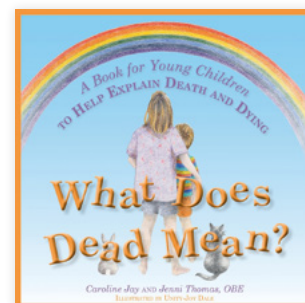
What Does Dead Mean?

A Book for Young Children to Help Explain Death and Dying

Caroline Jay and Jenni Thomas

Illustrated by Unity-Joy Dale

Death is a big concept, and can be confusing and distressing to explain to young children. This simple guide presents 17 'big' questions children might ask about death, and answers each clearly, simply and truthfully. Each question is accompanied by an illustration and a prompt to encourage children to explore their feelings.



OCT 2012 | £9.99 | **4-7 YEARS** | 32PP | HB | 27 COLOUR ILLUSTRATIONS | RIGHTS SOLD: TURKISH | ISBN-9781849053556

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PASTORAL



Something Bad Happened

A Kid's Guide to Coping With Events in the News

Dawn Huebner

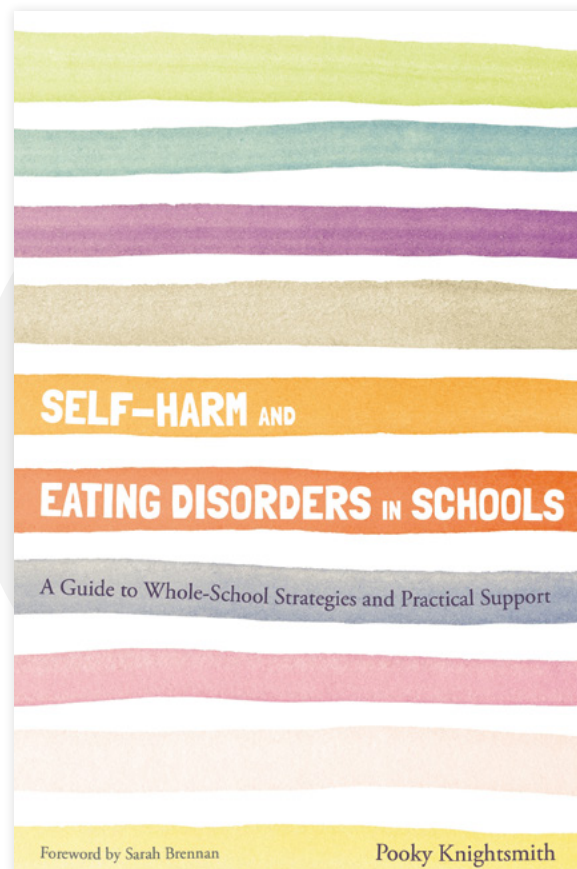
Illustrated by Kara McHale

Awarded 4 stars in the Wellbeing category of the Teach Primary Awards 2020.

Full of advice for children who may be worried about events in the news, this guide from best-selling author Dawn Huebner offers advice for having tough conversations with 6–12 year olds about world events such as natural disasters, terrorism and war. It addresses common questions and provides tools to calm fears.

"In the digital age, children are often exposed without filters to tragic and disturbing news. We want our children to understand, stay calm, and be proactive. EVERY parent and child can benefit from the compassionate, practical, step-by-step guidance Dawn Huebner offers on how to make sense of the all-too-often upsetting event."

– Mary Alvord, PhD, Psychologist



Self-Harm and Eating Disorders in Schools

A Guide to Whole-School Strategies and Practical Support

Pooky Knightsmith

Foreword by Sarah Brennan

Self-harm and eating disorders are present in almost every school and they frequently co-occur. This book provides the vital guidance that school staff need to spot early warning signs, understand triggers and support the students in their care effectively.

This very practical guide helps educational professionals to gain a better understanding of self-harm and eating disorders by dispelling the myths and misconceptions that surround these behaviours. The book provides advice on whole-school policies and procedures as well as day-to-day strategies to implement in lessons, at mealtimes and in one-on-one sessions. It explains how to respond to disclosures, make referrals and work alongside parents to assist in the road to recovery.

APR 2015 | £17.99 | 224PP | PB | 1 B&W DIAGRAM | RIGHTS SOLD: SPANISH | ISBN-9781849055840

A School for Everyone

Stories and Lesson Plans to Teach Inclusivity and Social Issues

Ffion Jones, Helen Cowie and Harriet Tenenbaum

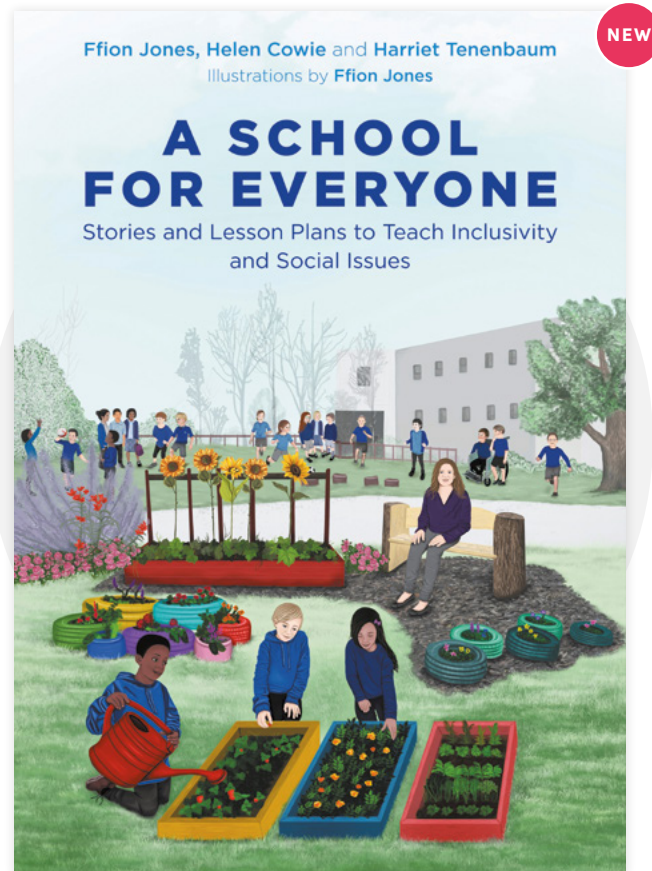
Illustrated by Ffion Jones

A compendium of social stories followed by activities, lesson plans and useful resources for teachers and parents to discuss their opinions and concerns on a range of issues such as gender diversity, racism, neurodiversity and climate change.

“Every primary teacher needs this book. Jones, Cowie & Tenenbaum have written an engaging and easily accessible collection of short stories that tackle challenging issues, underpinned by rich research. The stories and follow up activities will be effective with groups, whole class and in school assemblies. I can’t wait to use this in my school.”

– Kareen O’Brien, Headteacher

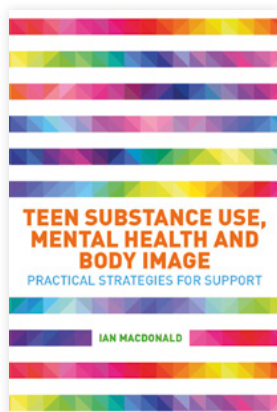
SEP 2021 | £24.99 | 192PP | PB | 20 B&W ILLUSTRATIONS | ISBN-9781787755666



Teen Substance Use, Mental Health and Body Image

Practical Strategies for Support
Ian Macdonald

A practical, up-to-date resource for schools on substance use. It covers drug and alcohol use, but importantly also tackles newer concerns for schools, such as the use of performance-enhancing drugs and high-caffeine energy drinks.



“This is a timely book given the concerns that many people who work with young people will have about mental health and drug use. Ian provides the perfect blend of evidence and professional experience when highlighting what works and what doesn’t, making this book a pragmatic resource for teachers, parents and others who work with young people.”

– Ian Hamilton, Associate Professor, University of York

JUN 2019 | £16.99 | 144PP | PB | 20 B&W IMAGES | ISBN-9781785928673

Gangs, Guns and Knives

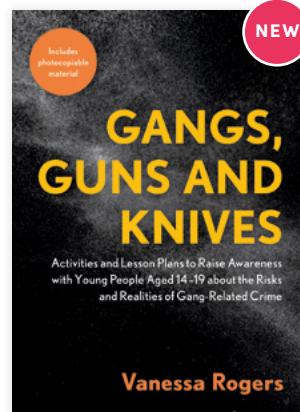
Activities and Lesson Plans to Raise Awareness with Young People Aged 14–19 about the Risks and Realities of Gang-Related Crime

Vanessa Rogers

This is an essential handbook for youth workers, teachers, social workers and youth justice practitioners working with young people to raise awareness about the risks and realities of gangs and gang-related crime.

Each activity offers a different learning experience including quizzes, worksheets, games and interactive activities. The book explores peer pressure, loyalty and personal responsibility as well the impact that violent crime can have on individuals, family, community and wider society. It also considers the ethical and moral dilemmas of gang life, serious youth violence and crime and the potential consequences of gang membership and carrying a weapon.

Written by a renowned youth worker and trainer, this essential book helps young people to separate myth from fact, build assertiveness and develop the skills to make safe choices.



FEB 2021 | £19.99 | 176PP | PB | ISBN-9781787750883

inprinteducational.com

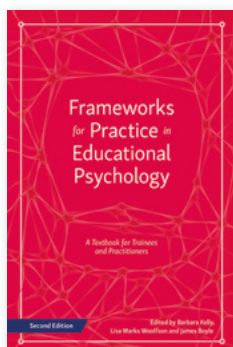
EDUCATIONAL PSYCHOLOGY

Frameworks for Practice in Educational Psychology, Second Edition

A Textbook for Trainees and Practitioners

Edited by Barbara Kelly, Lisa Marks Woolfson and James Boyle

This textbook is a detailed yet accessible overview of modern professional approaches to educational psychology. Ranging from well-established, popular methods to emerging, innovative theories, the book covers a broad span of frameworks, and considers how they meet the complex criteria challenging professionals in the field today.



DEC 2016 | £25.00 | 360PP | PB | 40 | ISBN-9781785920073

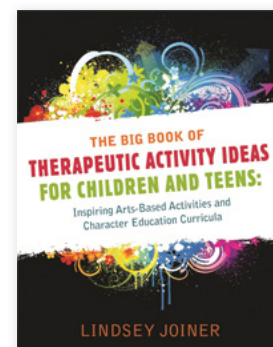
CHARACTER ED

The Big Book of Therapeutic Activity Ideas for Children and Teens

Inspiring Arts-Based Activities and Character Education Curricula

Lindsey Joiner

Packed with creative activity ideas to use with children and teenagers, this resource builds therapeutic skills such as self-esteem, positive thinking, conflict resolution and anger control. The fun activities use art, music, stories, and films and will provide a wealth of ideas.



NOV 2011 | £19.99 | 256PP | PB | 70 PHOTOS/LINE DRAWINGS | ISBN-9781849058650

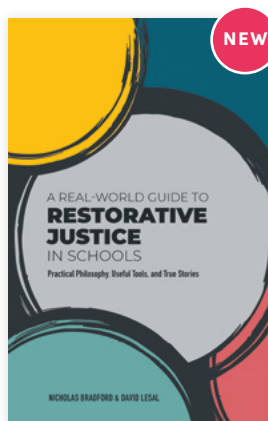
RESTORATIVE JUSTICE

A Real-World Guide to Restorative Justice in Schools

Practical Philosophy, Useful Tools, and True Stories

Nicholas Bradford and David LeSal

Down-to-earth guide to implementing restorative justice in schools, with concrete tools and real-world stories to help. It is packed with expertise on everything from restorative circles to understanding the importance of conflict.



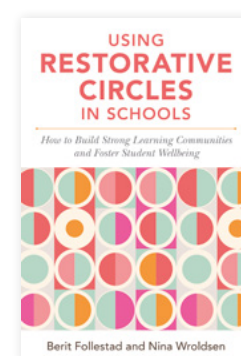
JUL 2021 | £17.99 | 272PP | PB | ISBN-9781787755710

Using Restorative Circles in Schools

How to Build Strong Learning Communities and Foster Student Wellbeing

Berit Follestad and Nina Wroldsen

Restorative circles are increasingly popular in schools, as a method of building and maintaining good relationships, and ensuring that children feel safe and that they belong. This book gives teachers everything they need to implement restorative circles in their school.



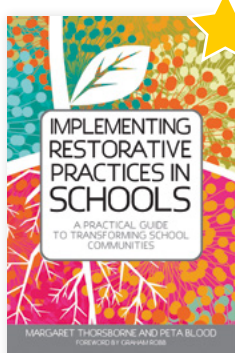
OCT 2018 | £12.99 | 120PP | PB | WORLD ALL LANGUAGES EXCEPT NORWEGIAN | ISBN-9781785925283

Implementing Restorative Practices in Schools

A Practical Guide to Transforming School Communities

Margaret Thorsborne and Peta Blood
Foreword by Graham Robb

A guide which explains the value of restorative approaches in schools and its potential to transform behaviour and educational achievements. It also details how to achieve the cultural and organisational changes needed in order to ensure that restorative practice 'sticks'.



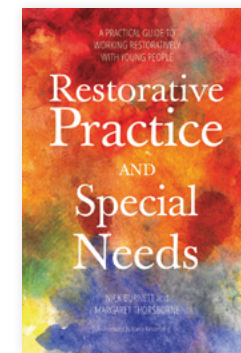
AUG 2013 | £25.00 | 232PP | PB | RIGHTS SOLD: KOREAN | ISBN-9781849053778

Restorative Practice and Special Needs

A Practical Guide to Working Restoratively with Young People

Nick Burnett and Margaret Thorsborne
Foreword by Nancy Riesterberg

Restorative Practice (RP) is being used increasingly in different settings, but using RP with those who have Special Needs requires a different approach. This practical guide explains how RP can be adapted for those with additional needs and to see real improvement in behaviour and learning.



JUN 2015 | £24.99 | 208PP | PB | 30 PHOTOS | ISBN-9781849055209

CONSENT

Talking Consent

16 Workshops on Relationship and Sex Education for Schools and Other Youth Settings

Thalia Wallis and Pete Wallis

Illustrated by Joseph Wilkins

This book provides teachers and parents with the 'need-to-knows' to educate groups of young people about consent, pornography, sexting and many other related topics, as well as giving them the tools to ward themselves against abusive behaviour.

Initiating a discussion with young people on topics around sex can seem daunting, but *Talking Consent* is full of lesson plans, workshops and creative ideas for introducing and promoting constructive discussions around these areas – while also dispelling common myths, and giving appropriate answers to difficult questions that may arise from these discussions.

Inclusive of everybody, including the LGBT+ community and people with disabilities, this book will provide professionals with the information they need to spark and shape conversation around these complex issues in an assured way.

"An impressive and much needed resource which will give teachers a really good starting point from which to teach this challenging area of the curriculum."

– Maria Huffer, CEO, Protective Behaviours Consortium

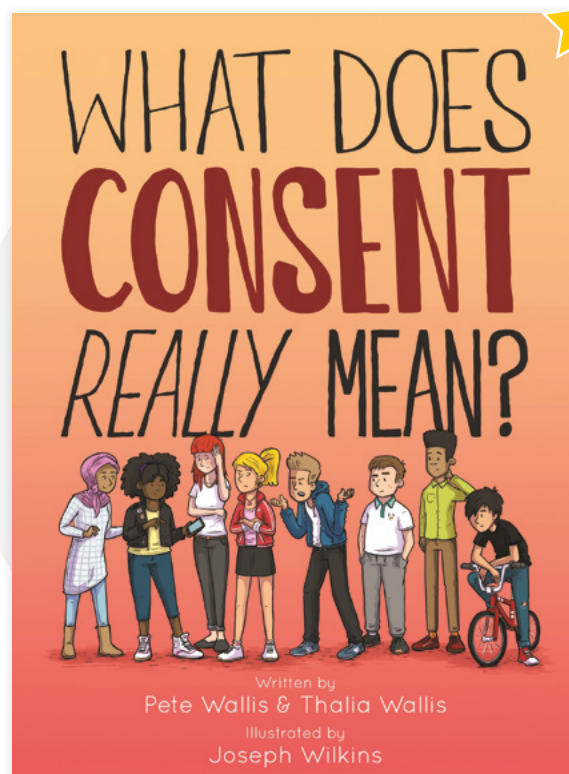
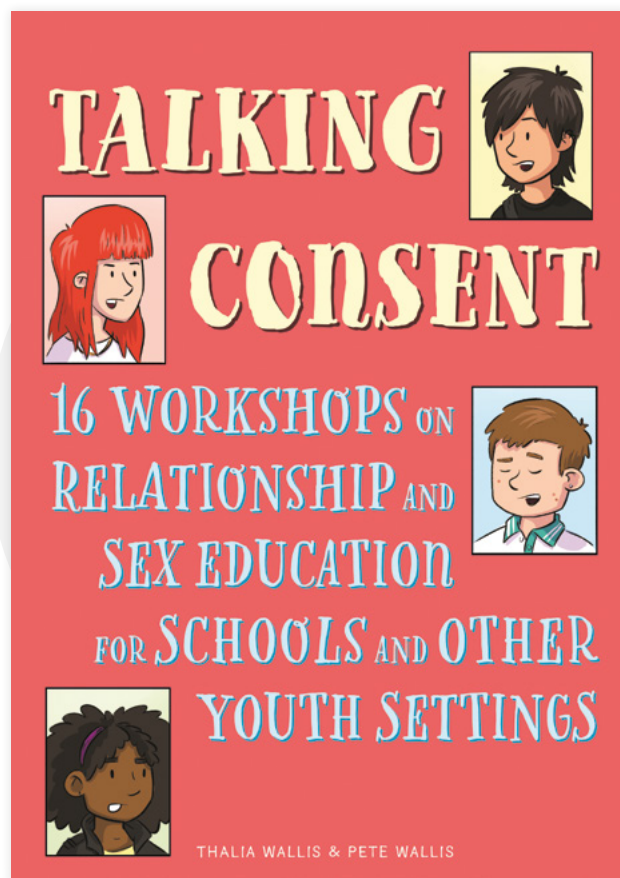
OCT 2020 | £26.99 | 304PP | PB | ISBN-9781787750814

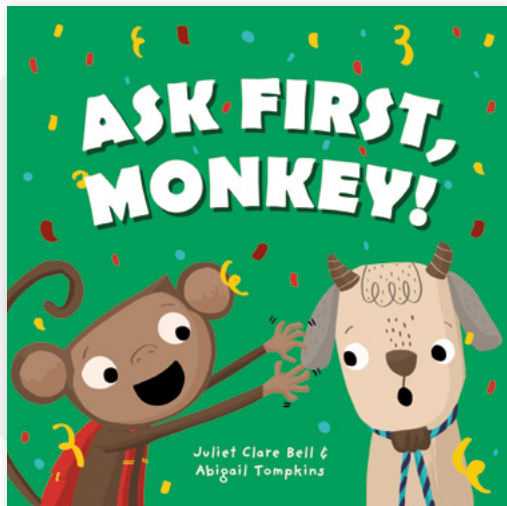
What Does Consent Really Mean?

Pete Wallis, Thalia Wallis

The serious issue of sexual consent is discussed in a graphic novel format that depicts the conversation of teenagers aged 13–18 and their personal feelings on the subject. The comic book story is accompanied by sexual health resources for students and teachers including PSHE practitioners and international equivalents.

NOV 2017 | £14.99 | **13–18 YEARS** | 64PP | HB | COLOUR THROUGHOUT | RIGHTS SOLD: KOREAN | ISBN-9781848193307





Ask First, Monkey!

A Playful Introduction to Consent and Boundaries

Juliet Clare Bell

Illustrated by Abigail Tompkins

Teach children about consent, and how important it is to respect people and their differing boundaries. It is equally suitable for use as a standalone story or as part of a structured lesson plan, and its engaging illustrations and fun story will keep children's attention over multiple readings.

"I would press Ask First, Monkey into the hands of every reception class and mother and toddler group!"

– Sophia Bennett, author of *The Bigger Picture*

JUL 2020 | £12.99 | **3–6 YEARS** | 40PP | HB | FULLY ILLUSTRATED | ISBN-9781787754102

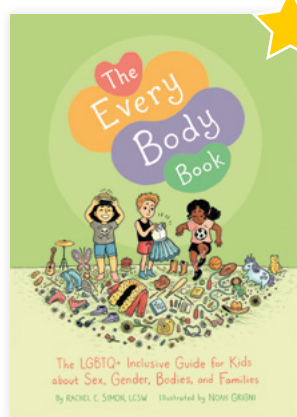
The Every Body Book

The LGBTQ+ Inclusive Guide for Kids about Sex, Gender, Bodies, and Families

Rachel E. Simon, LCSW

Illustrated by Noah Grigni

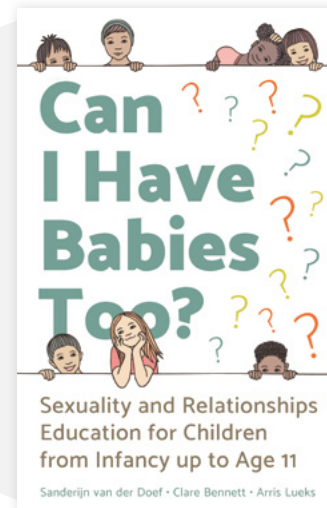
A kid's guide to sex, gender and relationships that includes children and families of all genders and sexual orientations, covering puberty, hormones, consent, pregnancy and safety.



"This book is a must read for parents and caregivers of children...who want their children to learn the value of kindness, respect and diversity."

– Jo Hirst, author of *A House for Everyone*

JUN 2020 | £14.99 | **7–12 YEARS** | 96PP | HB | COLOUR ILLUSTRATIONS THROUGHOUT | ISBN-9781787751736



NEW

Can I Have Babies Too?

Sexuality and Relationships Education for Children from Infancy up to Age 11

Sanderijn van der Doef, Clare Bennett and Arris Lueks

With helpful and accessible advice, this is an informative guide to open communication with children about relationships and sexuality. Highlighting the value of positive sexuality education and going beyond a single 'talk', it covers potential challenges and how to address them, offering developmentally appropriate guidance for ages up to 11.

"This book provides a very sensitive, reflective way to enable parents and people around young children to talk about sexuality, offering tools and answering questions frequently considered taboo."

– Johanna Marquardt, Project Officer for the WHO Collaboration Centre/BZgA for sexual and reproductive health

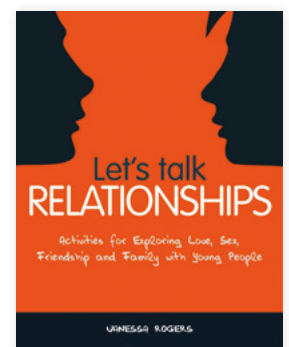
JUL 2021 | £14.99 | 224PP | PB | 12 B&W ILLUSTRATIONS | ISBN-9781787755000

Let's Talk Relationships

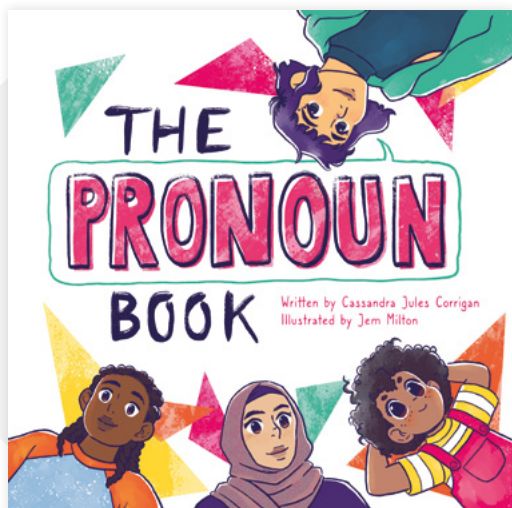
Activities for Exploring Love, Sex, Friendship and Family with Young People

Vanessa Rogers

Let's Talk Relationships offers a multitude of creative ways to get young people talking about positive relationships, helping them to stay safe, healthy and happy. Featuring over 90 tried and tested activities ideal for groups or one-to-one work.



SEP 2010 | £17.99 | **13–19 YEARS** | 160PP | PB | RIGHTS SOLD: GERMAN | ISBN-9781849051361



NEW

The Pronoun Book

She, He, They and Me!

Cassandra Jules Corrigan

Illustrated by Jem Milton

A fun and beautifully illustrated book that celebrates gender diversity through educating young children on pronouns. The book teaches pronoun etiquette, why it is so important, and how it relates to us. It covers they/them pronouns, trans and non-binary identities, and neo-pronouns with a dedicated section for adults.

OCT 2021 | £11.99 | **5-9 YEARS** | 32PP | HB | COLOUR ILLUSTRATIONS THROUGHOUT | ISBN-9781787759572

He's My Mom!

A Story for Children Who Have a Transgender Parent or Relative

Sarah Savage

Illustrated by Joules Garcia

An illustrated picture book for kids age 3-7, telling the story of Benjamin and his mom, David. Benjamin speaks with confidence about pronouns, transitioning, misgendering, family diversity and dysphoria, and emphasises why we need to treat trans people with respect.

AUG 2021 | £10.99 | **3-11 YEARS** | 40PP | HB | COLOUR ILLUSTRATIONS THROUGHOUT | ISBN-9781787755741

She's My Dad!

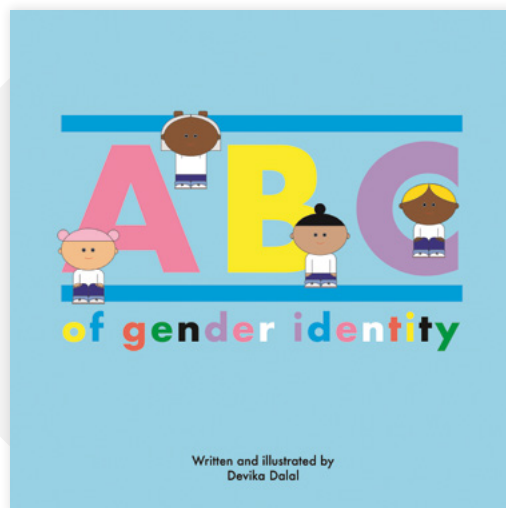
A Story for Children Who Have a Transgender Parent or Relative

Sarah Savage

Illustrated by Joules Garcia

An illustrated picture book that tells the story of Mini and her dad Haley, a transgender woman, as Mini explains to her cousin why misgendering is damaging and emphasises the need to treat trans people with respect. For children aged 3+ who have a family member who is transitioning.

AUG 2020 | £10.99 | **3-7 YEARS** | 40PP | HB | COLOUR ILLUSTRATIONS THROUGHOUT | ISBN-9781785926150



NEW

ABC of Gender Identity

Devika Dalal

An illustrated A-Z providing an age-appropriate introduction to 26 gender identities, from A for Agender to G for Gender Fluid and U for Ungender. The book also includes further resources for parents, with guidance on terminology and questions to aid discussion with children.

JUN 2021 | £12.99 | **5-10 YEARS** | 64PP | HB | COLOUR ILLUSTRATIONS THROUGHOUT | ISBN-9781787758087



NEW



Trans Survival Workbook

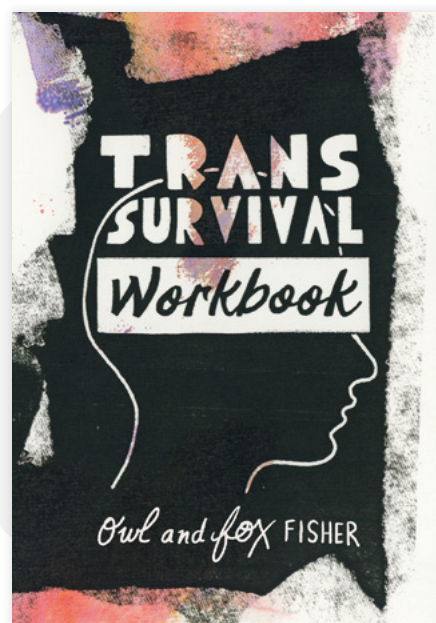
Owl and Fox Fisher

Fun and inspiring, this reflective workbook and journal allows you to document your transition, engage with your feelings and improve your mental health. The companion to the popular *Trans Teen Survival Guide*, this book creates an interactive experience, including places to draw, journal, practice mindfulness and more.

“This is an engaging and powerful book, relatable and friendly whilst unpicking some of the stereotypes and encouraging young people to express themselves freely and document their own personal journey in a way that celebrates their individuality and uniqueness. I loved it and would thoroughly recommend it”

– Susie Green, CEO of Mermaids

JUN 2021 | £14.99 | **0 YEARS** | 144PP | PB | B&W ILLUSTRATIONS THROUGHOUT
| ISBN-9781787756298



NEW

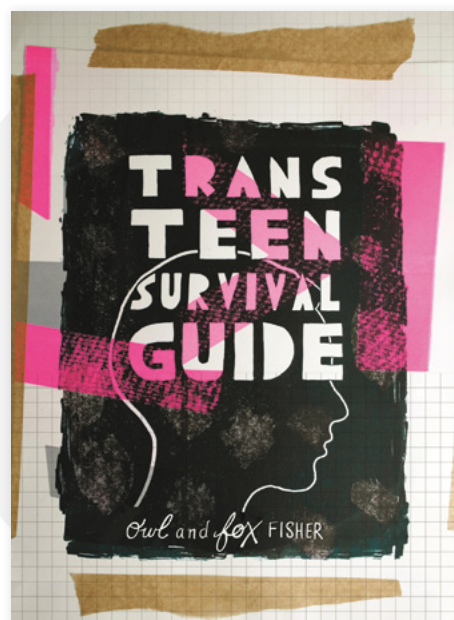


Trans Teen Survival Guide

Owl Fisher and Fox Fisher

Frank, friendly and funny, this must-read guide is packed full of advice from authors who understand the realities and complexities of growing up trans. Readers will come away empowered and armed with practical advice on how to navigate everything from coming out, clothes and pronouns, to wearing binders or packers, hormone therapy and self-care.

SEP 2018 | £12.99 | **8-16 YEARS** | 224PP | PB | 31 B&W IMAGES | RIGHTS
SOLD: SPANISH | ISBN-9781785923418



Trans Pride

A Coloring Book

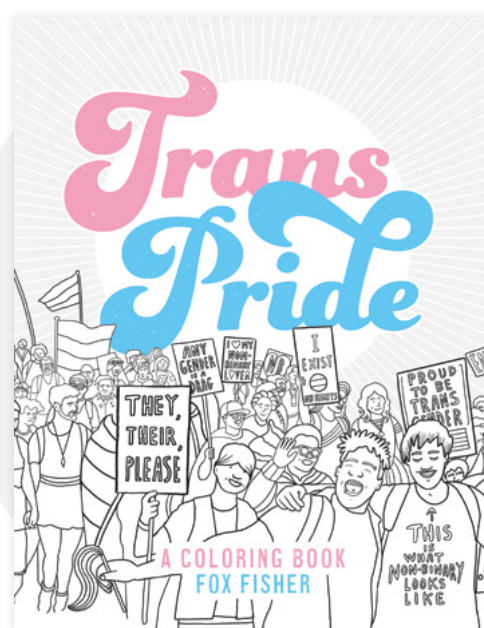
Fox Fisher

A fun, humorous and beautifully illustrated coloring book celebrating the diversity and joy of trans lives. Includes over 50 individual designs to help children explore their creative expression and gender identity. The perfect gift for any child.

“This awesome colouring book is about sharing knowledge, feeling empowered, positivity, boldness, love and Trans pride, all this whilst having fun.”

– Lady Phyll

MAY 2021 | £9.99 | **5-99 YEARS** | 112PP | PB | B&W ILLUSTRATIONS
THROUGHOUT. | ISBN-9781787758223



NEW

A House for Everyone

A Story to Help Children Learn about Gender Identity and Gender Expression

Jo Hirst

Illustrated by Naomi Bardoff

This children's picture book helps adults to explain gender identity and expression to 4 to 8 year olds using simple language and engaging, diverse characters, covering the entire spectrum of gender. Includes a guide for parents and professionals and a lesson plan at the end of the book.

MAY 2018 | £10.99 | **4-8 YEARS** | 32PP | HB | 32 COLOUR PAGES | WORLD RIGHTS AVAILABLE | ISBN-9781785924484



Who Are You?

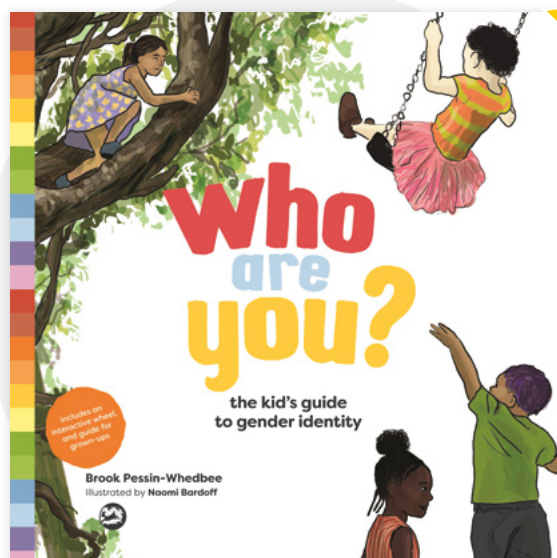
The Kid's Guide to Gender Identity

Brook Pessin-Whedbee

Illustrated by Naomi Bardoff

This book introduces children to gender as a spectrum and shows how people can bend and break the gender binary and stereotypes. It includes an interactive wheel, clearly showing the difference between our body, expression and identity, and is an effective tool to help children 5+ understand and celebrate diversity.

DEC 2016 | £12.99 | **5-8 YEARS** | 40PP | HB | COLOUR ILLUSTRATIONS THROUGHOUT | WORLD RIGHTS AVAILABLE | ISBN-9781785927287



Are You a Boy or Are You a Girl?

Sarah Savage and Fox Fisher

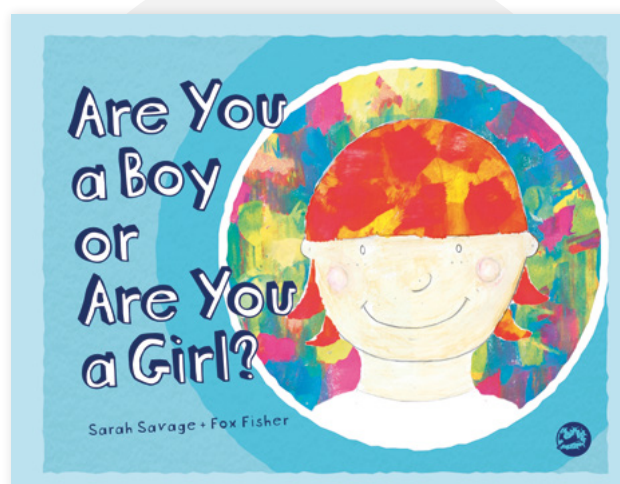
Illustrated by Fox Fisher

Tiny prefers not to tell other children whether they are a boy or girl. Tiny also loves to play fancy dress, sometimes as a fairy and sometimes as a knight in shining armour. Tiny's family don't seem to mind but when they start a new school some of their new classmates struggle to understand.

"This breezy and beautifully illustrated book describes gender in playful, innocent terms, allowing children the space to discover themselves and to explore their surroundings joyfully. A must for any library."

– Juno Roche, writer and campaigner

MAY 2017 | £10.99 | **3-7 YEARS** | 32PP | HB | COLOUR ILLUSTRATIONS THROUGHOUT | WORLD RIGHTS AVAILABLE | ISBN-9781785922671



My Dad Thinks I'm a Boy?!

A Trans Positive Children's Book

Sophie Labelle

A comic style children's book that tells the story of Stephie, a 7-year-old transgender girl, whose Dad is still struggling to recognize and accept her gender. It portrays a powerful message for children aged 6–9, that no one else other than ourselves gets to decide who we are.

FEB 2020 | £11.99 | **6–9 YEARS** | 48PP | HB | COLOUR ILLUSTRATIONS THROUGHOUT | ISBN-9781787752214



How to Understand Your Gender

A Practical Guide for Exploring Who You Are

Alex Iantaffi and Meg-John Barker

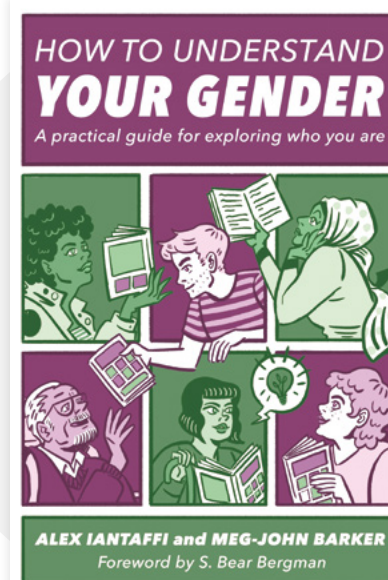
Foreword by S. Bear Bergman

This helpful guide presents ways we can all better understand gender, and how people can change and express their gender identity. Considering biological and cultural understandings of gender, gender expression, and relationships and sexuality, this is an excellent starting point for anybody thinking about what gender means to them.

"I fell head over heels with this book, and I can't wait to shout it from the rooftops!"

– Katrina Werchouski, Director of Indigenous Cultures Center,
Northland College

SEP 2017 | £14.99 | 288PP | PB | RIGHTS SOLD: SPANISH | ISBN-9781785927461



Sylvia and Marsha Start a Revolution!

The Story of the Trans Women of Color Who Made LGBTQ+ History

Joy Michael Ellison and Teshika Silver

Illustrated by Teshika Silver

A picture book telling the story of Sylvia Rivera and Marsha P. Johnson, the transgender women of colour who fought for LGBTQ+ equality. Depicting the events that surrounded the Stonewall Riots, this is a playful introduction to trans identities and LGBTQ+ history for young children.

NOV 2020 | £12.99 | **4–8 YEARS** | 32PP | HB | 17 FULL AGE COLOUR ILLUSTRATIONS. | ISBN-9781787755307



LGBTQ+

Rainbow Village

A Story to Help Children Celebrate Diversity

Emmi Smid

In this delightful story, a kind stranger helps a whole village celebrate its inhabitants' differences. Beautifully illustrated and peopled with funny characters of many shapes, colours and customs, it includes guidance for adults on helping children understand the importance of diversity.

AUG 2020 | £12.99 | **3-7 YEARS** | 48PP | HB | FULLY ILLUSTRATED | ISBN-9781785922480

Bi the Way

The Bisexual Guide to Life

Lois Shearing

An essential guide for anyone who is bisexual, and those looking for more information about bisexuality. With first-hand accounts and advice on coming out, dating, sex, activism, gender identity, and biphobia, this empowering book is a manifesto for bisexual people everywhere.

"If you've noticed yourself being attracted to more than one gender and want to explore what language to use, how to navigate outness and dating, and where to find community and support, this is absolutely the book for you."

– Meg-John Barker, author of *Sexuality: A Graphic Guide* and *How to Understand Your Sexuality*

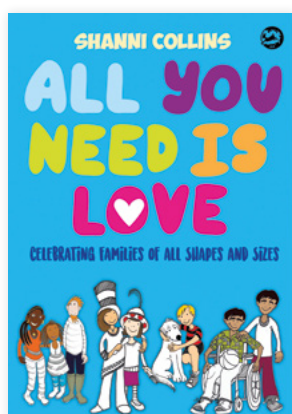
JUN 2021 | £12.99 | **12-99 YEARS** | 240PP | PB | ISBN-9781787752900

All You Need Is Love

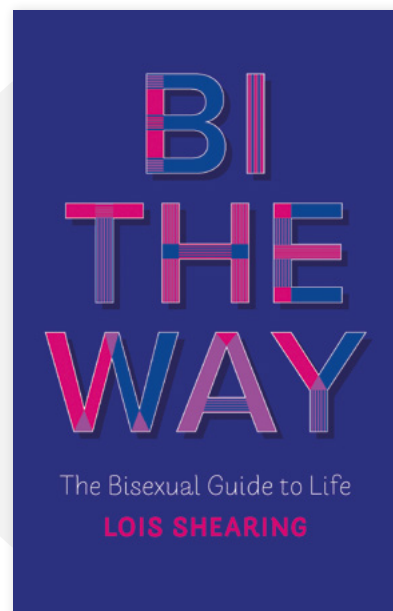
Celebrating Families of All Shapes and Sizes

Shanni Collins

Through colourful images and rhyming stories, the author depicts a range of families and lifestyles all grounded in love and acceptance. With light-hearted humour and positive discussion around diversity, this book promotes a healthy understanding of differences.



MAY 2017 | £10.99 | **3-8 YEARS** | 40PP | HB | COLOUR THROUGHOUT | WORLD RIGHTS AVAILABLE | ISBN-9781785922510



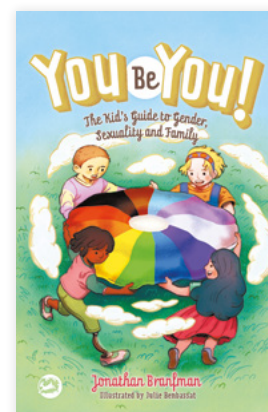
You Be You!

The Kid's Guide to Gender, Sexuality, and Family

Jonathan Branfman

Illustrated by Julie Benbassat

This is an educational children's book that makes gender identity, romantic orientation, and family diversity easy to explain to children. Charming illustrations help children engage with concepts such as intersectionality, discrimination, privilege and allyship in a comprehensible and respectful manner.



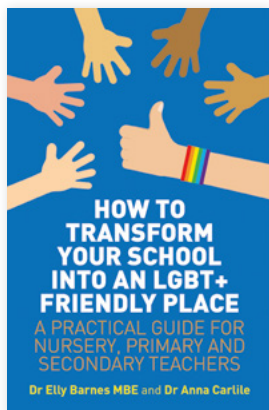
JUL 2019 | £12.99 | **7-11 YEARS** | 80PP | HB | 65 COLOUR ILLUSTRATIONS | ISBN-9781787750104

LGBTQ+ IN SCHOOLS

How to Transform Your School into an LGBT+ Friendly Place

A Practical Guide for Nursery, Primary and Secondary Teachers
Dr Elly Barnes MBE and Dr Anna Carlile

TEACH SECONDARY AWARDS FINALIST. The go-to guide for making your nursery, primary or secondary school an LGBT+ inclusive environment for all.



Currently teachers don't receive the training or induction they need to make their school an LGBT+ inclusive environment. This can be seen by the fact that half of schools do not teach anything regarding LGBT+, and only 3% include LGBT+ content in two or more subjects. This book will help transform your school into a safe and inclusive place for all students.

Written with Educate & Celebrate!, an Ofsted and DFE recognised 'Best Practice Award Programme', this book gives teachers, governors and other staff the knowledge, strategies and confidence they need to implement a curriculum that is inclusive for all. Covering the changes to law, including the Equality Act 2010 which requires actively promoting acceptance, what language to use, case studies and much more, it is a must have guide for all schools.

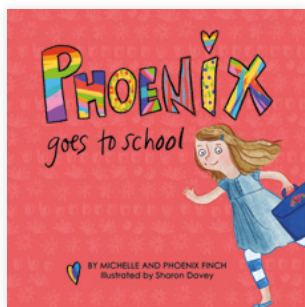
"A 'must-have' guide for every school. It shows how to teach LGBT+ issues. Simple, effective, inspiring. Bravo!"

– Peter Tatchell, Director, Peter Tatchell Foundation

MAR 2018 | £14.99 | 152PP | PB | 5 B&W | WORLD RIGHTS AVAILABLE | ISBN-9781785923494

Phoenix Goes to School

A Story to Support Transgender and Gender Diverse Children
Michelle and Phoenix Finch



Phoenix wants to wear her favourite purple dress to express her gender, but she is scared of being bullied on her first day of school. Follow Phoenix's journey as she arrives at school, makes some friends, stands up for herself, and helps us learn to be true to who we really are.

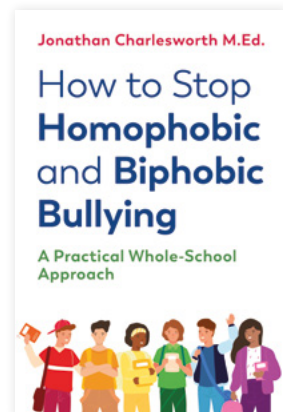
JUL 2018 | £9.99 | 3-7 YEARS | 40PP | HB | 32 COLOUR ILLUSTRATIONS | WORLD RIGHTS AVAILABLE | ISBN-9781785928215

How to Stop Homophobic and Biphobic Bullying

A Practical Whole-School Approach

Jonathan Charlesworth M.Ed
Foreword by Prof Peter Smith

A practical resource for teachers to help stop homophobic and biphobic bullying, working with those who bully and supporting those who are bullied. Create safe LGBT inclusive learning environments through activities, lessons plans and worksheets, ready to implement in the classroom.



"This book on the bullying of gay, lesbian and bisexual pupils is well-organised, sensible, and packed with useful information for teachers as well as parents and pupils themselves. It can be highly recommended as a handbook to help tackle this important issue in the school context."

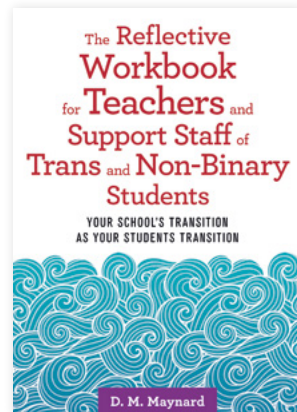
– Peter K Smith, Goldsmiths, University of London, UK

AUG 2020 | £19.99 | 208PP | PB | 7 B&W FIGURES | ISBN-9781787753068

The Reflective Workbook for Teachers and Support Staff of Trans and Non-Binary Students

Your School's Transition as Your Students Transition
D. M. Maynard

A workbook for school staff looking to support gender-diverse students, providing answers to common questions and opportunities for reflection throughout. Chapters delve into topics including bullying, school bathrooms, correct terminology and school curriculum, providing clear guidance for staff to ensure that students feel safe and included.



JAN 2021 | £19.99 | 240PP | PB | MULTIPLE DESIGNS THROUGHOUT. | ISBN-9781787752177

SCHOOL COUNSELLORS



Creative Ways to Help Children Manage BIG Feelings



A Therapist's Guide to Working with Preschool and Primary Children

Dr. Fiona Zandt and Dr. Suzanne Barrett

Foreword by Lesley Bretherton

Making therapeutic concepts engaging for children, this book full of activities gives clinicians' practical guidance on how to work with children aged 4–12. Using only readily available items, these activities are specifically designed for clinicians to interact with and help children understand their emotions.

"At first I thought 'not another manual telling me what to do in my therapy room,' but even a superficial first read showed that this is intended to give you fresh ideas and approaches that are skilfully thought out and have been put to the test. I would definitely recommend it for those days when you need inspiration."

– Jo North, MBACP, psychotherapist for children, adults and families, Children and Young People, BACP

APR 2017 | £19.99 | 4–12 YEARS | 200PP | PB | 18 FIGURES & 1 TABLE | WORLD RIGHTS AVAILABLE | ISBN-9781785920745

Creative Ways to Help Children Manage Anxiety

Ideas and Activities for Working Therapeutically with Worried Children and Their Families

Dr. Fiona Zandt and Dr. Suzanne Barrett

Illustrated by Richy K. Chandler

Foreword by Karen Lynn Cassiday

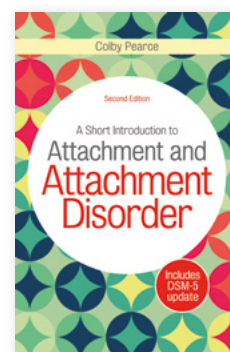
Packed full of ways to make therapeutic concepts engaging for children, this book contains over 50 therapeutic activities for managing anxiety with children aged 4–12. With guidance on how to approach work with children, and activities that use only readily available materials, it is an ideal guide for both experienced and newly qualified professionals.

OCT 2020 | £19.99 | 208PP | PB | 17 B&W FIGURES | ISBN-9781787750944

A Short Introduction to Attachment and Attachment Disorder, Second Edition

Colby Pearce

Short and accessible, it explains what attachment means and how to recognise attachment disorder in children. It offers practical advice and strategies which parents and professionals can use with children affected by an attachment disorder. This second edition includes the revised DSM-5 criteria.



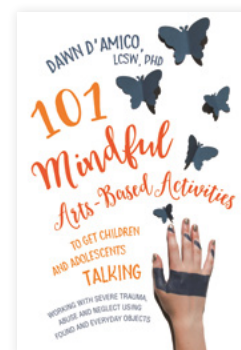
DEC 2016 | £12.99 | 160PP | PB | RIGHTS SOLD: HEBREW, KOREAN | ISBN-9781785920585

101 Mindful Arts-Based Activities to Get Children and Adolescents Talking

Working with Severe Trauma, Abuse and Neglect Using Found and Everyday Objects

Dawn D'Amico, LCSW, PhD

Offering 101 creative, mindfulness-based activities, this book is a highly useful resource for engaging therapeutically with children who have experienced severe trauma. With minimal preparation and only everyday objects required, the activities can be used in a number of settings. Case studies throughout show the many positive outcomes.



DEC 2016 | £15.99 | 5–17 YEARS | 224PP | PB | ISBN-9781785927317

A Therapeutic Treasure Deck of Strengths and Self-Esteem Cards

Dr. Karen Treisman

Illustrated by Richy K. Chandler

Dr Karen Treisman's colourful deck of self-esteem and strengths cards provides a creative way to open discussions and explore feelings with children aged 6+ and teens. Accompanied by an explanatory booklet, they are designed to be flexible and adaptable and can be used one-on-one or in a group setting.



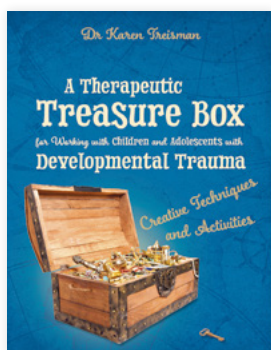
AUG 2021 | £22.99 | **6-18 YEARS** | 70 FULLY ILLUSTRATED CARDS | ISBN-9781787757851

A Therapeutic Treasure Box for Working with Children and Adolescents with Developmental Trauma

Creative Techniques and Activities

Dr. Karen Treisman

The essential resource for anyone working with children or teens who have experienced trauma – provides an overview of the latest theory, good practice and a treasure trove of activities and handouts – a valuable addition to your bookshelf which is destined to be used again and again.



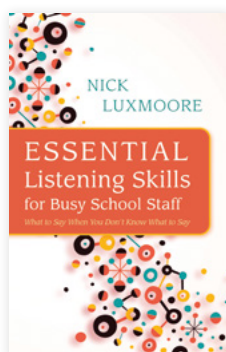
SEP 2017 | £29.99 | 424PP | PB | 200 ILLUSTRATIONS | RIGHTS SOLD: GERMAN, ROMANIAN | ISBN-9781785922633

Essential Listening Skills for Busy School Staff

What to Say When You Don't Know What to Say

Nick Luxmoore

This accessible guide helps school staff members with the difficult issue of how to effectively listen and respond to pupils and staff in need of support. It covers questions such as 'what if I don't know what to say?', 'what if I don't have time?' and 'what about confidentiality?', as well as helping with issues such as bullying and self-harm.

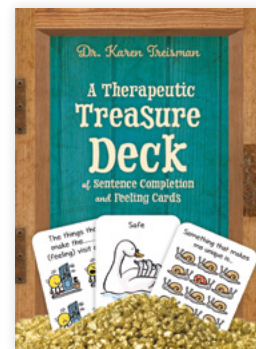


SEP 2014 | £10.99 | 96PP | PB | RIGHTS SOLD: DUTCH | ISBN-9781849055659

A Therapeutic Treasure Deck of Sentence Completion and Feelings Cards

Dr. Karen Treisman

Offering a simple and creative way for children or teens to talk about their thoughts and feelings, this deck of cards is the perfect tool for adults working with children aged 6+. Accompanied by a booklet which explains the different ways it can be used, this deck of cards offers a creative way to open conversation with a child.



DEC 2017 | £22.99 | **6-18 YEARS** | FULLY ILLUSTRATED | ISBN-9781785923982

A Therapeutic Treasure Deck of Grounding, Soothing, Coping and Regulating Cards

Dr. Karen Treisman

A pack of cards and booklet which offers creative ways to explore feelings and develop coping skills with children aged 6+, teens and adults – it addresses common issues including anxiety, stress, low mood, sleep difficulties and emotional dysregulation.



AUG 2018 | £22.99 | **6-18 YEARS** | FULLY ILLUSTRATED | ISBN-9781785925290

School Counsellors Working with Young People and Staff

A Whole-School Approach

Nick Luxmoore

How can school counsellors become an integral part of school life? Drawing on a wealth of experience and psychotherapeutic theory, Nick Luxmoore shows how counsellors can provide an excellent service by working with staff and young people, contributing to the school's culture and making a difference to pupils, staff and the school as a whole.



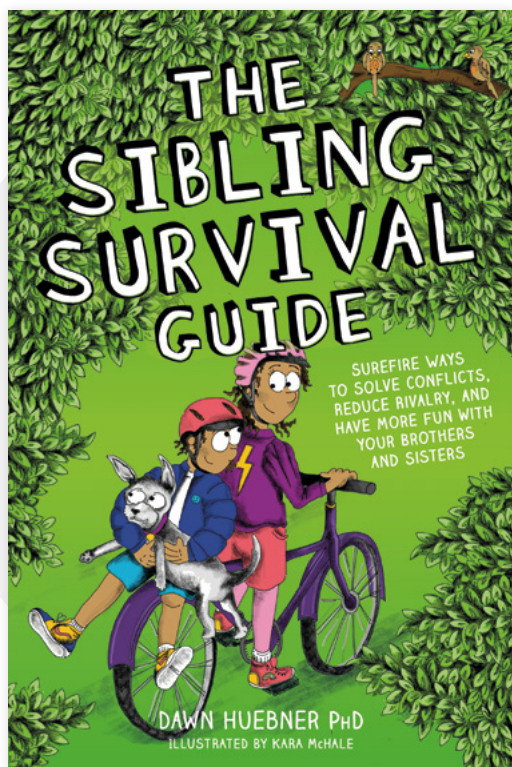
"If anyone, professional or otherwise, wants to understand the ordinary extraordinariness of school life, and the meaning and place of counselling in its midst, then this book is a must. It truly goes to the heart of the matter."

– Peter Wilson, Consultant Child and Adolescent Psychotherapist, Clinical Advisor, Place2Be, UK and author of *Young Minds in Our Schools*

OCT 2013 | £16.99 | 160PP | PB | ISBN-9781849054607

inprinteducational.com

WELLBEING



NEW



The Sibling Survival Guide

Surefire Ways to Solve Conflicts, Reduce Rivalry, and Have More Fun with your Brothers and Sisters

Dawn Huebner

Illustrated by Kara McHale

Having a brother or sister can be tough. It can also be great, but it's hard to see the great parts with so many bad parts getting in the way. Problems like fighting and bossing, teasing and jealousy, tattling, pestering, and more. But what if you could do something about those problems? Clear them away? Then you'd be able to actually enjoy your siblings!

This indispensable guide from best-selling author Dr. Dawn Huebner speaks directly to children ages 9–12, teaching skills to help them manage feelings and resolve conflicts, strengthening the bonds between brothers and sisters. Warm, witty, and packed with practical strategies, this interactive book is the complete resource for educating, motivating, and empowering siblings to live in peace.

“Once again, Dawn Huebner provides invaluable and brilliant advice for children, parents, and therapists. It will enjoy a spot in my office alongside the rest of Dr. Huebner’s fantastic books.”

– Kari Groff MD, NYC Child Psychiatrist, Author, and Speaker

JUN 2021 | £12.99 | **9–12 YEARS** | 128PP | PB | B&W ILLUSTRATIONS THROUGHOUT | ISBN-9781787754911

The Can-Do Kid's Journal

Discover Your Confidence Superpower!

Sue Atkins

Illustrated by Amy Bradley

Packed full of tried-and-tested activities and strategies that will empower children aged 7–11, this illustrated journal is perfect for developing resilience, confidence and a growth mindset. It offers kids a multitude of small changes they can make that will make a big difference in their day-to-day lives.

“I had the privilege of using Sue Atkins’ *The Can-Do Kids’ Journal for Superheroes*. It is a fun and engaging way to build confidence and promote a positive mental attitude. As someone who battles anxiety, I would have benefited from this when I was in school but the advantage is that my daughter would thrive from it now. A must read!”

– Rhiannon, Editor, Nexus Education

APR 2020 | £14.99 | **7–11 YEARS** | 144PP | PB | 54 COLOUR ILLUSTRATIONS | ISBN-9781787752719

18 Wellbeing Hacks for Students

Using Psychology's Secrets to Survive and Thrive

Aidan Harvey-Craig

Through 18 short chapters, this book offers insights to help improve your wellbeing. Based on the latest psychology research, each chapter teaches you a new hack to see your world in a new way and offers surprising and simple ways to influence and improve your wellbeing.

"A must read for anyone who wants to learn to be accountable for their own success and wellbeing."

– Gilda Scarfe, CEO and founder of Positive Ed Ltd, International Speaker

AUG 2020 | £14.99 | 240PP | PB | ISBN-9781787752801

Creative Coping Skills for Teens and Tweens

Activities for Self Care and Emotional Support including Art, Yoga, and Mindfulness

Bonnie Thomas

This photocopiable activity book helps teens and tweens who are feeling voiceless, ineffective or fearful in response to events at a world, community or individual level. It incorporates exercises using art and craft, nutrition, mindfulness, yoga and other movement based activities.

JUN 2019 | £19.99 | PB | ISBN-9781785928147

Challenging Perfectionism

An Integrative Approach for Supporting Young People Using ACT, CBT and DBT

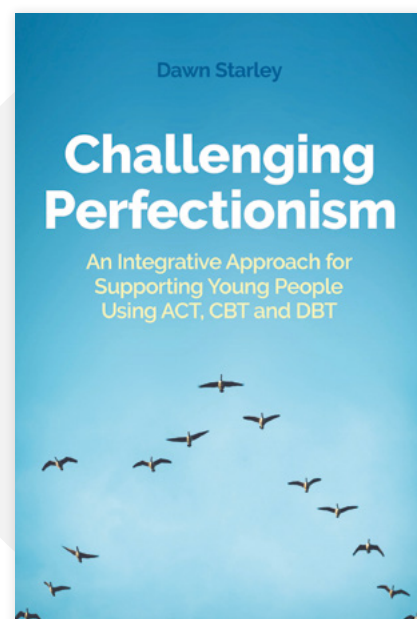
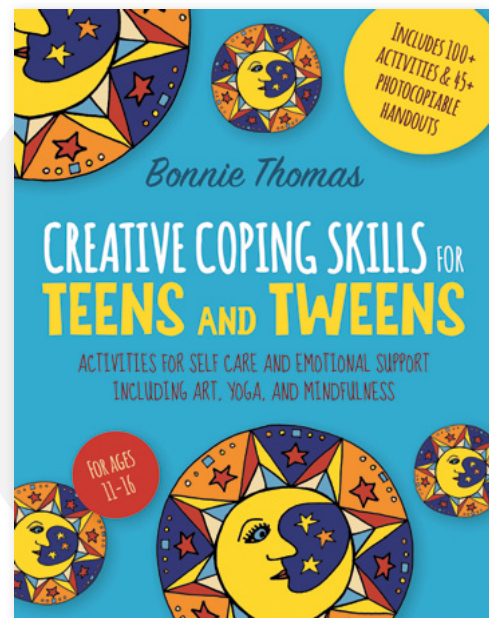
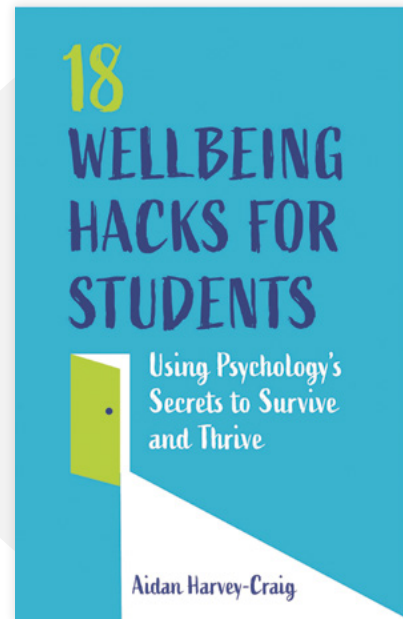
Dawn Starley

A practical resource to help young people cope with symptoms surrounding perfectionism, which can have a huge impact on education and development. Using CBT, ACT and DBT strategies, it provides everyday strategies to implement straight away and includes guidance for professionals working alongside young people too.

"The author uses her wealth of experiences, and research to capably guide the reader through the maze that is perfectionism in this well researched and much needed book. Preconceptions are challenged, associated risks explained and light thrown on an area with little reference material, importantly making the crucial link to mental health, and providing helpful practical strategies for working with young people."

– Dr John Holland, educational psychologist specialising in loss and bereavement

OCT 2020 | £18.99 | 256PP | PB | ISBN-9781787753938



SELF-ESTEEM



You Can Change the World!

Everyday Teen Heroes Making a Difference Everywhere

Margaret Rooke

Illustrated by Kara McHale

Foreword by Taylor Richardson and Katie Hodgetts

The experiences of over 50 teenagers interviewed for this book show the practical and positive changes it's possible to make in the world around us. If you want to tackle today's tough issues: body image, cyber-bullying, environment damage and more, these positive role models show it's possible to build resilience and transform the lives we live.

"As education editor of The Sunday Times I am fed up with hearing about Generation Snowflake. Here at last is a book that disproves that label. I loved reading these stories of 50 teenagers who have literally changed the world for the better through their efforts. Hurrah for the next generation – Generation Sunshine!"

– Sian Griffiths, Education and Families Editor, Sunday Times

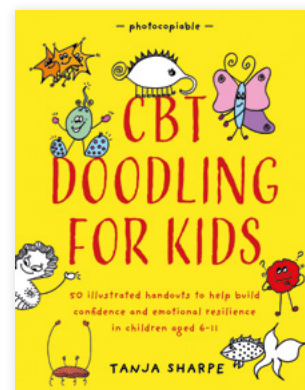
JUN 2019 | £12.99 | **12–18 YEARS** | 320PP | PB | B&W ILLUSTRATIONS AND PHOTOS | RIGHTS SOLD: RUSSIAN | ISBN-9781785925023

CBT Doodling for Kids

50 Illustrated Handouts to Help Build Confidence and Emotional Resilience in Children Aged 6–11

Tanja Sharpe

An interactive illustrated workbook for professionals working with children. Unique exercises engage children, boost their confidence and help open up conversations when children are struggling to verbalise their thoughts or emotions.



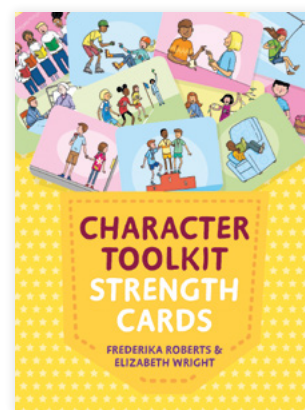
OCT 2018 | £17.99 | **6–11 YEARS** | 112PP | PB | 50 ILLUSTRATED HANDOUTS | ISBN-9781785925375

Character Toolkit Strength Cards

Frederika Roberts and Elizabeth Wright

Illustrated by David O'Connell

This interactive card set enables children, alongside their teachers, parents and counsellors, to explore their strengths. The cards promote character strengths such as perseverance, grit and leadership alongside moral and civic strengths such as gratitude and kindness.



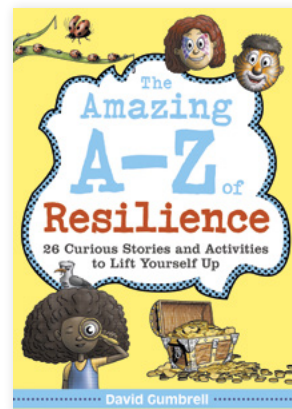
JUN 2020 | £18.99 | 30 COLOUR CARDS | ISBN-9781787752733

The Amazing A-Z of Resilience

26 Curious Stories and Activities to Lift Yourself Up

David Gumbrell

This fun illustrated alphabet book creates discussion on mental health with children aged 8–12 in an innovative, interactive way. Each letter provides an activity for the child which links to wellbeing, and the section for adults explains how to use these to start conversations on resilience, feelings and mental health.



JUL 2020 | £12.99 | **8–12 YEARS** | 64PP | HB | ISBN-9781787753662

inprinteducational.com

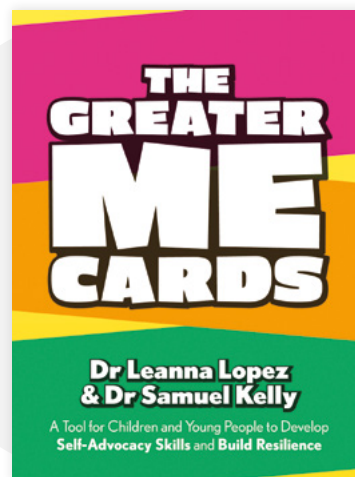
The Greater Me Cards

A Tool for Children and Young People to Develop Self-Advocacy Skills and Build Resilience

Dr Leanna Lopez and Dr Samuel Kelly

A flexible conversational aid, to be used by young people with (or without) additional needs that could benefit from a structured discussion of their strengths, needs and future goals alongside a facilitating adult to build resilience and self-advocacy skills. Includes 52 cards, a how-to guide, and additional digital reference information.

SEP 2021 | £22.99 | ISBN-9781787756908



NEW

IN SCHOOL

The Designated Mental Health Lead Planner

A Guide and Checklist for the School Year

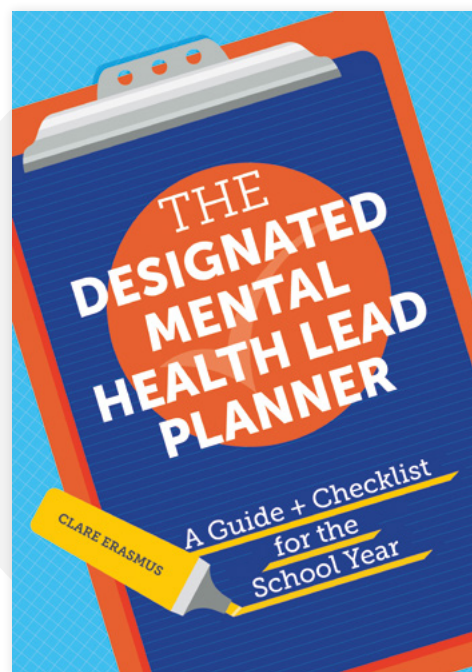
Clare Erasmus

This planner provides much needed support and guidance for Designated Mental Health Leads (DMHLs). Drawing on the author's experience as a DMHL, it includes detailed plans and checklists for all 39 academic weeks offering a suggested focus and strategy to achieve the aims of the role.

"A comprehensive and most importantly, highly practical guide for Mental Health Leads from one of the UK's leading experts. An invaluable resource that deserves to be read widely, and revisited often."

– James Hilton, Wellbeing speaker and author of *Leading from the Edge*

AUG 2021 | £18.99 | 184PP | PB | ISBN-9781787755444

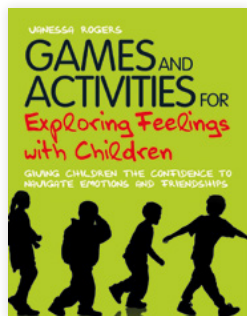


NEW

Games and Activities for Exploring Feelings with Children

Giving Children the Confidence to Navigate Emotions and Friendships
Vanessa Rogers

Activities surrounding issues such as peer relationships and friendships, bullying, offending, participation and citizenship are designed to build self-esteem, raise aspirations and increase motivation.

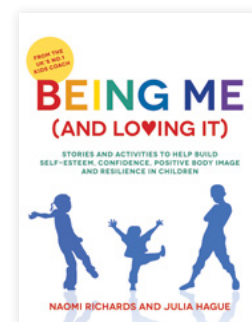


JUL 2011 | £16.99 | **7-13 YEARS** | 128PP | PB | RIGHTS SOLD: CZECH, GREEK, HEBREW, CHINESE (SIMPLIFIED) | ISBN-9781849052221

Being Me (and Loving It)

Stories and activities to help build self-esteem, confidence, positive body image and resilience in children
Naomi Richards and Julia Hague

A photocopiable resource to build confidence and self-esteem in children. It includes a collection of stories that each form a lesson plan covering issues such as body image and peer pressure. Each story is designed to be shared with the class, and there are a range of follow-up activities to reiterate the messages being taught.



APR 2016 | £16.99 | **5-11 YEARS** | 240PP | PB | RIGHTS SOLD: SPANISH | ISBN-9781849057134

The Mentally Healthy Schools Workbook

Practical Tips, Ideas, Action Plans and Worksheets for Making Meaningful Change

Pooky Knightsmith

Foreword by Norman Lamb

This is a hands-on whole-school guide to help staff identify their school's mental health strengths and weaknesses and what can be done to improve them. Packed with helpful tips and ideas, it provides both a framework and practical steps to evaluate and support the mental health and wellbeing of all learners, and staff, and to engage parents too.

"Pooky Knightsmith is the measured, pragmatic voice of reason that mental health in schools needs. If you're confused by the myriad options and opinions out there listen to this and you can't go far wrong. She is always coming from a place of pure kindness, rooted in a solid evidence base."

– Natasha Devon MBE, Mental Health Campaigner

SEP 2019 | £19.99 | 200PP | PB | ISBN-9781787751484

The Mental Health and Wellbeing Handbook for Schools

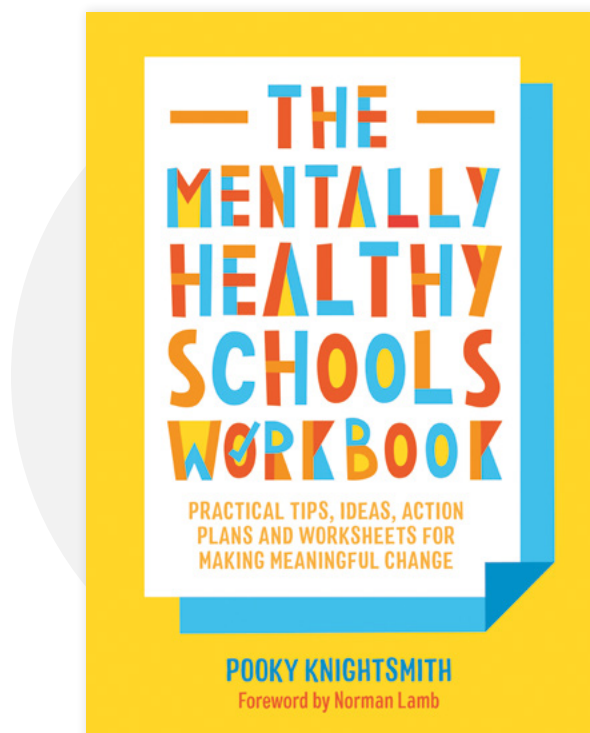
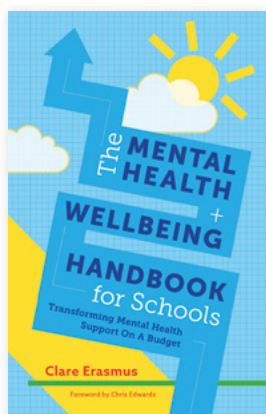
Transforming Mental Health Support on a Budget

Clare Erasmus

Foreword by Chris Edwards

This practical handbook details how schools on a shoestring budget can work within school systems to embed mental wellbeing at the heart of a school's philosophy. It includes practical advice for setting up robust mental health support at school and lesson plans for addressing concerns such as stress, self-harm and body image.

MAY 2019 | £16.99 | 144PP | PB | ISBN-9781785924811



Supporting Staff Mental Health in Your School

Amy Sayer

Foreword by Pooky Knightsmith

An accessible guide to promoting conversation around mental health for staff within a school environment. This book includes case studies and guidance to setting in place the strategies to ensure mental health is prioritised as much as physical health.

DEC 2020 | £14.99 | 160PP | PB | ISBN-9781787754638



Becoming an Adoption-Friendly School

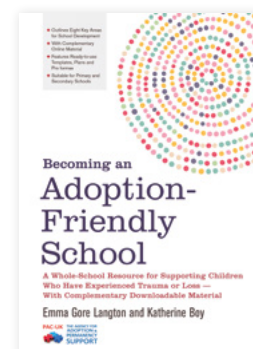
A Whole-School Resource for Supporting Children Who Have Experienced Trauma or Loss – With Complementary Downloadable Material

Dr. Emma Gore Langton and Katherine Boy

Foreword by Claire Eastwood

Based on research conducted by the adoption support agency PAC-UK, this guide will show school leaders how to develop their adoption-friendly policies and practice, with photocopiable and printable resources.

APR 2017 | £22.99 | 208PP | PB | WORLD RIGHTS AVAILABLE | ISBN-9781785922503



Emotion Coaching with Children and Young People in Schools

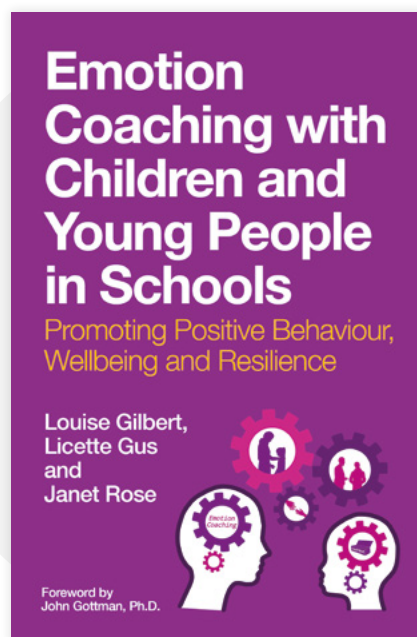
Promoting Positive Behaviour, Wellbeing and Resilience

Louise Gilbert, Licette Gus and Janet Rose

Foreword by John Gottman

Offering step-by-step guidance on embedding Emotion Coaching into schools: a novel approach to support children's behavioural regulation in educational and community settings. It provides young people with a broad range of skills to manage their emotions and develop resilience.

AUG 2021 | £18.99 | 192PP | PB | ISBN-9781787757981



Mind Mechanics for Children

A Mental Health Toolbox with Activities and Lesson Plans for Ages 7–11

Sarah Rawsthorn

Mind Mechanics is a comprehensive resource to support schools in teaching pupils about mental health. Drawing on a wide range of therapeutic interventions, including CBT, Behavioural Activation and Compassion-Focussed Therapy, it provides activities and lesson plans to empower children with the skills they need to manage their mental health throughout life.

The book contains lesson plans, games and activities, assessment tools and information on risk factors and specific issues that might impact children. It also features photocopiable and downloadable worksheets, making the provision of mental health teaching simple.

Mind Mechanics can be used flexibly as a full programme as part of the school's Personal, Social, Health and Citizenship curriculum, as a targeted intervention for a group or individual, or as a resource bank of individual activities to use as and when needed.

“What makes Mind Mechanics so remarkable, is how it supports a non-specialist to deliver an intervention which is underpinned by research and effective practice. It uses a practical, creative approach to support children and young people to develop independent, problem-solving strategies in the face of emotional challenges.”

– Donna Lewis, Headteacher, and Kate Jones, SENCo

MAY 2021 | £24.99 | 7–11 YEARS | 144PP | PB | B&W ILLUSTRATIONS | ISBN-9781787757134



Mind Mechanics for Teens and Young Adults

A Mental Health Toolbox with Activities and Lesson Plans for Ages 11+

Sarah Rawsthorn

MAY 2021 | £24.99 | 11–18 YEARS | 176PP | PB | B&W ILLUSTRATIONS | ISBN-9781787757158

For more teaching and learning solutions, explore resources from our sister company, Hodder Education, who publishes under our umbrella company, Hachette.



Hodder Education and Hodder Gibson provide English and Scottish schools with a complete suite of print and digital PSHE resources written by experts and industry leaders.

Our student resources are designed to engage young people of all abilities and empower them to feel prepared for the opportunities and challenges of adult life, while our teacher resources support PSHE leads of all experience levels to comprehensively cover national guidelines and local PSHE associations' outcomes and principles.

<https://www.hoddereducation.co.uk/citizenship-pshe>

<https://www.hoddergibson.co.uk/subjects/personal-social-education>



STAR *and* **RS** *ASSESSMENT* FROM HODDER EDUCATION

At Rising Stars and RS Assessment from Hodder Education we publish a range of tests and profiling tools to support your pupils' wellbeing and Special Educational Needs. Our award-winning resources have been written by leading experts in the field so no additional training is required to use them.

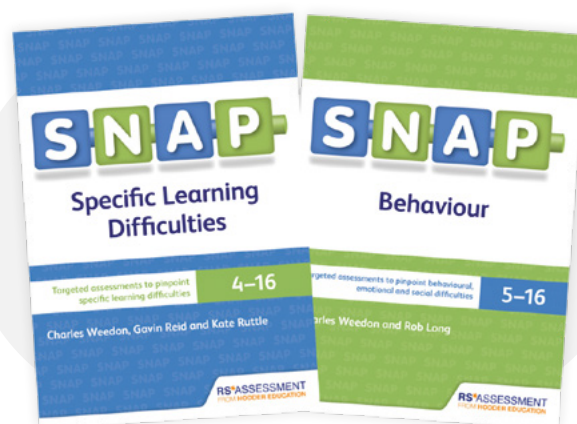
Special Needs Assessment Profile (SNAP)

Profile 17 behavioural difficulties and 20 specific learning difficulties.

Charles Weedon, Dr Rob Long, Gavin Reid and Kate Ruttle

SNAP is an award-winning online diagnostic assessment that profiles behavioural difficulties and specific learning difficulties which without identification may limit a pupils' potential to learn. SNAP has an easy-to-use design, following the Asses – Plan – Do – Review model, so pupil assessments can be administered by any member of staff without the need for additional training.

4–16 YEARS | £205 + VAT – 1-YEAR SUBSCRIPTION



Wellbeing and Attitudes to Learning: Survey and Strategies

Assess pupil wellbeing and provide support with evidence-based strategies.

Professor Clare Wood, Dr Carlo Tramontano and Dr Helen Johnson

Wellbeing and Attitudes to Learning is online profiling tool to enable teachers to better support the wellbeing and academic development of their Key Stage 2 pupils, helping schools assess where their pupils are at in relation to their positivity, motivation, self-efficacy, resilience and persistence.

7–11 YEARS | £258 + VAT – 1-YEAR SUBSCRIPTION